Act rapidly
Pre-assessment

Instructions: Check all boxes that apply to your practice.

1. What office protocols are in place?
   - Provider is notified if patient has high blood pressure (BP)
   - High BPs are flagged in electronic health record (EHR)

2. What treatment protocol is used?
   - None
   - Your practice’s customized protocol
   - Clinical decision support guidance within EHR (including embedded treatment protocol)
   - AHA/ACC/CDC high blood pressure algorithm
   - Million Hearts® protocol for controlling hypertension in adults
   - Kaiser Permanente Clinical Practice Guideline for Adult Hypertension
   - National Institute for Health and Care Excellence (NICE) protocol for hypertension in adults
   - Other: ___________________________________________

3. How are medical records used?
   - Identify patients with uncontrolled BP using EHR report
   - Identify clinical inertia
     - Initiation or intensification of antihypertensive medication
     - Initiation or continuation of non-pharmacological therapy
     - Schedule follow-up visits
     - Use of self-measured BP measurements
     - Use of 24-hour ambulatory BP monitoring
   - Identify contributing factors of clinical inertia
     - Provider’s lack of knowledge on treating hypertension
     - Unsure about “true” BP
     - Medication complexity
     - Medication adherence
     - Patient does not want or agree with treatment plan
     - Follow-up issue