2017 AMA Senior Physicians Section Interim Meeting

Educational session: “Keeping your brain fit”
Noon–1:30 p.m. | Saturday, Nov. 11
Room 312 | Hawaii Convention Center

The American Medical Association Senior Physicians Section (SPS), the AMA Academic Physicians Section (APS) and the AMA Organized Medical Staff Section (OMSS) invite you to this joint educational program during the 2017 AMA Interim Meeting.

Moderator
Paul H. Wick, MD
Chair, AMA-SPS Governing Council

Speaker
Allan A. Anderson, MD, MMM
Assistant professor, Johns Hopkins School of Medicine; vice president, Dementia Care Practice, Integrace; medical director, Samuel and Alexia Bratton Memory Clinic, The Gardens at Bayleigh Chase, Easton, Md.

Reaction panelist
Jeremy A. Lazarus, MD
Past president, AMA (2012–2013)

It is important for physicians and other clinicians to know the science behind claims for various products and other treatment options. To date, the best evidence supports lifestyle changes to improve cognitive function and possibly prevent dementia, with little data to support other approaches. This presentation will summarize this data and present evidence for physicians to provide to their patients prudent information about ways to “maintain the brain” as their patients age.

Learning objectives
Upon completion of this activity, the physician will be able to:
• Identify the ways our cognitive abilities change with normal aging.
• Describe the potential lifestyle changes that promote optimal brain functioning.
• Recognize the difficulty in translating observational studies to specific recommendations.

Spread the word! Any physician 65 years of age and above is welcome to attend! Visit ama-assn.org/go/sps to learn more.