AMA Senior Physicians Section

2018 Annual Meeting

Saturday, June 9
Hyatt Regency Chicago | Columbus K/L

The American Medical Association Senior Physicians Section (SPS) invites you to this joint educational program with the AMA Academic Physicians Section (APS) during the 2018 AMA Annual Meeting. We hope you can join us and enjoy the fellowship of your senior physician colleagues.

How to successfully transition out of medicine and into retirement
Noon–1:30 p.m.
Approved for 1.5 AMA PRA Category 1 Credits™

Moderator: Richard Allen, MD, chair-elect, AMA-SPS Governing Council
Speaker: Luis T. Sanchez, MD, chair, Committee on Senior Physicians, Massachusetts Medical Society
Panelist: Cynda Ann Johnson, MD, MBA, member-at-large, AMA-APS Governing Council

For many physicians, retirement is welcomed after a lifetime of work and responsibilities. However, some physicians worry about retiring for fear of losing their primary identity or purpose. Successful planning can help ease these worries and is critical to a full, active lifestyle.

This session will focus on a planning process that supports a gradual transition away from medical practice while recognizing the value of experienced late-career physicians.

It will also explore how physicians can actively maintain their involvement in medicine throughout retirement. The AMA-APS will discuss teaching and volunteer opportunities offered in medical schools and share strategies for how senior physicians can pass their knowledge along to the next generation.

Objectives
• Describe the evidence-based findings on why aging can be particularly difficult for physicians
• Recognize the importance of self-awareness and well-being in maintaining your health
• List three strategies you can use to facilitate a smooth transition to retirement
• Identify new opportunities to stay active and involved in medicine

AMA-SPS assembly meeting
11:30 a.m.–noon
Saturday, June 9
Please join us for the AMA-SPS assembly meeting where we will discuss AMA House of Delegates’ business items and future AMA-SPS activities. A light lunch will be offered at 11:30 a.m. (first come, first served).

Spread the word! Any physician 65 years of age and above is welcome to attend.

Visit ama-assn.org/senior-physicians-section to learn more.