SPS Meeting Highlights

The Senior Physicians Section (SPS) met on Saturday, June 10 in Chicago to discuss AMA House of Delegate’s business items, SPS business and future SPS activities.

The SPS sponsored an educational program entitled, “Mindfulness Interventions: A Workshop to Foster Resiliency.” The program featured Philip H. Cass, PhD, consultant and coach from the TLP Group, Inc., who spoke on how incorporating mindfulness into your daily life can be effective in developing a healthy state of active and open attention to the present.

Recent research has indicated a correlation between mindfulness and improved well-being, suggesting mindfulness can even help alleviate many mental and physical conditions. The program was introduced by Claire V. Wolfe, MD, delegate, SPS Governing Council, and moderated by Paul H. Wick, MD, chair-elect, of the SPS Governing Council.

The SPS Governing Council considered HOD resolutions and reports related to senior physician issues, and completed Board candidate interviews.

Governing Council Elections

During the Assembly meeting, Barbara Schneidman, MD, GC chair, reviewed election results for the GC that opened in early 2017: Elected were:

- Barbara A. Hummel, MD
  Officer-at-large
  Muskego, Wisconsin
  2-year term

- Louis Weinstein, MD
  Officer-at-large
  Charleston, South Carolina
  2-year term

The Governing Council recognized former Governing Council members, Virginia “Ginger” Tullis Latham, MD and Richert “Rich” E. Quinn, Jr., MD, with a memorial resolution in the Sunday tote.