



Driving  
Meaningful Change:

# Make It Happen. Make It Matter.

Program  
At-A-Glance



 **ICPH 2018** | INTERNATIONAL CONFERENCE ON PHYSICIAN HEALTH® |  AMA  
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AMERICAN MEDICAL  
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 **BMA**



# Thursday, October 11, 2018

7:30 am – 9:00 am	<i>Registration/breakfast</i>
9:00 am – 9:15 am	<b>Presidential Welcome</b>
9:15 am – 10:15 am	<b>Opening Keynote (Dr. Anthony Suchman)</b>
10:15 am – 10:30 am	<i>Health Break/Visit Exhibits</i>
	<b>Concurrent Sessions #1</b>
	<b>Stream 1: Individual Level (Residents)</b>
	<b>Stream 2: System Level (Peer Support)</b>
	<b>Stream 3: Enabling Culture Change</b>
	<b>Workshop 1</b>
	<b>Workshop 2</b>
10:30 am – 11:30 am	
	<b>Plenary Panel: System-Level Change: International Perspectives</b>
11:45 am – 12:45 pm	
12:45 pm – 1:45 pm	<i>Lunch/Visit Exhibits</i>
	<b>Concurrent Sessions #2</b>
	<b>Stream 1: Individual Level (Mindfulness)</b>
	<b>Stream 2: System Level (Learners)</b>
	<b>Stream 3: Enabling Culture Change</b>
	<b>Workshop 3</b>
	<b>Workshop 4</b>
1:45 pm – 2:45 pm	
2:45 pm – 3:30 pm	<i>Health Break/Visit Exhibits</i>
3:30 pm – 4:30 pm	Poster Session (Group A)
	<b>Concurrent Sessions #3</b>
	<b>Stream 1: Individual Level (Technology)</b>
	<b>Stream 2: System Level (Wellness Programs)</b>
	<b>Stream 3: Enabling Culture Change</b>
	<b>Workshop 5</b>
	<b>Workshop 6</b>
4:30 pm – 5:30 pm	
6:00 pm – 7:30 pm	Evening Activity





# Friday, October 12, 2018

7:30 am – 8:15 am	<i>Registration/breakfast</i>
8:15 am – 9:15 am	<b><u>Plenary Panel:</u></b> <b><u>Wellness as a Competency in Medical Training</u></b>
9:30 am – 10:30 am	<b><u>Concurrent Sessions #4</u></b> <b>Stream 1: Individual Level (Survey Data)</b> <b>Stream 2: System Level (Peer Support)</b> <b>Stream 3: Enabling Culture Change</b> <b>Workshop 7</b> <b>Workshop 8</b>
10:30 am – 11:00 am	<i>Health Break/Visit Exhibits</i>
11:00 am – 12:30 pm	<b><u>Concurrent Sessions #5</u></b> <b>Workshop 9</b> <b>Workshop 10</b> <b>Workshop 11</b> <b>Workshop 12</b> <b>Workshop 13</b>
12:30 pm – 1:30 pm	<i>Lunch/Visit Exhibits</i>
1:30 pm – 2:30 pm	<b><u>Concurrent Session #6</u></b> <b>Stream 1: Individual Level (Mental Health)</b> <b>Stream 2: System Level (Skills Training)</b> <b>Stream 3: Enabling Culture Change</b> <b>Workshop 14</b> <b>Workshop 15</b>
2:30 pm – 3:30 pm	Poster Session (Group B)
3:30 pm – 3:45 pm	<i>Health Break/Visit Exhibits</i>
4:00 pm – 5:00 pm	<b><u>Concurrent Sessions #7</u></b> <b>Stream 1: Individual Level (Peer Support)</b> <b>Stream 2: System Level (Self-Care)</b> <b>Stream 3: Enabling Culture Change</b> <b>Workshop 16</b> <b>Workshop 17</b>
5:30 pm – 7:30 pm	Evening Activity





## Saturday, October 13, 2018

8:00 am – 9:00 am	<i>Registration/breakfast</i>
9:00 am – 10:00 am	<b><u>Plenary Panel:</u></b> <b><u>Wellness Considerations</u></b> <b><u>'From the Edge'</u></b>
10:00 am – 10:30 am	<i>Health Break/Visit Exhibits</i>
10:30 am – 11:30 am	<b><u>Concurrent Sessions #8</u></b> <b>Stream 1: Individual Level</b> <b>(Self-Care)</b> <b>Stream 2: System Level</b> <b>(Workload</b> <b>Management)</b> <b>Stream 3: Enabling</b> <b>Culture Change</b> <b>Workshop 18</b> <b>Workshop 19</b>
11:30 am – 11:45 pm	<i>Health Break/Visit Exhibits</i>
11:45 am – 12:45 pm	<b><u>Closing Keynote</u></b> <b>(Dr. Steven Strongwater,</b> <b>President and CEO, Atrius</b> <b>Health)</b>
12:45 pm – 1:00 pm	<b><u>Closing Remarks</u></b>
1:00 pm – 1:30 pm	<i>Grab and Go Lunch</i>

