Whereas, The U.S. Food and Drug Administration’s (FDA’s) new regulations require calorie information on restaurant menus for chains with 20 or more locations by May 7, 2018; and

Whereas, Restaurants are required to provide written nutrition information on their menu items (e.g. total fat, calories from fat, saturated fat, trans fat, cholesterol, sodium, total carbohydrates, dietary fiber, sugars and protein), but can have this information on posters, tray liners, signs, counter cards, handouts, booklets, computers, or kiosks; and

Whereas, Food in hospital cafeterias and inpatient meals will not have to list calorie or nutrition information; and

Whereas, Obesity is a serious concern in adults and children and is associated with poorer mental health outcomes, reduced quality of life and can lead to death or chronic illnesses such as diabetes, heart disease, stroke and some forms of cancer; and

Whereas, Our AMA has longstanding policy supporting providing consumers with nutrition information (AMA Policy H-150.945); therefore be it

RESOLVED, That our AMA modify Policy H-150.949 by addition to read as follows:

Healthy Food Options in Hospitals H-150.949
1. Our AMA encourages healthy food options be available, at reasonable prices and easily accessible, on hospital premises.
2. Our AMA hereby calls on US hospitals to improve the health of patients, staff, and visitors by: (a) providing a variety of healthful food, including plant-based meals, and meals that are low in fat, sodium, and added sugars; (b) eliminating processed meats from menus; and (c) providing and promoting healthful beverages.
3. Our AMA hereby calls for hospital cafeterias and inpatient meal menus to publish nutrition information similar to what is being required for chain restaurants. (Modify Current HOD Policy)

REFERENCES
Food Facts from FDA https://www.fda.gov/Food/LabelingNutrition/ucm436722.htm

Fiscal Note: Not yet determined

Received: 05/02/18
RELEVANTAMA POLICY

Healthy Food Options in Hospitals H-150.949
1. Our AMA encourages healthy food options be available, at reasonable prices and easily accessible, on hospital premises.
2. Our AMA hereby calls on US hospitals to improve the health of patients, staff, and visitors by: (a) providing a variety of healthful food, including plant-based meals, and meals that are low in fat, sodium, and added sugars; (b) eliminating processed meats from menus; and (c) providing and promoting healthful beverages.
Citation: Res. 410, A-04; Reaffirmed: CSAPH Rep. 1, A-14; Appendixed: Res. 406, A-17