What apps do medical students wish their teachers and mentors were using?

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Your MISSION is Our MISSION
What makes a useful app?

• Simple to use

• Minimal data entry

• Minimal disruption of workflow

• Value added to teaching or patient care
Apps that physicians already use widely

• UptoDate
• Epocrates
• Medscape
• MedCalx or other favorite calculator
Interactive Lectures

• Apps like Poll Everywhere, Turning Point, iClicker, and more

• Allows presenters to ask multiple choice, and open ended questions and receive responses

• Audience can text responses or use the app

• Benefits
  • Gives you the ability to understand what the audience knows before a talk
  • Gives you ability to receive feedback throughout a presentation
For patient care
Apple Health

- Built right into the phone
- Always tracking your steps, flights of stairs
- Can integrate with sleep apps that track your sleep: Sleep cycle, Pillow, Beddit Sleep Monitor, etc.
- Can log BP and other vitals, glucose, reproductive health measures, inhaler usage, etc.
Explaining a diagnosis

- DrawMD, Essential Anatomy, and more to help patients visualize what is
Pill Reminders and Medication Logs

• Compare to paper that can get lost or forgotten, phones are less likely to be lost

• Examples: Medisafe, Round Health, Easy Pill

• Shows shape and size of pills, allows you to check off what has been taken

• Easy to edit, easy to time doses
The Camera

• The most underutilized function of the phone in the health context

• Patients always have episodic complaints that may often disappear in front of doctor

• Cheap, easy to use
Other situational apps
Figure 1

- Social network to share cases (no identifiers obviously)
AirRx - Medical emergencies on planes
References

• All screenshots pulled from the app’s iTunes page