

REPORT 2 OF THE COUNCIL ON SCIENCE AND PUBLIC HEALTH (I-10)
Violence in the Emergency Department
(Reference Committee K)

EXECUTIVE SUMMARY

Objective. To examine available data on the occurrence of violence in the emergency department (ED) and identify potential remedial actions to prepare for and respond to violence in the ED.

Methods. English-language reports were selected from a MEDLINE search of the literature from 1985 to August 2010 using the search terms “violence” or “assault” in combination with “emergency room or department,” and “epidemiology,” “prevention,” “management,” or “standards.” Additional articles were identified by manual review of the references cited in these publications. Further information was obtained from the Internet sites of The Joint Commission, American Hospital Association, International Association for Healthcare Safety and Security (IAHSS), Occupational Safety and Health Administration (OSHA), National Institute on Occupational Safety and Health, American College of Emergency Physicians (ACEP), Emergency Nurses Association (ENA), and the American Psychiatric Association.

Results. A number of factors contribute to the emergency department (ED) emerging as a focal point for potential violence including 24 hour access, use as a medical clearance area for psychiatric patients, and factors related to the waiting room environment and triage system. Overall, studies indicate that between 35% and 80% of ED staff have been subjected to violence on the part of patients.

The Joint Commission Standards and Elements of Performance cover the way in which hospitals should address safety and security issues. Voluntary advisory guidelines from OSHA are intended to help employees establish effective workplace violence prevention programs. Guidance also is available from ACEP, ENA, and the IAHSS. Some states have adopted legislative remedies in an effort to mitigate violence directed against hospital employees. In addition, current American Medical Association policy provides sound guidance on some general approaches to hospital security.

Conclusion. Assaults against ED personnel are problematic regardless of hospital size and location. Hospitals are required to identify safety and security risks and take action to minimize or eliminate such risks. Additionally, hospitals must have written procedures to follow in the event of a security incident, and if such an incident occurs, the hospital should follow its identified procedures. However, no universal strategy exists to prevent violence in the ED, and risk factors vary from hospital to hospital. Every hospital must assess its own specific vulnerabilities and apply the degree of security necessary, including the use and deployment of physical and electronic security safeguards. An institutional culture that encourages reporting, recordkeeping, and incident review also is important. In addition to having written plans and procedures, training should involve joint staff and security personnel exercises.

REPORT OF THE COUNCIL ON SCIENCE AND PUBLIC HEALTH

CSAPH Report 2-I-10

Subject: Violence in the Emergency Department

Presented by: Albert J. Osbahr, III, MD, Chair

Referred to: Reference Committee K
(Michael M. Miller, MD, Chair)

1 Policy D-515.983, “Risk of Violence in the Emergency Department,” (AMA Policy Database) asks
2 that our American Medical Association (AMA) develop a report on the risk of violence in the
3 emergency department (ED) considering information on the incidence and trends of violence in the
4 ED. Furthermore, the policy urges that this report serve as a catalyst for the development of
5 procedures to protect students, trainees, physicians, nurses, and other healthcare staff in the ED
6 environment and to assure optimal care for patients with behavioral conditions in overcrowded
7 acute emergency settings. A previous report on this topic was developed by the Young Physicians
8 Section in 1995.¹

9
10 Accordingly, this report examines available data on the occurrence of violence in the ED, explains
11 the current standards that apply to workplace safety and security in hospital settings, and reviews
12 current recommendations of various organizations on how to mitigate violence in the ER, with
13 some attention to handling patients with psychiatric conditions or disorders. In reviewing the
14 literature for this report, it became clear that substantial guidance is already available on many of
15 these topics. Therefore, a menu of potential remedial actions to prepare for and respond to
16 violence in the ED is offered in Appendix I.

17 METHODS

18

19 English-language reports were selected from a MEDLINE search of the literature from 1985 to
20 August 2010 using the search terms “violence” or “assault” in combination with “emergency room
21 or department,” and “epidemiology,” “prevention,” “management,” or “standards.” Additional
22 articles were identified by manual review of the references cited in these publications. Further
23 information was obtained from the Internet sites of The Joint Commission, American Hospital
24 Association, International Association for Healthcare Safety and Security (IAHSS), Occupational
25 Safety and Health Administration (OSHA), National Institute on Occupational Safety and Health
26 (NIOSH), American College of Emergency Physicians (ACEP), Emergency Nurses Association
27 (ENA), and the American Psychiatric Association (APA).

28

29 AMA AND OTHER POLICY STATEMENTS

30

31 AMA Policy H-215.992 supports efforts by physicians and other hospital staff to encourage all
32 hospitals to institute and/or maintain appropriate and adequate security measures, such as general
33 identification, patrols, visual monitoring systems and metal detectors. Two policies address the
34 issue of guns in hospitals (H-215.977 and H-215.978); the former also broadly addresses
35 recommended security approaches to reduce violence in the ED. These policies recognize that

1 emergency departments are high risk environments for violence and support the efforts of the
2 IAHSS, AHA and The Joint Commission to develop guidelines or standards on hospital security
3 issues. Policy H-215.978 further notes that “physicians should work with their hospital safety
4 committees to address security issues and be familiar with their own institution's policies and
5 procedures. Hospitals should incorporate, within their security policies, specific provisions on the
6 presence of firearms in the hospital. Such policies must be developed with the cooperation and
7 collaboration of the medical staff, the hospital security staff, the hospital administration, other
8 hospital staff representatives, legal counsel, and local law enforcement officials.”
9

10 With respect to enhancing hospital security and safety, Policy H-215.977 notes that hospital policy
11 development should begin with a careful needs assessment that examines past issues and addresses
12 future needs. Policies should, at a minimum: (1) establish how all staff and visitors are identified;
13 (2) address restrictions on access to the hospital or units within the hospital, including the means of
14 ingress and egress; (3) evaluate changes in the physical layout of the facility that would improve
15 security; (4) consider the possible use of metal detectors; (5) consider the use of monitoring
16 equipment such as closed circuit television; (6) have in place an internal emergency signaling
17 system; (7) address signage for the facility regarding the possession of weapons and procedures to
18 be followed when a weapon is discovered; and (8) establish the means for securing or controlling
19 weapons that may be brought into the facility, particularly those considered contraband but also
20 those carried in by law enforcement personnel.
21

22 Policy H-215.977 also advises that once hospital policies are developed, training should be
23 provided to all members of the staff, with the level and type of training based on the perceived risks
24 of various units within the facility. Training to recognize and defuse potentially violent situations
25 should be included. Violence prevention policies should undergo periodic reassessment and
26 evaluation and firearm policies should incorporate a clear protocol for situations in which weapons
27 are brought into the hospital.
28

29 Emergency room crowding is a recognized risk factor for precipitating violence. Policy H-130.940
30 supports collaboration between organized medical staff and emergency department staff to reduce
31 emergency department boarding and crowding and the dissemination of best practices to reduce
32 these occurrences.
33

34 *American College of Emergency Physicians*
35

36 The ACEP policy statement on ED violence states that ACEP “believes that optimal patient care
37 can be achieved only when patients, health care workers, and all other persons in the emergency
38 department are protected against violent acts occurring within the department.”²
39

40 Furthermore, to ensure the security of the ED environment, ACEP policy notes that the hospital has
41 the following responsibilities:
42

- 43 • Provide a best-practices security system including adequate security personnel, physical
44 barriers, surveillance equipment, and other security components;
- 45 • Coordinate the security system with local law enforcement agencies;
- 46 • Develop written emergency department protocols for violent situations in the ED;
- 47 • Educate staff on preventing, recognizing, and dealing with potentially violent situations;
48 and
- 49 • Conduct ongoing assessments of ED security system performance.

1 In addition, ACEP's Public Health and Injury Prevention Committee has developed an
2 Information Paper on Workplace Violence, which has been submitted for publication, but at the
3 time of this writing was not available for review.

4
5 *Emergency Nurses Association*

6
7 The Emergency Nurses Association has a well developed policy statement that more specifically
8 addresses nursing issues, but that also endorses several general approaches for reducing emergency
9 department violence that are consistent with the features found in Appendix I.³

10
11 EPIDEMIOLOGY OF EMERGENCY DEPARTMENT VIOLENCE

12 A recent study of acute care hospitals in New Jersey confirmed that significant variations exist in
13 security programs based on the size of the hospital and local community crime rates.⁴ Larger
14 hospitals and hospitals in higher crime areas institute more extensive security measures. Based on
15 OSHA work-related reportable injuries, small hospitals in high crime areas had the highest rate of
16 assaults against ED personnel over a 10-year period. Larger hospitals had lower rates of assault
17 regardless of location. Thus, assaults against ED personnel are problematic regardless of hospital
18 size and location.

19
20
21 *Risk Factors*

22 A number of factors contribute to the ED emerging as a focal point for potential violence including
23 24-hour access, use as a medical clearance area for psychiatric patients, and an unpleasant waiting
24 room environment. The latter may involve overcrowding or cramped space, long wait times, noise
25 and commotion, lack of access to food and refreshments, a slow pace of updates for friends and
26 family, and lack of understanding of the triage system. These can all trigger additional stress and
27 anger in family members, friends, and visitors.

28
29 Individual patient and visitor factors also are important, especially the involvement of drugs and
30 alcohol or domestic violence. Based on data obtained from the Drug Abuse Warning Network,
31 visits to the emergency department for drug- and alcohol-related incidents rose from 1.6 million in
32 2005 to nearly 2 million in 2008.⁵ From 2006 to 2008, the number of those visits resulting in
33 violence jumped from 16,000 to more than 21,000.

34
35 The location of the ED, patient volume, and nature of the clientele are related to the likelihood that
36 local crime, gang activity, or weapons may be a significant problem. Adequately trained, armed,
37 and visible security guards can serve as a deterrent, but if this presence is lacking, violence is more
38 likely. The mix of patients, caregivers, medical staff, and other service providers (e.g., police, fire,
39 ambulance, coroner) can further contribute to volatility. Finally, the increasing use of the ED as a
40 medical clearance area for psychiatric patients is an additional risk factor for violence.

41
42
43 *Incidence of Violence Against ED Workers*

44 The reliability of data on ED violence is complicated somewhat by the tendency for underreporting
45 of incidents. The ENA has noted that underreporting may be due to a lack of institutional reporting
46 policies, the perception that assaults are part of the job, employee beliefs that reporting will not
47 benefit them, and employee concerns that assaults might be viewed as a result of poor job
48 performance or negligence.³ As many as 50% of incidents may go unreported to employers.⁶ In
49 addition, violent incidents in the ER often are not reported to law enforcement authorities because
50 of a belief that such reports will not be taken seriously, and that workers will be stigmatized.

1 Overall, studies have shown that between 35% and 80% of hospital staff have been subjected to
2 violence on the part of patients or visitors at least once during their careers.⁷
3
4 Data on the prevalence of workplace violence involving health care workers is derived from
5 government statistics, surveys of individual hospitals, and national surveys of emergency
6 departments, physicians, and nurses. The problem of ED violence has been formally recognized
7 for more than a quarter of a century. Based on information obtained from the U.S. Department of
8 Justice, approximately 1.7 million episodes of workplace violence occurred annually between 1993
9 and 1999, with 12% involving a medical (i.e., physician, nurse, technician) or mental health (i.e.,
10 professional or custodial) worker.⁸ Nurses experienced the highest rate of work-related violence
11 among medical workers (22 per 1000). A similar combined annual rate of violence against nurses
12 was detected in the Minnesota Nurses' Study (13.2/1000 for physical assault and 38.8/1000 for
13 non-physical assault).⁹ Nurses working in emergency departments were at greatest risk.¹⁰ Forty-
14 eight percent of all nonfatal assaults in the workplace are committed by healthcare patients.
15
16 More than 20 years ago, a survey of U.S. teaching hospital ED medical directors found that one-
17 third experienced verbal threats daily, and approximately 20% experienced at least one threat with
18 a weapon each month. Thirteen percent had injured patients by using restraint measures. Fewer
19 than half of the institutions provided ED nurses with formal training in the recognition and
20 management of aggression and violence, and only 60% had security personnel present in the ED 24
21 hours a day.¹¹ During the same time period, a one-year retrospective review of university police
22 log records and ED staff incident reports at the University of California Irvine Medical Center (a
23 university teaching hospital and Level I trauma center) found that police responded to the ED
24 nearly twice daily, most commonly during the night shift. Police custody and psychiatric patients
25 awaiting medical clearance accounted for 40% of the cases. More than 20% of incidents occurred
26 in the waiting room and 4% of the incidents were a significant threat to ED staff.¹² Another study
27 conducted at 50 New Jersey hospital EDs over a ten-year period from 1992-2001 found that 90%
28 of ED nurses were verbally abused and one-third were assaulted.¹³ A retrospective survey of
29 emergency department employees at an urban inner city tertiary care center in 1996 found that 57%
30 of respondents had been physically assaulted during the year.¹⁴
31
32 More recently, a survey of ED workers across five hospitals over a six-month period found that
33 most workers had been verbally harassed by patients or visitors, and that 67% of nurses, 63% of
34 patient aides and 51% of physicians had been assaulted by patients at least once.¹⁵ Approximately
35 two-thirds of these subjects did not report the incident to hospital authorities. A cross sectional
36 survey of more than 3,000 members of the ENA revealed that 25% of respondents reported more
37 than 20 incidents of physical violence over a three-year period; the rate of verbal abuse was 10-fold
38 higher during the same time period.¹⁶ Nurses who work in EDs are at higher risk of violence and
39 physical assaults than other nurses.⁶
40
41 With respect to physicians, a mail survey of self-reported, work-related violence involving
42 emergency physicians in Michigan over a 12-month period revealed that 28% experienced at least
43 one physical assault and 74% experienced at least 1 verbal threat.¹⁷ In a prospective, cross-
44 sectional, online survey of emergency medicine residents and attending physicians at emergency
45 medicine residency programs in the U.S., 78% reported at least one act of workplace violence in
46 the previous 12 months, most commonly in EDs with >60,000 patient visits annually.¹⁸ As in other
47 studies, the most common threat was verbal (74%) compared with physical assaults (21%). This
48 study also found that ~60% of facilities did not screen for weapons or utilize metal detectors.
49
50 The National Emergency Department Safety Study (NEDSS) also recently examined the
51 prevalence of physical attacks on ED personnel over a five-year period; nearly 3,500 physical

1 attacks were reported.¹⁹ One in five EDs reported that attempts to bring weapons (knives or guns)
2 into the ED were common. Most of the EDs were in academic settings.

3
4 REQUIREMENTS, GUIDANCE AND STANDARDS

5
6 *The Joint Commission*

7
8 The Joint Commission Standards and Elements of Performance (EP) cover the ways hospitals
9 should address safety and security issues. The security standards and EP are located in the chapter
10 on Management of the Environment of Care in the *Comprehensive Accreditation Manual for*
11 *Hospitals*.²⁰

12 Standard EC.02.01.01 states that “the hospital manages safety and security risks.” The various
13 elements of performance demand that the hospital identify safety and security risks and take action
14 to minimize or eliminate such risks in the physical environment. Additionally, hospitals should
15 identify (as necessary) individuals entering the facility and have a means to control access to
16 security sensitive areas. The hospital must have written procedures to follow in the event of a
17 security incident, and if such an incident occurs, the hospital should follow its identified
18 procedures.

19
20 Another relevant Joint Commission standard for emergency room safety and security
21 (EC.04.01.010) requires that the hospital establish a process(es) for “continually monitoring,
22 internally reporting, and investigating security incidents involving patients, staff or others within its
23 facilities,” and that the hospital evaluates each environment of care management plan, including a
24 review of the plan’s objectives, scope, performance, and effectiveness every 12 months.

25
26 *National Institute for Occupational Safety and Health (NIOSH)*

27 NIOSH defines workplace violence as “violent acts (including physical assaults and threats of
28 assaults) directed toward persons at work or on duty.” Physical assaults include being hit, slapped,
29 kicked, pushed, choked, grabbed, sexually assaulted, or otherwise subjected to physical contact
30 intended to injure or harm. Non-physical violence includes threats, sexual harassment, and verbal
31 abuse. Female workers are more prone to sexual assaults (e.g., groping) and sexual harassment.

32
33 NIOSH published a primer on violence and occupational hazards in hospitals in 2002.²¹ The
34 primer notes that “to prevent violence in hospitals, employers should develop a safety and health
35 program that includes management commitment, employee participation, hazard identification,
36 safety and health training, and hazard prevention, control, and reporting. Employers should
37 evaluate this program periodically.” Selected elements of this primer are contained in Appendix II.

38
39
40 *Occupational Safety and Health Administration (OSHA)*

41 The Occupational Safety and Health Act of 1970 mandates that all employers have a general duty
42 to provide their employees with a workplace free from recognized hazards likely to cause death or
43 serious physical harm (General Duty Clause).²² In 2004, OSHA released guidelines for preventing
44 workplace violence for health care and social service workers.²³ These guidelines are advisory in
45 nature and are “intended to help employees establish effective workplace violence prevention
46 programs adapted to their specific worksites.” The OSHA Guidelines identify five main
47 components for violence prevention, including management commitment and employee
48 involvement, worksite analysis, hazard prevention and control, safety and health training, and
49 involvement, worksite analysis, hazard prevention and control, safety and health training, and

1 recordkeeping and program evaluation. Each of these components contains numerous specific
2 options, recommended actions, and approaches.
3

4 *International Association for Healthcare Security and Safety (IAHSS)*
5

6 The IAHSS is a professional organization comprising security, law enforcement, and safety
7 professionals who are involved in managing and directing security and safety programs in
8 healthcare institutions. IAHSS provides numerous resources to help in the design and scope of
9 healthcare security practices, including basic security guidelines for the healthcare industry and
10 also provides training programs for security officers and credentialing of management-level
11 personnel (www.IAHSS.org). Many of the IAHSS guidelines are noted in the 5th edition of
12 *Hospital and Healthcare Security*, an encyclopedic discussion of the security needs of hospitals
13 and other health care settings and how to address them.²⁴
14

15 *Legislative Remedies*
16

17 In 1993 California passed the Hospital Safety and Security Act in an effort to mitigate violence
18 directed against hospital employees.²⁵ The Act requires all acute care hospitals in California to
19 conduct a security and safety assessment and develop a security plan containing specific
20 performance measures intended to reduce aggressive or violent behavior. Specific components that
21 are required include: (1) suitable physical layout and design and use of alarms and other physical
22 security safeguards; (2) appropriate staff-to-patient ratios; (3) trained security personnel to identify
23 and manage aggression and violence; (4) specific policies for both violence prevention and
24 response linked to staff training; and (5) establishment of individual or committee responsibility to
25 develop the security plan, including reporting requirements.
26

27 Other states, such as IL, NJ, OR, and WA, have adopted similar statutes requiring health care
28 facilities to establish a violence prevention program for the purpose of protecting health care
29 workers, to
30 conduct violence prevention training, and to train personnel to identify risk factors for violence, as
31 well as to have the ability to appropriately respond and manage violent disturbances.²⁶
32

33 EFFECTIVENESS OF INTERVENTIONS
34

35 Among hospital violence prevention policies, zero tolerance toward workplace violence and having
36 clear descriptions of the types of specific behaviors that are prohibited may protect against work-
37 related assaults of nurses.²⁷ Implementation of a “security system” (i.e., metal detectors, cameras,
38 limited access controls, and manned security booth at the ED entrance) increases the number of
39 weapons recovered from patients thereby limiting the potential for catastrophic events, but may not
40 reduce the overall assault rate by such patients.²⁸
41

42 Focused educational efforts aimed at preventing and managing aggressive behavior reduce violent
43 events in the short term but need to be reinforced periodically.²⁹ However, studies generally have
44 found a lack of obvious protection from individual training.³⁰ Additional research is needed to
45 establish the best training methods for reducing ED violence.
46

47 Legislative remedies, such as those introduced in California in 1993 requiring acute care and
48 psychiatric facilities to implement comprehensive security plans, result in an improvement in
49 hospital security programs.³¹ Limited analysis suggest that such remedies also reduce assault rates
50 among emergency department employees in both for-profit hospitals and in smaller community-
51 based hospitals.³²

1 DEVELOPING A PLAN FOR PREVENTING AND RESPONDING TO VIOLENCE
2

3 The ECRI Institute maintains a Health Risk Control System.³³ Membership includes unbiased in-
4 depth risk analyses, sample policies, and procedures that can be adapted to local needs to develop
5 written plans, ready-to-use education and training tools, consultation services, and newsletter
6 updates. With respect to security management plans, the IAHSS basic guideline states “Healthcare
7 facilities must develop a security management plan. The plan should include preventive,
8 protective, and response measures designed to provide a safe environment.” These and every other
9 contemporary guidance on preventing and responding to violence in healthcare settings emphasize
10 the absolute necessity of developing a multidisciplinary, comprehensive plan that considers various
11 security issues. Therefore, every hospital must assess its own specific vulnerabilities and apply the
12 degree of security necessary to ensure the safety of the staff and optimal treatment for the patient.
13 Among the chief assessment considerations are:¹⁰

14

- 15 • history of actual events;
- 16 • annual volume of ED patient admissions;
- 17 • trauma level designation;
- 18 • primary service area and types of patients and visitors typically seen;
- 19 • specialized services offered such as psychiatric or forensic patient agreements;
- 20 • history with aggressive patients in treatment areas;
- 21 • expectations of security staff for patient assistance;
- 22 • average amount of time spent by security staff on patient assistance;
- 23 • area's crime rate (or propensity for crime); and
- 24 • layout and design of the ED.

25

26 *Patients with Psychiatric and Behavioral Disorders*

27

28 Hospital EDs are treating an increasing number of patients with mental and substance use disorders
29 in association with the relative decline in federal, state, and community services and support for
30 such patients. The APA's “Practice Guidelines for the Psychiatric Evaluation of Adults” includes
31 specific approaches for the emergency evaluation of psychiatric patients.³⁴ In addition, a
32 monograph available on the APA Web site, entitled *Safe MD*, discusses practical applications and
33 approaches to safe practice including those recommended for managing aggressive patients.³⁵
34 Several patient characteristics that may increase the risk of aggression are noted as well as several
35 tips for working safely with potentially dangerous patients.

36

37 Use of a predetermined emergency department triage system or scale to ensure timely and
38 appropriate treatment of patients who are very distressed, acutely psychotic, violent, or aggressive
39 can be helpful.^{36,37} Where possible, EDs should have dedicated treatment (quiet) rooms for
40 psychiatric patients that avoid exacerbation of the patient's illness. Facilities with significant
41 psychiatric presentations should consider hiring dedicated psychiatrically trained staff.

42

43 **DISCUSSION**

44

45 Hospitals are required to identify safety and security risks and take action to minimize or eliminate
46 such risks. Additionally, hospitals must have written procedures to follow in the event of a security
47 incident, and if such an incident occurs, the hospital should follow its identified procedures.
48 However, no universal strategy exists to prevent violence in the ED, and risk factors vary from
49 hospital to hospital.

1 The provision of a proper level of security and safety for the healthcare environment is a subset of
2 overall hospital risk management. The identification of specific risks begins with a facility security
3 review process. Every hospital must assess its specific vulnerabilities and apply the degree of
4 security necessary, including the use and deployment of physical and electronic security
5 safeguards. Security sensitive areas such as the emergency department require special staff
6 orientation and training.

7

8 In a general way, *psychological safeguards* (command signage; visitor badging and sign in; visitor
9 management systems; greetings/staff acknowledgement), *physical security safeguards* (security
10 officers; closed-circuit television monitors, barriers, lighting,), and *electronic security components*
11 (electronic access control systems, video surveillance, alarms, audio duress codes, restricted access
12 or lockdown; metal screening) are important elements to a successful plan. An institutional culture
13 that encourages reporting, recordkeeping, and incident review also is important. In addition to
14 having written plans and procedures, training should involve joint staff and security personnel
15 exercises.

16

17 Many excellent guidance documents exist, including the OSHA Guidelines, the ECRI Healthcare
18 Risk Control System, and the programs and policies of the IAHSS to assist management in putting
19 effective workplace violence prevention programs in place. In addition, current AMA policy
20 provides sound guidance on some general approaches to hospital security. Finally, state legislation
21 that mandates and regulates safety standards and controls for hospital violence prevention or that
22 addresses criminal penalties for assaulting healthcare workers should be encouraged.

23

24 RECOMMENDATIONS

25

26 The Council on Science and Public Health recommends that the following statements be adopted
27 and the remainder of this report be filed:

28

- 29 1. That Policy H-215.977, “Guns in Hospitals,” be reaffirmed. (Reaffirm HOD Policy)
- 30 2. That our American Medical Association (AMA) make this report available to hospitals,
31 emergency medicine departments, emergency physicians, mental health physicians, patient
32 advocates, and law enforcement organizations as a resource designed to assist in the
33 implementation of procedures to protect students, trainees, physicians, nurses, and other
34 healthcare staff in the Emergency Department environment and to assure optimal care for
35 patients, including those with psychiatric or behavioral conditions. (Directive to Take Action)
- 36 3. That Policy D-515.983 be rescinded, having been accomplished by preparation and
37 dissemination of this report. (Directive to Take Action)

38

39 Fiscal Note: Less than \$500

REFERENCES

1. Young Physicians Section. *Violence in the Workplace: Prevention Strategies*. American Medical Association, Chicago, IL, 1995.
2. American College of Emergency Physicians Position Statement. *Protection from Physical Violence in the Emergency Department Setting*. <http://www.acep.org/practres.aspx?id=29654&terms=viole>. Accessed August 10, 2010.
3. Emergency Nurses Association Position Statement. *Violence in the Emergency Care Setting*. <http://www.ena.org/government/Advocacy/Violence/Documents/PositionStatement.pdf>. Accessed August 11, 2010.
4. Blando JD, McGreevy K, O'Hagan E, Worthington K, Valiante D, Nocera M et al. Emergency Department Security Programs, Community Crime, and Employee Assaults. *J Emerg Med*. 2009; Jan 2. [Epub ahead of print]
5. Substance Abuse and Mental Health Services Administration. Drug Abuse Warning Network. National Estimates of Drug-related Emergency Department Visits, 2004 – 2008. <https://dawninfo.samhsa.gov/data/default.asp?met>All>. Accessed August 27, 2010
6. May DD, Grubbs LM. The extent, nature, and precipitating factors of nurse assault among three groups of registered nurses in a regional medical center. *J Emerg Nurs*. 2002;28:11-17.
7. Clements P, DeRanieri J, Clark K, Manno M, Wolick Kuhn, D. Workplace violence and corporate policy for health care settings. *Nursing Economics*. 2005;23:119-124.
8. Duhart DT. United States Office of Justice Programs. Violence in the workplace, 1993-1999, Washington, DC: U.S. Department of Justice, Office of Justice Programs, 2001.
9. Gerberich SG, Church TR, McGovern PM, et al. An epidemiological study of the magnitude and consequences of work related violence: the Minnesota Nurses' Study. *Occup Environ Med*. 2004;61:495-503.
10. Gerberich SG, Church TR, McGovern PM, et al. Risk factors for work-related assaults on nurses. *Epidemiology*. 2005;16:704-709.
11. Lavoie FW, Carter GL, Danzl DF, Berg RL. Emergency department violence in United States teaching hospitals. *Ann Emerg Med*. 1988;17:1227-1233.
12. Pane GA, Winiarski AM, Salness KA. Aggression directed toward emergency department staff at a university teaching hospital. *Ann Emerg Med*. 1991;20:283-286.
13. Peek-Asa C, Allareddy V, Valiante D, et al. Workplace violence and prevention in New Jersey hospital emergency departments. www.nj.gov/health/surv/documents/njhospsec_rpt.pdf. Accessed August 7, 2010.
14. Fernandes CM, Bouthillette F, Raboud JM, et al. Violence in the emergency department: a survey of health care workers. *CMAJ*. 1999;161:1245-1248.

15. Gates DM, Ross CS, McQueen L. Violence against emergency department workers. *J Emerg Med.* 2006;31:331-337.
16. Gacki-Smith J, Juarez AM, Boyett L, Homeyer C, Robinson L, MacLean SL. Violence against nurses working in US emergency departments. *J Healthc Protocol Manage.* 2010;26:81-99.
17. Kowalenko T, Walters BL, Khare RK, Compton S. Workplace violence: a survey of emergency physicians in the state of Michigan. *Ann Emerg Med.* 2005;46:142-147.
18. Behnam M, Tillotson R, Davis S. Violence in the emergency department: A national survey of emergency medicine resident and attending physicians. *Ann Emerg Med.* 2008;52(Supplement 1):S172.
19. Kansagra SM, Rao SR, Sullivan AF, et al. A survey of workplace violence across 65 U.S. emergency departments. *Acad Emerg Med.* 2008;15:1268-1274.
20. The Joint Commission. *2010 Hospital Accreditation Standards*.
21. National Institute for Occupational Safety and Health. *Violence. Occupational Hazards in Hospitals.* Centers for Disease Control and Prevention. 2002.
22. Public Law 91-596, December 29, 1970: and as amended by P.L. 101-552, Section 3101, November 5, 1990
23. Occupational Safety and Health Administration. *Guidelines for Preventing Workplace Violence for Health Care & Social Service Workers.* U.S. Department Labor. OSHA 3148-01R. 2004.
24. *Hospital and Healthcare Security.* Colling R, York T, eds. 5th edition. Butterworth-Heinemann, Burlington, MA. 2010.
25. California State Legislature. Assembly Bill 508. The California Hospital Security Act. Sacramento, CA. April 1993.
26. 50 State Survey of Workplace Violence Laws Protecting Health Care Professionals. HCA, Inc. www.ena.org/IQSIP/ENAStrategicPriorities/Violence/Documents/State%20Survey%20-%20Laws%20Protecting%20Health%20Care%20Professionals.pdf. Accessed August 11, 2010.
27. Nachreiner NM, Hansen HE, Okano A, et al. Difference in work-related violence by nurse license type. *J Prof Nurs.* 2007;23:290-300.
28. Rankins RC, Hendey GW. Effect of a security system on violent incidents and hidden weapons in the emergency department. *Ann Emerg Med.* 1999;33:676-679.
29. Fernandes CM, Raboud JM, Christenson JM, et al. The effect of an education program on violence in the emergency department. *Ann Emerg Med.* 2002;39:47-55.
30. Nachreiner NM, Gerberich SG, McGovern PM, et al. Impact of training on work-related assault. *Res Nurs Health.* 2005;28:67-78.

31. Peek-Asa C, Cubbin L, Hubbell K. Violent events and security programs in California Emergency Departments before and after the 1993 Hospital Security Act. *J Emerg Nurs.* 2002;28:420-426.
32. Casteel C, Peek-Asa C, Nocera M et al. Hospital employee assault rates before and after enactment of the California hospital safety and security act. *Ann Epidemiol.* 2009;19:125-133.
33. ECRI Institute. *Healthcare Risk Control System. Violence in Healthcare Facilities.* Volume 2. Risk Analysis. Safety and Security. September 2005. Plymouth Meeting, PA.
34. American Psychiatric Association. Practice Guideline for the Psychiatric Evaluation of Adults. Second Edition, 2006..
www.psychiatryonline.com/pracGuide/loadGuidelinePdf.aspx?file=PsychEval2ePG_04-28-06
35. American Psychiatric Association Committee on Patient Safety. *SAFE MD. Practical Applications and Approaches to Safe Psychiatric Practice.* 2008. American Psychiatric Association, Arlington, VA.
36. Smart D, Pollard C, Walpole B. Mental health triage in emergency medicine. *Austral N Zeal J Psychiatry.* 1999;33:57-66.
37. Behavioral Health Steering Committee Best Practices Task Force. *Best Practices for the Treatment of Patients with Mental and Substance Use Illnesses in the Emergency Department.* Illinois Hospital Association. October 2007.

APPENDIX I

NIOSH General Prevention Strategies for Employers to Reduce the Risk of Workplace Violence

Environmental Designs

1. Develop emergency signaling, alarms, and monitoring systems.
2. Install security devices such as metal detectors to prevent armed persons from entering the hospital.
3. Install other security devices such as cameras and good lighting in hallways.
4. Provide security escorts to the parking lots at night.
5. Design waiting areas to accommodate and assist visitors and patients who may have a delay in service.
6. Design the triage area and other public areas to minimize the risk of assault:
 - Provide staff restrooms and emergency exits.
 - Install enclosed nurses' stations.
 - Install deep service counters or bullet-resistant and shatterproof glass enclosures in reception areas.
 - Arrange furniture and other objects to minimize their use as weapons.

Administrative Controls

1. Design staffing patterns to prevent personnel from working alone and to minimize patient waiting time.
2. Restrict the movement of the public in hospitals by card-controlled access.
3. Develop a system for alerting security personnel when violence is threatened.

Behavior Modifications

Provide all workers with training in recognizing and managing assaults, resolving conflicts, and maintaining hazard awareness.

Safety Tips for Hospital Workers

Watch for signals that may be associated with impending violence:

1. Verbally expressed anger and frustration
2. Body language such as threatening gestures
3. Signs of drug or alcohol use
4. Presence of a weapon

Maintain behavior that helps diffuse anger:

1. Present calm, caring attitude.
2. Don't match the threats.
3. Don't give orders.
4. Acknowledge the person's feelings (for example, "I know you are frustrated").
5. Avoid any behavior that may be interpreted as aggressive (for example, moving rapidly, getting too close, touching, or speaking loudly).

Be alert:

1. Evaluate each situation for potential violence when you enter a room or begin to relate to a patient or visitor.
2. Be vigilant throughout the encounter.
3. Don't isolate yourself with a potentially violent person.
4. Always keep an open path for exiting—don't let the potentially violent person stand between you and the door.

Take these steps if you can't defuse the situation quickly:

1. Remove yourself from the situation.
2. Call security for help.
3. Report any violent incidents to your management.

APPENDIX II
Essential Steps to Dealing with ED Violence^{1,2,19,21,22}

Worksite Analysis

- The identification of specific risks generally begins with a facility worksite security analysis and risk assessment. Analysis should include a review of medical, safety, worker's compensation, insurance records, and results of a focused employee survey.
- Specific analyses include past incidents, jobs or locations with the greatest risk, current clientele, and effectiveness of existing security measures.

Management Commitment, Employee Involvement, and Employer Response

- Demonstrating organizational concern for employee emotional and physical safety and health, assigning responsibility, maintaining accountability, and allocating appropriate authority and resources.
- Implement an interdisciplinary approach for a workplace violence prevention program.
- Develop written emergency department protocols for violent situations occurring in the ED and state clearly that violence is not permitted or tolerated.
- Staff should play an integral role in risk assessment, development of workplace safety policies and procedures, violence prevention planning and monitoring, implementation of security procedures, and safety education and training.
- Staff has a right (and must be encouraged) to report incidents of violence and abuse to their employer without fear of reprisal, as well as to local police authorities.
- Establish a program for counseling and debriefing for employees experiencing or witnessing assaults and conduct ongoing assessments of ED security system performance.

Planning for Violence Prevention and Control

- The ED must have a plan and procedure to control or regulate access, including how nonemployees are screened, identified, and directed to service points; in some cases, a list of restricted visitors is helpful.
- A best-practices security system should be available including adequate and trained security personnel, physical barriers, closed-circuit video and surveillance equipment, and other security components; this system should be coordinated with local law enforcement agencies.
- Security personnel should be trained in psychological approaches to handling aggressive patients, types of disorders, and ways to defuse hostile situations. A 24-hour security presence is advisable.
- The ED must have a specific written critical incident response plan for violence occurring in the ED.
- Procedures should reduce the likelihood of contraband entering the ED.
- The ED should have a system of alerting other staff members of an emergency or escalating situation that requires immediate help. Alarm systems, panic/wall buttons, pull chains, hand-held/foot or other activation devices should be available, with particular attention given to isolated areas.
- Establish separate rooms for psychiatric (or criminal) patients that have two exits; supervise the movement of psychiatric patients.
- Provide lockable and secure bathrooms for staff members and employee "safe rooms" for use during emergencies.

Safety and Health Training

- ED staff should undergo security orientation and education including an understanding of the workplace violence prevention policy. Staff should receive training on their role in protecting the area, identifying potential security compromises, minimizing security risks, and for preventing, recognizing, de-escalating aggressive behavior, including the appropriate use of physical restraints.
- Hospitals should periodically conduct drills to test responses to critical incidents. Training should include joint collaborative exercises between security personnel and ED staff.

Recordkeeping and Program Evaluation

- Important records include the OSHA log of work-related injury, medical reports of work injury, other reports of abuse, verbal attacks or aggressive behavior, and information on patients with a history of past violence, drug abuse or criminal activity.
- Safety and security measures should be evaluated annually.