

REPORT 5 OF THE COUNCIL ON MEDICAL SERVICE (I-08)
Comparative Effectiveness Research
(Reference Committee J)

EXECUTIVE SUMMARY

At the 2007 Annual Meeting, the House of Delegates adopted the recommendations of Council on Medical Service Report 8, "Strategies to Address Rising Health Care Costs" (Policy H-155.960[4], AMA Policy Database). The Council on Medical Service has prepared this report on comparative effectiveness research (CER) as part of its ongoing efforts to further develop AMA policy related to value, costs and improving health care decision-making. This report defines relevant terminology; examines the need for comparative effectiveness research; outlines the key issues in establishing a CER entity; highlights the role of physicians; and discusses the relationship between comparative effectiveness and cost effectiveness. The report recommends a series of principles for comparative effectiveness research. The principles were jointly developed by the Council on Medical Service, the Council on Legislation and the Board of Trustees in response to a growing need for and imminent legislation concerning comparative effectiveness research.

There is a lack of comparative effectiveness research on the effects of alternative services and treatments which has led to a lack of knowledge about whether new treatments outperform existing treatments. With an increased investment in comparative effectiveness research, the evidence gained could be used to promote the delivery of quality care as well as effective and efficient utilization of limited resources in order to slow rising health care spending. Although there is consensus that an increased investment in comparative effectiveness research is needed, key concerns about CER remain, including disagreement about the composition, funding and structure of a federally supported CER entity, and what role cost-effectiveness will have in the entity's mission and activities.

The Council believes the principles outlined in this report provide AMA with a sound policy foundation to guide its future advocacy efforts on comparative effectiveness research and the creation of a federal CER entity. Accordingly, the Council recommends that these principles be adopted as AMA policy.

REPORT OF THE COUNCIL ON MEDICAL SERVICE

CMS Report 5 - I-08

Subject: Comparative Effectiveness Research

Presented by: David O. Barbe, MD, Chair

Referred to: Reference Committee J
(Jack J. Beller, MD, Chair)

1 At the 2007 Annual Meeting, the House of Delegates adopted the recommendations of Council on
2 Medical Service Report 8, "Strategies to Address Rising Health Care Costs," which established the
3 following policy:

4
5 Our American Medical Association (AMA) will continue to advocate that sources of
6 medical research funding give priority to studies that collect both clinical and cost data; use
7 evaluation criteria that take into account cost impacts as well as clinical outcomes; translate
8 research findings into useable information on the relative cost-effectiveness of alternative
9 diagnostic services and treatments; and widely disseminate cost-effectiveness information
10 to physicians and other health care decision-makers (Policy H-155.960[4], AMA Policy
11 Database).

12
13 The Council on Medical Service has prepared this report on comparative effectiveness research
14 (CER) as part of its ongoing efforts to further develop AMA policy related to value, costs and
15 improving health care decision-making. This report defines relevant terminology; examines the
16 need for comparative effectiveness research; outlines the key issues in establishing a CER entity;
17 highlights the role of physicians; discusses the relationship between comparative effectiveness and
18 cost effectiveness; and recommends a series of principles for the creation of a centralized CER
19 entity.

20 21 THE NEED FOR COMPARATIVE EFFECTIVENESS RESEARCH

22
23 The June 2007 report of the Medicare Payment Advisory Commission (MedPAC) stated "there is
24 not enough credible, empirically based information for health care providers and patients to make
25 informed decisions about alternative services for diagnosing and treating most common clinical
26 conditions." This lack of timely and credible information has contributed to the United States
27 falling behind in several health indicators, such as infant mortality and life expectancy, and having
28 the highest per capita health expenditures in the world.

29
30 Most research on medical treatments to date has focused on comparing the effects of a given
31 treatment to no treatment, rather than comparing alternative treatments to each other. For example,
32 for prescription drugs to gain Food and Drug Administration (FDA) approval, prescription drug
33 manufacturers conduct research that compares their drug to a placebo in the majority of cases,
34 versus comparing their drug to similar drugs. The lack of comparative research on the effects of
35 alternative services and treatments has led to a lack of knowledge about whether new treatments
36 outperform existing treatments. In cases in which there are multiple, alternate interventions to treat

1 a health condition that have been proven to be effective, studies have also shown that the treatment
2 patients receive often depends on where they live. Contributing factors to such geographic
3 variation include the lack of availability of data and information on the clinical effectiveness and
4 costs of alternative interventions, as well as a lack of physician consensus on the optimal treatment.
5

6 Council on Medical Service Reports 8-A-07 and 7-A-08 emphasized that AMA efforts to address
7 rising health care costs should focus on achieving better value for health care spending and
8 promoting value-based decision making. Increasing value is inextricably linked to possessing
9 knowledge and information about the outcomes of health care services, treatments and
10 interventions. Ultimately, having evidence that compares outcomes of alternative treatments, as
11 well as treatment costs, will not only increasingly integrate value into the health care decision
12 making process, but will also equip physicians with the ability to achieve the right care for each
13 patient.
14

15 FEDERAL ACTIVITY

16
17 Legislation has been introduced in the 110th Congress that addresses funding for comparative
18 effectiveness research and the creation of a centralized CER entity. In May 2007, Representative
19 Thomas Allen (D-ME) introduced H.R. 2184, the Enhanced Health Care Value for All Act, with
20 Representative Jo Ann Emerson (R-MO). If enacted into law, the bill would provide increased
21 funding to finance research on comparative effectiveness and establish a new infrastructure to
22 support a national strategy on comparative effectiveness research. In August 2007, the House of
23 Representatives passed the Children's Health and Medicare Protection (CHAMP) Act, which
24 included CER provisions that were substantially similar to the Allen-Emerson bill. The CHAMP
25 Act provisions on CER were never signed into law.
26

27 In July 2008, Senators Max Baucus (D-MT) and Kent Conrad (D-ND) introduced the Comparative
28 Effectiveness Research Act of 2008. The Baucus-Conrad bill would establish an independent
29 comparative effectiveness research institute. The research methodology would not use cost and
30 health plan design factors. A Board of Governors comprised of 21 members appointed by the US
31 Comptroller General would provide the institute's oversight. There were a number of changes
32 made to the legislation from a previous version of the bill that was introduced in March 2008 and
33 subsequently withdrawn (e.g., with respect to the analysis of cost-effectiveness and health plan
34 design as well as the funding sources to support the CER entity). The next Congress is likely to
35 revisit CER legislation as part of comprehensive health system reform and the presidential
36 candidates have included CER in their health proposals.
37

38 As a result of this legislative activity, the Council on Medical Service met with the Council on
39 Legislation in March 2008 to establish guiding principles for CER. At its meeting in April 2008,
40 the AMA Board of Trustees reviewed the principles developed jointly by the Councils and agreed
41 to interim principles to guide AMA advocacy efforts when legislative action on CER appeared
42 imminent. Due to the strength and comprehensiveness of these principles, the Council on Medical
43 Service concurs with the Board of Trustees and recommends the adoption of these principles as
44 AMA policy at the conclusion of this report.
45

46 CURRENT STATE OF COMPARATIVE EFFECTIVENESS RESEARCH

47
48 In September 2007, the Institute of Medicine (IOM) defined comparative effectiveness research as
49 "the direct generation of clinical information on the relative merits or outcomes of one intervention

1 in comparison to one or more others, and secondary comparative effectiveness research involves
2 the synthesis of primary studies to allow conclusions to be drawn. Secondary comparisons of the
3 relative merits of different diagnostic or treatment interventions can be done through collective
4 analysis of the results of multiple head-to-head studies, or indirectly, in which the treatment options
5 have not been directly compared to each other in a clinical evaluation, and inferences must be
6 drawn based on the relative effect of each intervention to a specific comparison, often a placebo.”
7

8 There is currently no single federal agency dedicated to CER. Of the few agencies that conduct
9 comparative effectiveness research, their initiatives, in general, are limited in terms of their scope
10 and funding. More than \$2 trillion is spent on health care annually in the United States, nearly half
11 of which is publicly financed. Although five percent of annual health expenditures are dedicated to
12 research, less than 0.1% is spent on CER. In the private sector, although private health plans often
13 conduct their own reviews of existing evidence and treatments, they often treat such findings as
14 proprietary and keep their findings confidential. In addition, private sector investment in CER to
15 date has been limited, as the health plan funding such research will likely only capture a portion of
16 the benefits resulting from the findings. Consequently, the investment in CER has not kept pace
17 with new and rapidly emerging health technologies, and new and innovative treatments.
18 Importantly, the research has not been widely disseminated to the medical community.
19

20 Under Section 1013 of the Medicare Prescription Drug, Improvement, and Modernization Act of
21 2003 (MMA), the Agency for Healthcare Research and Quality (AHRQ) was granted the authority
22 to conduct and support evidence syntheses and research on topics of highest priority to Medicare,
23 Medicaid, and the State Children’s Health Insurance Program. In response, AHRQ launched the
24 Effective Health Care Program in 2005. Having had an annual appropriation of \$15 million since
25 its creation, the annual appropriation for the program doubled to \$30 million in 2008. The program
26 uses AHRQ’s Evidence-based Practice Centers (EPCs), institutions in the US and Canada which
27 are awarded contracts to synthesize existing scientific literature about important health care topics
28 and promote evidence-based practice and decision-making. Current EPCs include universities,
29 institutes and associations representing health plans. As of June 2008, the program’s EPCs have
30 issued 14 comparative effectiveness reviews, with eight additional reviews in progress.
31

32 The National Institutes of Health (NIH) supports comparative effectiveness research by sponsoring
33 head-to-head clinical trials. However, CER has not been the agency’s main research focus. As of
34 June 2008, NIH has conducted at least nine head-to-head clinical trials. More than \$575 million
35 has been directed toward CER activities within NIH since 1982. This amount, however, is a
36 fraction of the agency’s budget in only one year, which was \$28.8 billion in FY 2007. NIH has
37 also partnered with the Centers for Medicare and Medicaid Services (CMS) on CER. Currently,
38 the agencies are jointly sponsoring a trial that may compare the effects of daily dialysis for kidney
39 disease patients with the standard treatment of dialysis three times a week.
40

41 The Department of Veterans Affairs (VA) also conducts CER as part of its Research and
42 Development Program, which includes 15 Centers of Excellence. Many of these Centers of
43 Excellence carry out comparative effectiveness research. The VA’s investment in CER is also
44 rather limited. The FY 2007 budget for the health services research area of the VA’s Research and
45 Development Program was \$61 million, and not all of this amount was used for CER.
46

47 The need for a centralized, adequately funded CER entity is apparent. Some groups, such as the
48 AMA-convened Physician Consortium for Performance Improvement, have established
49 workgroups to study and address this issue further. With an increased investment in CER, the

1 evidence gained as a result can be used to promote the delivery of quality care as well as effective
2 and efficient utilization of limited resources in order to slow rising health care spending. Although
3 there is consensus that an increased investment in CER is needed, key concerns about CER remain,
4 including disagreement about the composition, funding and structure of a federally supported CER
5 entity, and what role cost-effectiveness will have in the entity's mission and activities.

6
7 **STRUCTURE OF COMPARATIVE EFFECTIVENESS RESEARCH ENTITY**

8
9 Comparative effectiveness research ultimately will produce information that is a public good.
10 Accordingly, it is widely expected that the federal government will have a significant role in the
11 funding and oversight of the comparative effectiveness entity. Although private industry (e.g.,
12 insurance companies and manufacturers of health care products) has been successful in lobbying
13 for involvement with CER, a CER entity that is solely funded by the private sector would be
14 unduly influenced by its funding entities and organizations, which have a clear economic interest in
15 the research outcomes.

16
17 A federal CER entity could be structured in several ways, with each governance approach having
18 advantages and disadvantages. One possible option for structuring a federal CER entity is
19 establishing an independent federal agency within the executive branch, similar to the Federal
20 Reserve and the Securities and Exchange Commission. These agencies, due to their structural
21 independence, are regarded as less vulnerable to political pressures. However, these entities have
22 been criticized for not being as transparent due to their independence. In addition, if the members
23 of the board of these agencies are political appointees, they can become subject to political
24 pressures, which would only be exacerbated by receiving funding through the congressional
25 appropriations process.

26
27 Another option is to house an independent CER entity within the legislative branch, with a
28 structure similar to those of the Government Accountability Office (GAO) and MedPAC. One of
29 the main concerns with this approach is that the CER entity would not be independent of political
30 influences. However, some note that the GAO and Congressional Budget Office have maintained
31 their ability to be nonpartisan and objective despite their linkage to the legislative branch.

32
33 A federal CER entity also could be structured as a federally-funded research and development
34 center (FFRDC), a nonprofit private sector organization that is sponsored by an existing executive
35 branch agency. Current examples of FFRDCs include the Center for Naval Analyses and the
36 National Cancer Institute at Frederick. Proponents of this option recommend that an existing
37 agency within the Department of Health and Human Services, such as AHRQ or NIH, should
38 sponsor and be responsible for the FFRDC's general oversight. Advantages of FFRDCs include
39 their general protection from outside and political interests, and their ability to be flexible in terms
40 of their structure and staffing. Disadvantages of FFRDCs include their possible lack of stability
41 and close alignment with an executive branch department, which could jeopardize their
42 independence and objectivity.

43
44 Another alternative would be for Congress to charter a federal CER entity as a non-profit
45 organization, similar in structure to the National Park Foundation and the Legal Services
46 Corporation. There have been specific proposals to house a federal CER entity within the Institute
47 of Medicine, which is part of the National Academy of Sciences, a congressionally chartered
48 nonprofit private corporation. Although Congress stipulates the charter for such nonprofit private

1 corporations, concerns with this approach include a possible lack of accountability, reduced
2 transparency and inability to act in a timely manner.

3
4 In evaluating all of the options of structuring a federal CER entity, the Council believes that the
5 entity needs to have the independence necessary to remain objective and produce scientifically
6 rigorous research. However, the entity must also have transparent processes for setting research
7 priorities, establishing accepted methodologies and disseminating findings.

8 9 FUNDING LEVEL AND OPTIONS

10
11 Creating a CER entity raises questions regarding the level at which such an entity should be funded
12 and financing options. Proposed funding levels vary depending on the type of research the CER
13 entity is expected to sponsor. The funding will need to be higher if it sponsors mostly primary
14 research, including head-to-head clinical trials, versus systematic reviews of existing literature.
15 Some researchers have proposed basing the entity's funding on the nation's annual yearly
16 expenditures on health care services, which results in expenditures of \$1 billion to \$3 billion per
17 year. Legislative proposals to date have also varied in terms of their funding levels, with annual
18 funding levels for the CER entity ranging from \$5 million to \$900 million. If the entity mainly
19 sponsors head-to-head clinical trials, the clinical trial budget of NIH can be used as a guide.

20
21 The long-term stability of a federal CER entity ultimately depends on its financing. Financing
22 could be mandatory, discretionary or voluntary. The entity could also be publicly or privately
23 financed, or a combination of the two. Regarding public funding, options that are mandatory in
24 nature have been favored in recent discussions, versus having the entity being funded by the
25 appropriations process, which is discretionary in nature and can be susceptible to political pressures
26 over disputed research findings. Some mandatory public financing options include establishing a
27 trust fund for CER supported by a mandatory appropriation of general revenue funding, or by
28 dedicating a small percentage of the Medicare Part A Trust Fund.

29
30 Proposed public-private funding approaches have included blending a contribution from the
31 Medicare Trust Fund with set-asides from private health insurance premiums and/or manufacturer
32 expenditures for research and development. One example that has been used to illustrate a public-
33 private financing approach is the funding of the FDA's new drug review process, as a result of the
34 Prescription Drug User Fee Act (PDUFA). This process is partly funded by user fees the FDA
35 collects from drug and biologic manufacturers to ensure adequate resources to facilitate the timely
36 review of such products. In this example, user fees currently fund about half of new drug review
37 costs, which are more than \$515 million annually. Using this model for a centralized CER entity, it
38 has been proposed, would draw financial support from those who would use or benefit from the
39 evidence produced by CER. Because voluntary contributions from the private sector are seen as
40 being unstable and susceptible to political and budget pressures, proposed mandatory private
41 financing mechanisms have included a levy on private sector organizations.

42
43 In considering the options to fund a federal CER entity, the Council believes that the entity needs
44 to have secure and sufficient funding to ensure the entity's long-term sustainability and the
45 resources necessary to produce high quality CER. Funding sources must support and safeguard the
46 independence of a federal CER entity from political pressures, especially those resulting from
47 disputed research findings.

1 COMPOSITION OF COMPARATIVE EFFECTIVENESS RESEARCH ENTITY

2
3 The configuration and composition of the CER entity’s governing board must be carefully
4 determined to avoid conflicts of interest. Legislation creating a federal CER entity needs to detail
5 how a board of experts should be structured, whether the board is full- or part-time, the ethics rules
6 of the board, how individuals are appointed to the board, and to what extent physicians, patients,
7 researchers, payers and other groups are represented on the board. In terms of ethics rules, the
8 Council believes that conflicts of interest must be disclosed and minimized to safeguard the
9 integrity and legitimacy of the CER entity’s research findings and conclusions. In addition,
10 safeguards should be developed to minimize actual, potential and perceived conflicts of interest to
11 ensure that stakeholders do not undermine or unduly influence the entity’s activities and research
12 findings.

13
14 The composition of the governing body of a CER entity is crucial, as it impacts the objectivity and
15 direction of the research taking place, and how the findings are used and disseminated. To ensure
16 science and the well-being of patients are prioritized in the entity, the Council believes that
17 physicians, researchers and patients should have substantial and central representation on the
18 governing body. As key decision-makers, physicians and patients are uniquely motivated to
19 promote the delivery of quality care while maximizing value. However, other stakeholders,
20 including payers and drug and device manufacturers, also have advocated for representation on the
21 governing body, which raises concerns regarding conflict of interest, the prioritization of cost
22 issues, and whether the entity will impact coverage and payment decisions.

23
24 The appointment process for the governing body also serves as a guide for the entity’s objectivity.
25 Although the appointment process may depend on how the CER entity is structured and where it is
26 housed, many proposals have supported granting appointment authority to a neutral individual,
27 such as the US Comptroller General, to help ensure the board’s stability and objectivity.

28
29 MISSION AND THE ROLE OF COST EFFECTIVENESS

30
31 There is not consensus as to what the mission of the centralized CER entity should be or what
32 activities it should carry out. At the most basic level, there is a need for the CER entity to prioritize
33 interventions, treatments and technologies for scientific evaluation. Proposals thus far have
34 included several criteria to use in prioritizing the CER entity’s research activities, including
35 volume, cost, high variance in practice patterns and other factors. The Council believes that the
36 priority areas of CER should include high volume, high cost diagnosis, treatment and health
37 services for which there is a significant variation in practice. In addition, CER should not be
38 limited to new treatments.

39
40 Proposals vary regarding whether the CER entity should only fund studies of comparative
41 effectiveness, or conduct the actual research itself. Related is how much the entity should focus on
42 primary research such as head-to-head trials versus secondary research, such as systematically
43 reviewing existing evidence.

44
45 In addition, there is disagreement on the role of cost-effectiveness in CER, and how the evidence
46 and information resulting from CER should be used. Some stakeholders have supported the
47 inclusion of cost-effectiveness in CER, and support linking CER findings to payment and coverage
48 decisions. Others have advocated that although CER findings can impact and inform cost-
49 effectiveness research, the two goals should remain separate and the entity should not make

1 coverage and payment decisions. The Council shares the concern that incorporating cost into
2 comparative effectiveness research may undermine the science and credibility of the research and
3 findings, as comparative effectiveness research and cost-effectiveness research have different
4 purposes and measures. Specifically, the Council is concerned that cost considerations may bias
5 the goal of the research toward cost containment instead of maximizing clinical effectiveness and
6 improving patient care. Therefore, the Council stresses that the composition of the governing body
7 needs to include an appropriate balance of stakeholders to minimize and properly address conflicts
8 of interest within its membership, including vested economic interests. This would be especially
9 vital if the entity were also to conduct cost-effectiveness research. MedPAC has acknowledged
10 that CER findings could potentially increase costs in some cases, because the most effective
11 intervention could be the one that is the most costly.

12
13 **AMA POLICY**

14
15 In recent years, the House of Delegates has supported the adoption of several policies that provide
16 a strong foundation for the establishment of policy on comparative effectiveness research. Council
17 on Medical Service Report 8-A-07 established the policy that supports funding that gives priority
18 to studies that collect both clinical and cost data; evaluation criteria that takes into account cost
19 impacts as well as clinical outcomes; and research findings that are translated into widely-
20 disseminated, usable information on the relative cost-effectiveness of alternative diagnostic
21 services and treatments (Policy H-155.960[4]).

22
23 Council on Medical Service Report 7-A-08 established Policy H-450.938, which provides
24 principles to guide physician value-based decision-making, including:

- 25
- 26 • Physicians should have easy access to and consider the best available evidence at the point
27 of decision-making, to ensure that the chosen intervention is maximally effective in
28 reducing morbidity and mortality.
 - 29 • Physicians should have easy access to and review the best available data associated with
30 costs at the point of decision-making. This necessitates cost data to be delivered in a
31 reasonable and useable manner by third party payers and purchasers. The cost of each
32 alternate intervention, in addition to patient insurance coverage and cost-sharing
33 requirements, should be evaluated.
 - 34 • Physicians can enhance value by balancing the potential benefits and costs in their
35 decision-making related to maximizing health outcomes and quality of care for patients.
- 36

37 Council Report 7-A-08 also established the policy that our AMA advocate for third-party payers
38 and purchasers to make cost data available to physicians in a usable form at the point of service and
39 decision-making, including the cost of each alternate intervention, and the insurance coverage and
40 cost-sharing requirements of the respective patient (Policy D-155.994).

41
42 Evaluation should include the development of information on safety, effectiveness, and indications
43 for use, and be based upon a rigorous scientific methodology. This complete information should be
44 delivered to physicians to enhance appropriate utilization (Policy H-480.984). Policies H-480.984
45 and H-480.990 support the use of cost-effectiveness considerations, but notes that cost-
46 effectiveness is subordinate to the consideration of safety and effectiveness. The policies also
47 define the central role of physicians in determining cost-effectiveness, and oppose the use of cost-
48 effectiveness by payers to preclude or limit the availability of a safe and effective technology.
49 These policies, both of which relate to technology assessment, also state the need for reevaluating

1 health care technologies on a continuing basis, and using cost-effectiveness and cost-benefit
2 analysis in such evaluation. Policies H-460.926, H-460.999 and H-460.986 support ample funding
3 of medical research, translational research, clinical research and clinical trials, health services
4 research, outcomes research, and prevention research. Policy H-335.964 supports AHRQ funding
5 and Policy H-460.975 supports NIH funding. Policies H-320.949, H-285.954, and H-285.920 note
6 the importance of recognizing individual patient variation, an important factor to consider when
7 conducting clinical trials. Policy H-460.924 recognizes that race and ethnicity are valuable
8 research variables when used and interpreted appropriately.

9
10 **DISCUSSION**

11
12 Due to the likelihood of imminent legislation on comparative effectiveness research, the Council
13 believes that AMA principles governing CER are needed to guide AMA advocacy on the
14 implementation of CER. One of the most critical issues of CER legislation for patients and
15 physicians is the membership of the governing board of the CER entity. Accordingly, the Council
16 believes that physicians, medical researchers and patients should have primary and substantial
17 representation on the governing body. This will ensure subject matter experts and primary decision
18 makers in health care have a central and significant role in directing and supporting objective CER,
19 which will ultimately inform health care decision-making, and health service and treatment
20 utilization.

21
22 Although the Council believes that the wide implementation of CER will lead to the adoption of
23 cost-effective care, the primary goal of CER should not be to contain costs. The goal of CER
24 should be to enhance physician clinical judgment and foster the delivery of quality patient-centered
25 care. In certain cases, the most effective intervention could be the one that is the most costly.
26 Once the clinical effectiveness of alternative services is compared, it may be appropriate to
27 consider costs. However, CER should not be a tool for indiscriminately cutting costs by reducing
28 physician payment and instituting coverage decisions based solely on cost.

29
30 The impact of CER will ultimately depend on how the findings are disseminated and used.
31 Information and evidence resulting from CER should be easily available to physicians in a useable
32 format. Findings of CER should be incorporated into the latest communications vehicles and
33 technologies, such as electronic medical records, to ensure physicians have complete information
34 and evidence at the time of decision-making. Finally, the Council notes that physicians have a key
35 role in disseminating comparative effectiveness information to patients.

36
37 The Council believes the following principles for CER, jointly developed by the Council on
38 Medical Service, the Council on Legislation and the AMA Board of Trustees, will provide the
39 AMA with a sound policy foundation to guide its future advocacy efforts on comparative
40 effectiveness research and the creation of a federal CER entity. Accordingly, the Council
41 recommends that these principles be adopted as AMA policy.

42
43 **RECOMMENDATIONS**

44
45 The Council on Medical Service recommends that the following be adopted and the remainder of
46 this report be filed:

- 47
48 1. That our American Medical Association adopt the following principles for creating a
49 centralized comparative effectiveness research entity:

- 1 a. Value. Value can be thought of as the best balance between benefits and costs, and better
2 value as improved clinical outcomes, quality, and/or patient satisfaction per dollar spent.
3 Improving value in the US health care system will require both clinical and cost
4 information. Quality comparative clinical effectiveness research (CER) will improve
5 health care value by enhancing physician clinical judgment and fostering the delivery of
6 patient-centered care.
7
- 8 b. Independence. A federally sponsored CER entity should be an objective, independent
9 authority that produces valid, scientifically rigorous research.
10
- 11 c. Stable Funding. The entity should have secure and sufficient funding in order to maintain
12 the necessary infrastructure and resources to produce quality CER. Funding source(s) must
13 safeguard the independence of a federally sponsored CER entity.
14
- 15 d. Rigorous Scientifically Sound Methodology. CER should be conducted using rigorous
16 scientific methods to ensure that conclusions from such research are evidence-based and
17 valid for the population studied. The primary responsibility for the conduct of CER and
18 selection of CER methodologies must rest with physicians and researchers.
19
- 20 e. Transparent Process. The processes for setting research priorities, establishing accepted
21 methodologies, selecting researchers or research organizations, and disseminating findings
22 must be transparent and provide physicians and researchers a central and significant role.
23
- 24 f. Significant Patient and Physician Oversight Role. The oversight body of the CER entity
25 must provide patients, physicians (MD, DO), including clinical practice physicians, and
26 independent scientific researchers with substantial representation and a central decision-
27 making role(s). Both physicians and patients are uniquely motivated to provide/receive
28 quality care while maximizing value.
29
- 30 g. Conflicts of Interest Disclosed and Minimized. All conflicts of interest must be disclosed
31 and safeguards developed to minimize actual, potential and perceived conflicts of interest
32 to ensure that stakeholders with such conflicts of interest do not undermine the integrity
33 and legitimacy of the research findings and conclusions.
34
- 35 h. Scope of Research. CER should include long term and short term assessments of
36 diagnostic and treatment modalities for a given disease or condition in a defined population
37 of patients. Diagnostic and treatment modalities should include drugs, biologics, imaging
38 and laboratory tests, medical devices, health services, or combinations. It should not be
39 limited to new treatments. In addition, the findings should be re-evaluated periodically, as
40 needed, based on the development of new alternatives and the emergence of new safety or
41 efficacy data. The priority areas of CER should be on high volume, high cost diagnosis,
42 treatment, and health services for which there is significant variation in practice. Research
43 priorities and methodology should factor in any systematic variations in disease prevalence
44 or response across groups by race, ethnicity, gender, age, geography, and economic status.
45
- 46 i. Dissemination of Research. The CER entity must work with health care professionals and
47 health care professional organizations to effectively disseminate the results in a timely
48 manner by significantly expanding dissemination capacity and intensifying efforts to
49 communicate to physicians utilizing a variety of strategies and methods. All research

- 1 findings must be readily and easily accessible to physicians as well as the public without
2 limits imposed by the federally supported CER entity. The highest priority should be
3 placed on targeting health care professionals and their organizations to ensure rapid
4 dissemination to those who develop diagnostic and treatment plans.
5
- 6 j. Coverage and Payment. The CER entity must not have a role in making or recommending
7 coverage or payment decisions for payers.
8
- 9 k. Patient Variation and Physician Discretion. Physician discretion in the treatment of
10 individual patients remains central to the practice of medicine. CER evidence cannot
11 adequately address the wide array of patients with their unique clinical characteristics, co-
12 morbidities and certain genetic characteristics. In addition, patient autonomy and choice
13 may play a significant role in both CER findings and diagnostic/treatment planning in the
14 clinical setting. As a result, sufficient information should be made available on the
15 limitations and exceptions of CER studies so that physicians who are making
16 individualized treatment plans will be able to differentiate patients to whom the study
17 findings apply from those for whom the study is not representative. (New HOD Policy)

Fiscal Note: Staff cost estimated to be less than \$500 to implement.

References for this report are available from the AMA Division of Socioeconomic Policy Development.