The AMA provides intervention support to health systems ready and able to test and share strategies that drive measurable progress and meaningful impact to improve satisfaction and efficiency in their workforce.

Access suggestions for increasing efficiency with the AMA's Stop This, Start That checklist (PDF).

Support includes providing resources through STEPS Forward™, access to physician and subject matter experts, webinars, podcasts and on-line coaching and a platform to engage with other health systems implementing similar efforts.

**AMA STEPS FORWARD™: Transform you practice**

Nearly 60 modules?—expert-driven, field-tested strategies to help implement change in your practice.

Not sure where to start? Take a brief 12-question practice assessment to determine suggested modules to best optimize your practice.


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Webinar series

The American Medical Association invites you to join our 2021 webinar series focusing on physician well-being, practice redesign and implementing telehealth during COVID-19. Programming will focus on resources and solutions to help alleviate stress on health care systems, teams and staff during the pandemic and guide systems through telehealth integration.

Register today or watch past webinar recordings.

Featured modules

- Establishing a Chief Wellness Officer Position: Create the organizational groundwork for professional well-being.
- Chief Wellness Officer Road Map: Implement a leadership strategy for professional well-being.
- Getting Rid of Stupid Stuff: Reduce the unnecessary daily burden for clinicians.

Core modules

- Annual Prescription Renewal: Save time and improve medication adherence by renewing all of a patient’s stable medications.
- Daily Huddles: Boost practice productivity and team morale by reserving 5-20 minutes once or twice a day for team members to communicate regularly.
- In-basket Management: Learn how to leverage the skills of the care team to apply in-basket principles and streamline work.
- Pre-visit Lab Testing: Visit this module to learn how to implement pre-visit laboratory testing. An interactive calculator is also available.
- Pre-visit Planning: Learn how implement pre-visit planning at your practice and calculate estimated time and money that can be saved.
- Expanded Rooming Discharge: The strategies in this module will enable practices to create personalized patient rooming and discharge checklists.

Videos and podcasts
• How to Address Physician Wellness during the pandemic: Interview insights featuring Heather Farley, MD, chief wellness officer at Christiana Care and Lisa McLean, MD, director of physician wellness for Henry Ford Health System.

• Vaccinations: Roadmap for Success: Understanding why vaccine hesitancy exists is the first step toward increasing acceptance.

• AMA Practice Transformation Efforts, Related Videos: AMA strategies and resources designed to increase professional satisfaction and physician well-being.

• Synchronized Prescription Renewal: In this episode, we discuss synchronized prescription renewal.

• Implementing Daily Team Huddle: In this episode, we discuss how to boost practice productivity and team morale by implementing a daily team huddle.

• Conducting Effective Team Meetings: In this episode, we answer questions about planning the current patient visit and preparing for the next.