Addressing physician and patient mental health

Dismantling Stigma for All: Addressing Physician and Patient Mental Health Including Suicide Risk
OVERCOMING OBSTACLES
WEBINAR SERIES

Sustaining behavioral health care in your practice
This Overcoming Obstacles webinar forum will connect physicians with industry experts on suicide ideation and physicians with lived experience to discuss dismantling the stigma around seeking mental health treatment.

Speakers will also discuss practical strategies, actionable steps and evidence-based resources on how to identify those physicians and patients at-risk for suicide and connect them with the most appropriate care.

Webinar recording and resources

- Webinar resource list (PDF)
- American Foundation for Suicide Prevention (AFSP) resource list (PDF)

Speakers

Daniel Miller, MD

Chief of Graduate Medical Education and Behavioral Health Integration, Sun River Health

Dr. Miller is a practicing family physician and the chief of Graduate Medical Education and Behavioral Health Integration for Sun River Health, a New York State FQHC with 45 sites serving approximately 225,000 patients throughout New York’s Hudson Valley, Long Island and New York City.
Dr. Miller also serves on the Board of Directors of the National Association of Community Health Centers (NACHC) and is the co-Chair of its Committee on Service Integration for Behavioral Health & HIV as well as a co-Chair of the NACHC Board Task Force on Undoing Racism. He is an assistant professor of family medicine at New York Medical College.

Dr. Miller’s clinical interests have long centered on the interplay between our physical health and our emotional, social and spiritual lives. In addition to his training in family medicine, he has trained in body-centered approaches to psychotherapy and healing including Primary Emotional Energy Recovery (P.E.E.R.) and Internal Family Systems (IFS).

Christine Yu Moutier, MD

Chief medical officer, American Foundation for Suicide Prevention

Dr. Moutier serves as the chief medical officer for the American Foundation for Suicide Prevention and knows the impact of suicide firsthand. After her own lived experience and losing colleagues to suicide, she dedicated herself to fighting this leading cause of death. As CMO, Dr. Moutier champions a nationwide movement fueled by AFSP’s blend of science and grassroots. As the leading private funder of suicide research, AFSP looks to translate research into actions for families, communities, health professionals and policy makers. With a longstanding dedication to suicide loss survivors and those with lived experience and a nationwide chapter network, AFSP convenes a large, diverse community where the result is authenticity, healing, and hope.

Dr. Moutier has testified before Congress, presented at the White House, and provided Congressional briefings on suicide prevention. She co-anchored CNN’s Emmy Award winning Finding Hope suicide prevention town hall, serves as an expert nationally and abroad, and remains dedicated to the mission of saving lives and bringing hope to those affected by suicide.
Stephen O’Connor, PhD

Chief of the Suicide Prevention Research Program, National Institute of Mental Health

Dr. O’Connor is chief of the Suicide Prevention Research Program in the National Institute of Mental Health (NIMH) Division of Services and Intervention Research. Dr. O’Connor manages a portfolio of grants that includes projects on youth and adult-related suicide risk detection and interventions to reduce suicide ideation, attempts, and deaths. Prior to joining the NIMH, Dr. O’Connor conducted research focused on early intervention for suicide attempt survivors in trauma centers; group-based treatment for suicidal Veterans; a stepped, collaborative care approach to reduce posttraumatic stress, depression, substance use and suicide risk in hospitalized trauma patients; and other health services-oriented efforts to improve screening, assessment, and treatment of suicidal individuals in both traditional and non-traditional behavioral health settings.

Dr. O’Connor completed his doctoral training in clinical psychology at the Catholic University of America, as well as a postdoctoral fellowship at the University of Washington Harborview Injury Prevention and Research Center.

Scott Pasichow, MD, MPH
Assistant EMS medical director, Southern Illinois University

Dr. Pasichow is an emergency medicine and EMS physician at Southern Illinois University, and active voice for resident and physician well-being. He is currently a member of the Emergency Medicine Section Council within the AMA’s House of Delegates, and an Illinois State Medical Society representative to the Young Physician Section. Scott also serves as the American College of Emergency Physician’s Young Physician Counselor to ACEP’s Council. He has received grant funding to evaluate attitudes towards and usage of parental leave in Emergency Medicine residency, and is a strong advocate for parity and equality in leave use throughout the house of medicine.

Dr. Pasichow has also been vocal in fighting public and medical licensing board stigma surrounding mental health care treatment for physicians by sharing his own experience with anxiety, depression, and suicidality during residency. His story can be found in the ACEP Now magazine and on the AMA’s Moving Medicine Podcast and Medical Resident Series. You can find him on Twitter at @SPMD16 and Facebook at Scott.Pasichow.

Lisa K. Kearney, Phd, ABPP
Executive director, Veterans Crisis Line (VCL)

Office of Mental Health and Suicide Prevention (OMHSP)

Dr. Kearney oversees the Veterans Crisis Line, the largest national crisis line in the United States, and shares responsibility for the day-to-day operations of VA’s Suicide Prevention Program, implementation of VA’s National Strategy for Preventing Veteran Suicide (2018), implementation of the Department of Veterans Affairs and Department of Defense (VA/DoD) Clinical Practice Guideline for Assessment and Management of Patients at Risk for Suicide, and implementation of VA’s public health approach to suicide prevention.

Dr. Kearney recently served as the associate director of education at the VA Center for Integrated Healthcare. Previously, she worked nationally as part of the executive team in the VA Office of Mental Health Operations (OMHO) as the senior consultant for technical assistance, overseeing mental health policy implementation through quality improvement site visits across the VA system. At the local level, Dr. Kearney served as the chief of psychology, assistant chief, director of training, and director of primary care mental health integration at the South Texas Veterans Health Care System. Dr. Kearney is also a clinical associate professor of psychiatry at the University of Texas Health San Antonio. She is the incoming editor for *Psychological Services* and an editor for *Psychology of Men and Masculinity*. She currently serves as the past-president of the American Academy of Clinical Health Psychology. She is a graduate of the University of Texas at Austin with a PhD in counseling psychology and is board certified in clinical health psychology.