

AMA STEPS Forward® webinar series: Social Determinants of Health

Social Determinants of Health

Social determinants of health (SDOH) are the conditions in which people are born, grow, work, live and age—and these conditions can impact a wide range of health, functioning and quality-of-life outcomes.

This panel discussion webinar, part of the AMA STEPS Forward® series, discusses how to effectively address SDOH in your practice.

Speakers

Rachel Smith, MBA



Program manager, Social Determinants and Health Equity, Rush University Health System

Rachel Smith, MBA, is the program manager of Social Determinants and Health Equity in the Department of Social Work and Community Health at Rush University Medical Center in Chicago.

She is responsible for leading various social care-related initiatives to mitigate health equity disparities experienced by vulnerable communities on the West Side of Chicago.

Laura J. Zimmermann, MD, DipABLM, MS, FACP



Interim division chief, General Internal Medicine, Rush, University Health System

Laura J. Zimmermann, MD, DipABLM, MS, FACP, is a primary care internist and lifestyle medicine physician. She is an associate professor of preventive medicine and internal medicine and is a champion of team-based care and person-centered primary care. She currently serves as the interim division chief of General Internal Medicine at Rush University Medical Center in Chicago and the medical director of the Rush University Prevention Center, a multidisciplinary lifestyle medicine clinic integrating medical and behavioral care for lifestyle change to prevent and manage chronic illness.

Additionally, Dr. Zimmermann has leadership roles in multiple clinic trials, including Heart 2 Heart, a community-based participatory research trial partnering with churches to improve health on Chicago's West Side. She is also co-founder and chief medical officer of the Illinois Medical Professionals Action Collaborative Team (IMPACT), an organization leveraging social and other media to fight misinformation and advocate for science-based policy during the COVID-19 pandemic and beyond.

Robyn Golden, MA, LCSW, ACSW



Associate vice president of social work and community health, Rush University Health System

Robyn Golden serves as the associate vice president of Social Work and Community Health and chair of the Department of Social Work at Rush University Medical Center. She is co-director of Rush's Center for Excellence in Aging and the Center for Health and Social Care Integration. She serves as the principal investigator for Rush's Geriatric Workforce Enhancement Program (GWEP) and co-directs the Rush Center of Excellence for Behavioral Health Disparities in Aging. She leads Rush's Caregiver Initiative, which draws together evidence-based practices into a single framework to improve care for older adults and caregivers. Her faculty appointments are in nursing, medicine, psychiatry and health systems management.

For over 35 years, Ms. Golden has been actively involved in service provision, program development, interprofessional education, research and public policy aimed at developing innovative initiatives and systems integration to improve health and well-being. In 2003-04, she was the John Heinz Senate Fellow for Senator Hillary Rodham Clinton, and she is a Past Chair of the American Society on Aging. In 2017, she received the Gerontological Society of America's Maxwell A. Pollack Award for Productive Aging, and she recently served as a member of the *National Academies of Sciences, Engineering, and Medicine* (NASEM) committee studying the integration of social needs care into the delivery of health care. She is a fellow of the Gerontological Society of America and of the American Academy of Social Work and Social Welfare and is a *National Association of Social Workers* (NASW) Social Work Pioneer. Ms. Golden holds a master's degree from the University of Chicago and Bachelor's degree from Miami University.

Marie Brown, MD, MACP



AMA director practice redesign, American Medical Association

Marie Brown, MD, MACP, is an internal medicine specialist, director of practice redesign for the American Medical Association, professor in the Department of Internal Medicine at Rush Medical College, and past governor of the American College of Physicians (ACP). She has practiced as an internist for over 30 years at FQHCs, private practice and a large integrated center. Dr. Brown is a frequent guest lecturer at academic, national and international health care conferences. Her areas of expertise and publications include: adult immunizations, practice efficiency, joy in medicine, medication adherence and diabetes. Dr. Brown received her Bachelor of Science degree from the University of Dayton and her medical degree from Rush Medical College in Chicago.