AMA STEPS Forward® webinar series: Parenting as a physician

Parenting as a physician: It takes a lot of patience

Finding work-life balance during the COVID-19 pandemic has required parents to constantly recalibrate, shifting the demands of parenting to meet the needs of their employers. Burnout rates remain particularly high among physicians, and those who also take on the responsibilities of caring for their children face a unique set of challenges.

This panel discussion webinar, part of the AMA Steps Forward® series, provides tips on how to set limits, balancing family life as a physician, finding the time and best practices for managing family activities.

Speakers

- Angela Chaudhari, MD, Physician, Northwestern Medicine
- Kevin Hopkins, MD, West Region Primary Care Medical Director, Cleveland Clinic Community Care