Addressing adult suicidal ideation in the primary care setting

Building off of the Practical Strategies for Managing Suicidal Ideation & Reducing Risk BHI webinar, this Overcoming Obstacles webinar focuses on how primary care practices can address suicidal ideation within their adult patient population.

Hear from experts about pragmatic implementation strategies, including one practice’s key lessons learned from putting them into action.

Download the webinar slides (PDF).

Webinar recording

Speakers

Virna Little, PsyD, LCSW-r, SAP, CCM

COO & Co-founder of Concert Health
Dr. Little is currently the chief operating officer and co-founder of Concert Health, a national organization providing behavioral health services to primary care providers and the co-founder of Zero Overdose, a not for profit addressing the national crisis of unintentional overdoses. Prior, Dr. Little worked for 22 years as a senior vice president for a large FQHC network in New York overseeing over 300 behavioral health and community staff and worked for New York City Health and Hospitals as a citywide family violence coordinator. She has a doctoral degree in psychology, a master's in social work, a master's in business administration and healthcare, is a Certified Care Manager (CCM) and a recognized Substance Abuse Professional (SAP).

Dr. Little is a nationally and internationally known speaker for her work in integrating primary care and behavioral health, developing sustainable integrated delivery systems and suicide prevention.

Daniel Miller, MD

Chief of GME & Behavioral Health Integration, Sun River Health

Dr. Miller is a practicing family physician and the chief of Graduate Medical Education and Behavioral Health Integration for Sun River Health, a New York State FQHC with 45 sites serving approximately 225,000 patients throughout New York’s Hudson Valley, Long Island and New York City.

Dr. Miller also serves on the Board of Directors of the National Association of Community Health Centers (NACHC) and is the co-Chair of its Committee on Service Integration for Behavioral Health & HIV as well as a co-Chair of the NACHC Board Task Force on Undoing Racism. He is an assistant professor of family medicine at New York Medical College.

Dr. Miller’s clinical interests have long centered on the interplay between our physical health and our emotional, social and spiritual lives. In addition to his training in family medicine, he has trained in body-centered approaches to psychotherapy and healing including Primary Emotional Energy.

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Recovery (P.E.E.R.) and Internal Family Systems (IFS).

Allison Dubois, MPH

Executive VP & COO, Sun River Health

As executive vice president and chief operating officer, Ms. Dubois is responsible for all Sun River Health operations, capital improvement projects and real estate, facility management and security, dental operations, program and grants management, behavioral health for Articles 31s and Article 28s/OASAS, and organizational compliance. In Ms. Dubois’ 20+ history with Sun River Health, she has supported the organization’s expansion in geography and comprehensive service delivery to meet the needs of diverse communities and special populations.

As the former director of government affairs and special projects for the Community Health Care Association of New York State and through her master’s degree of public health from Columbia University, Ms. Dubois has broad experience in advocacy and policymaking on behalf of community health centers.

988 Suicide & Crisis Lifeline

With an increased number of people reporting worsening mental health in recent years, it is imperative that people are aware of the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) telephone program.

People experiencing a suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress can call, chat or text 988, and speak to trained crisis counselors. The national hotline is available 24 hours a day, 7 days a week.

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The previous National Suicide Prevention Lifeline phone number (1-800-273-8255) will continue to be operational and route calls to 988 indefinitely.