

## Thriving in residency

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Turn to the AMA for timely guidance on making the most of medical residency. Get resources and advice about navigating the fast-paced demands of training, getting scientific research published, maintaining health and well-being and handling medical school student loan debt.

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## Maintaining health and well-being

Improving the well-being of today's resident physicians is essential to the future of medicine. We offer guidance and resources to support wellness throughout your residency training.

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# AMA RESEARCH

# CHALLENGE

**\$10,000** GRAND PRIZE



Grand prize sponsor



## Presenting scientific research

Presenting research at any stage of your career is vital to a physician's development. The AMA Research Challenge is the largest national, multi-specialty research event for medical students, residents and fellows, and international medical graduates to showcase and present research.

Five finalists will present their research on Dec. 7, 2022, for a chance to win \$10,000. Tune in on the AMA's YouTube channel to watch the presentations.

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## Establishing financial health

Residency is just the beginning. The salary you earn as a resident is a fraction of what your salary will be down the road. Still, your loans are due. Get advice on how to handle medical school student loan debt, manage personal finances and start your medical career on strong financial footing.

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## AMA supports you each step of the way

AMA is your ally on the journey to medical school, residency and beyond.