2023 Annual Meeting education sessions

The education sessions for the 2023 Annual Meeting will take place June 8, 9, 11 and 12. Join your colleagues in person for programming on the topics that matter most to you. All times are Central. On demand sessions are also being provided.

CME sessions

AMA PRA Category 0.50 Credit(s)™ session

- Loneliness and Social Isolation: A New Social Driver of Health in Older Adults? (June 9)

AMA PRA Category 0.75 Credit(s)™ session

- Fireside Chat: The Present and Future of LGBTQ Leadership in Medicine (June 11)
- Fireside Chat: Truth & Reconciliation in Medicine (June 11)

AMA PRA Category 1 Credit(s)™ sessions

- A Playbook for Saving Time (June 12)
- Addressing Root Causes of Medical Educator Well-Being (June 12)
- Boost Your Private Practice: Branding and Marketing Strategies for Growth (June 9)
- Developing Successful Models of Care for Value-Based Care (June 9)
- Dignity, Death, and Patient Care (June 9)
- Empowering Patients as Advocates (June 9)
- Myths of Leadership: Breaking Through Barriers (June 12)
- Physician Transition Strategies (June 9)
- Protecting Our Healers: Risk Management Strategies (June 9)

AMA PRA Category 1.25 Credit(s)™ sessions

- Rise to Health Coalition Panel Discussion at the AMA House of Delegates (June 11)
AMA PRA Category 1.50 Credit(s)™ sessions

- Career Threats in an RVU-Driven World (June 9)
- Health Systems in the Next Decade: What Lies Ahead? (June 9)
- The Future of Patient-Physician Relationships (June 12)
- Training Physicians in the Art of the Public Forum (June 12)

AMA PRA Category 2.00 Credit(s)™ session

- AMA Litigation Center Open Meeting (June 12)

See the specific session listed on this page for the accreditation, designation, disclosure, MOC statements and instructions on how to claim credit.

To claim CME visit the AMA Ed Hub™. Deadline to claim credit is July 31, 2023, 11:59 p.m. Central.

Thursday, June 8

9:30–10:15 a.m.

Merits & Implementation of Competency-Based Medical Training

Medical schools have some latitude to implement different student progress models. Some programs utilize longitudinal clerkship models, others have Pass/Fail vs. tiered grading, and few are moving towards a competency-based approach. For medical students from different knowledge, clinical, and personal backgrounds, competency-based medical education may better meet our trainees’ educational needs.

Panelists/Speakers

- Louito Edje, MD, MSCR
- Kelly Caverzagie, MD

9:30–10:15 a.m.

Interactive Exposure to Manual Vacuum Aspiration Technique
Manual Vacuum Aspiration is a safe and effective procedure with numerous indications including early abortion, miscarriage management, treatment of failed medical abortion, and endometrial biopsy. This program will consist of a short didactic session about first trimester procedural abortion, followed by hands on exposure to the manual aspiration technique using real equipment and a papaya as a model for the uterus.

Panelist/Speaker

- Erin Fleurant, MD

3–3:45 p.m.

**Behind Bars: Exploring the World of Correctional Medicine**

In undergraduate medical education, students seldom have the chance to engage with and learn how to care for justice-involved individuals. Students attending this session will learn about correctional medicine from leaders in the field, and become better equipped to provide quality care and advocate for this population.

Panelist/Speaker

- Charles Lee, MD, JD, MBA

3-3:45 p.m.

**Experiencing Health Care with a Disability: Lived Experiences & Lessons Learned**

Our objective is to increase awareness of the health care experiences of individuals with disabilities. Speakers have varied backgrounds and include medical students, residents, physicians, and patients with disabilities. We will cover providing patient care with a disability, accessibility in clinical practice, and receiving care as an individual with a disability.

Panelists/Speakers

- Taylor Hill, MD
- Courtney Franz

**Friday, June 9**
8– 9 a.m.

Off the Beaten Path—The Inside Scoop on Federal Health Agency Careers

Designed for students, residents and fellows, this program unveils a career in federal health agencies. Panelists include civilians and Public Health Service officers with experience in the Indian Health Service, CDC, FDA, NIH, CMS, OSHA, & military medicine. Each veered from the traditional career paths and instead, chose to serve the public. Remembering the decisions they faced as medical trainees, they are ready to provide the behind-the-scenes tour to these careers.

Panelists/Speakers

- Kristie Clarke, MD, MSCR
- Jane Baumbatt, MD
- Jay Kennard, MD, MPH, MBA
- Andrew Karasick, MD, MBA, MPH

8– 9 a.m.

Private Practice—Physician Wellness, Independence & Patient Advocacy

This program offers a comprehensive look into the world of private practice. Students will learn about the advantages and challenges of running their own practice, and discover some of the biggest reasons why physicians take the plunge. They will also explore how the business side of medicine can easily be learned and overcome, which is a small price for the unique opportunity to take back control and provide personalized care to your patients.

Panelist/Speaker

- Daniel Choi, MD

8:30–10 a.m.

Health Systems in the Next Decade: What Lies Ahead?

The COVID pandemic accelerated change in health care delivery that would have seemed impossible three years ago. Looking to the future, what other changes can we expect? Join Michael Strilesky, a health care consultant from Sg2, as he shares his vision of how health care will evolve over the next decade including the impact that new entrants and disruptors will have on traditional health care providers. Panelists will offer their perspectives on Sg2's vision, followed by a robust Q&A session.
Panelists/Speakers

- Michael Strilesky, senior principal, Sg2 Consultancy
- Scott Hayworth, MD, senior vice president and chief physician liaison officer, Optum
- Grace Terrell, MD, chief product officer, IKS Health
- Narayana Murali, MD, system chief medical officer, Medicine Services, Geisinger Health

An on-demand recording will be available post event.

9:15–10:15 a.m.

Physician Transition Strategies

Physicians face numerous considerations when planning for career changes such as transitioning a private practice, expanding their current practice or finding a practice that is a good fit. In this session, Asa Lockhart, MD, will share practical tips and strategies to help you shift the way you practice and successfully navigate career transitions.

Panelist/ Speaker

- Asa Lockhart, MD

10:15–11:15 a.m.

Developing Successful Models of Care for Value-Based Care

The proliferation of value-based health care is changing the way physicians and hospitals provide care. The underlying principle of “value-based care” is simple—managing to lower cost of care for a population of patients, while striving to improve outcomes. But what does value-based care look like in practice in the real-world of patient care? The Integrated Physician Practices Section (IPPS) is partnering with AMA’s Insight Network to present a discussion focusing on how physician leaders are developing care models to make value-based care a reality in their systems.

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An on-demand recording will be available post event.
Panelists/Speakers

- Sidney "Beau" Raymond, MD, CMO, Ochsner Health Network
- Luis Garcia, MD, president, Sanford Health Clinical Division
- Adnan Munkarah, MD, president, Care Delivery System and chief clinical officer, Henry Ford Health

10:20–11:50 a.m.

Career Threats in an RVU-Driven World

Join the AMA Academic Physicians Section for a session on the challenges faced by physicians at various stages of their careers due to the overemphasis placed by employers on the production of clinical relative value units (RVUs). This issue affects early, mid, and late-career physicians, but senior physicians are particularly vulnerable to institutional cost-cutting efforts. Their administrative roles, teaching and research may be undervalued and less remunerative compared to RVU production, which is favored by C-suite leadership who prioritize bottom-line thinking. Although tenured positions may offer some protection, other options such as due process, binding arbitration and collective bargaining may be more relevant to safeguarding employment status.

- CME and claim credit information (PDF)
- CME activity page

Panelists/Speakers

- Dan Bowling
- Stuart Greenstein, MD
- Gary Gaddis, MD
- Richard Levenstein
- Diomedes Tsitouras

11 a.m.–Noon

Protecting Our Healers: Risk Management Strategies

Intimidation, threats and attacks against physicians and others in health care settings have become more prevalent in recent years. While many practices, hospitals and health systems are taking measures to better protect the physical environment, there are also steps physicians can take to better protect themselves. Join legal and law enforcement experts from Operational Solutions, LLC to discuss violence in medicine and strategies physicians and medical staff can use to protect themselves against violence.

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Panelist/Speaker

- John Mack

11 a.m.–Noon

Boost Your Private Practice: Branding and Marketing Strategies for Growth

In this session, private practice physicians will explore how to improve their marketing and branding strategies to stand out in a competitive market and grow their practice. Physicians will gain valuable insights into effective marketing techniques, identify key messages, and discuss applications across media and communications channels.

- CME and claim credit information (PDF)
- CME activity page

Panelists/Speakers

- Rob Rosenberg
- Donna Arbogast

An on-demand recording will be available post event.

Noon–1:15 p.m.

Money Talks: How Your PAC Donations Influence the Political Process

Political involvement is inherent in the practice of medicine and advocacy is a central tenant of physician leadership. Involvement in Political Action Committees (PACs) is one form of advocacy in which physicians can be active. However, much confusion surrounds how PACs operate and what the role of PACs is in the political process. This session will further explore the complexities of PACs and how physicians can impact the political and policy process through PACs.

Panelists/Speakers

- Manuel Bonilla
- Daniel Swartzman
- David Roberts
1:30– 2:30 p.m.

Empowering Patients as Advocates

As many organizations focus on amplifying the voices of patients to advocate for better access to affordable, equitable, quality care, there is also a need to empower patients as advocates for effective, sustainable care systems. A cardinal charge of physicians is to oversee safety in patient care. In this session, Matthew Gold, MD, will lead a discussion on the importance of empowering patients to advocate for maintaining and improving health care systems. After a brief overview, physicians will participate in small-group discussions to review and suggest state-level recommendations on various topics, including safety, related to that advocacy and discuss ethical strategies for empowering patients during visits and in other venues.

- CME and claim credit information (PDF)
- CME activity page

Panelist/Speaker

- Matthew Gold, MD

2– 3 p.m.

Future of Diversity in Medical Education

The first set of panelists will discuss the implications of the pending decision of the U.S. Supreme Court on race-consciousness in medical school admissions. The second set of panelists will discuss pathways and other-ways to improve recruitment and retention efforts to improve diversity among BIPOC professionals in healthcare careers.

Panelists/Speakers

- Elizabeth “Liz” Valencia, MD, JD
- David Henderson, MD
- Joaquin Baca, MSPH
- Lamenta Conway, MD, MPH
- Alec Calec, MD/PhD candidate

2–4 p.m.

Providing Gender Affirming Care
A diverse group of experts from various disciplines will present on the history of gender affirming care in medicine to the latest evidenced-based research and best-care practices for providing gender affirming care.

Panelists/Speakers

- Diane Chen, PhD
- Sumanas Jordan, MD, PhD
- Tiffany Karas, MD
- Kathleen Bock, MD
- Magda Houlberg, MD
- Becca Sebree

2:15–3 p.m.

Beyond the Bedside—Exploring Non-Clinical Career Paths for Physicians

This educational program exposes medical students to non-clinical career opportunities for physicians, such as executive positions, hospital administration, and entrepreneurial pursuits. It aims to broaden students’ perspectives on career paths within the health care industry and emphasize the value of leadership and business skills in addition to medical knowledge.

Panelist/Speaker

- Murad Alqadi, MD

2:30–3 p.m.

Loneliness and Social Isolation: A New Social Driver of Health in Older Adults?

The COVID-19 pandemic and subsequent social distancing measures have significantly impacted the well-being of older adults. While loneliness and social isolation are different phenomena, an increased incidence of psychological, cognitive, and physical health issues (including cardiovascular morbidities) and lower perceived well-being or quality of life (NIH) highlights the need to address this issue. In this session, participants will explore how to identify the challenges faced by individuals affected by loneliness and isolation, discuss interventions aimed at addressing or preventing these issues and review the revised UCLA Loneliness Scale.

- CME and claim credit information (PDF)
- CME activity page

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Panelist/Speaker

- Peter A. Hollmann, MD, chief medical officer, Brown Medicine and member of the Division of Geriatrics (current SPS liaison from Rhode Island)

3–4 p.m.

Reimagining How Mental Health, Wellness, and Burnout are Addressed Among Medical Students and Trainees

Mental health has been recognized as a crisis by the AMA House of Delegates and its importance was highlighted as one of the pillars of the AMA Physician Recovery Plan to reduce physician burnout. According to the AMA Council on Medical Education at the Annual 2019 meeting, medical students are three times likelier to die of suicide than their counterparts in the general population.

In this session, AMA leaders will share personal experiences navigating undergraduate and graduate medical education and discuss new ways through which we should approach the solution to the mental health crisis faced by those who are the future of medicine.

Panelists/Speakers

- Elizabeth “Liz” Valencia, MD, JD
- Joshua Carrasco, MD
- Michael Tutty, PhD
- Lydia Wheeler, MD/PhD candidate
- Joshua Anthony, MD, MBA
- Dionne Hart, MD

3:15–4 p.m.

ACCME Update

Participants will learn about updates from the ACCME May meeting and how to leverage the changes within accredited education.

Panelist/Speaker

- Graham McMahon, MD, CEO, Accreditation Council for Continuing Medical Education

4–5 p.m.
Dignity, Death, and Patient Care

Medical ethicists have long argued for a patient-centered approach to health care. Hospice and palliative care professionals have played a leading role in this movement advocating for collaborative, coordinated, and accessible care for those at the end of their lives, with a focus on respecting the dignity of dying patients. In this session, we will explore whether “medical aid in dying” (i.e., euthanasia and assisted suicide) are consistent with the goal of providing patient-centered care that upholds the dignity of the patient at the end of life.

- CME and claim credit information (PDF)
- CME activity page

Panelists/Speakers

- Daniel P. Sulmasy, MD, PhD, director, senior research scholar
- André Hellegers, professor of biomedical ethics, The Kennedy Institute of Ethics, Georgetown University

An on-demand recording will be available post event.

4–5:30 p.m.

Town hall: Finding Common Ground in Conversations on Health Equity, Race & Medicine

The upcoming Supreme Court decisions on affirmative action and race/ethnicity as a factor in admissions is one example of among several legal changes under consideration at state and federal levels that are expected to increase already-high levels of polarization.

The AMA Minority Affairs Section will hold a town hall meeting during the 2023 Annual Meeting to seek common ground on controversial, polarizing issues involving race in medicine and public health. The town hall will include a moderated panel featuring AMA physician leaders followed by a small group exercise among audience members. The goal is to draw upon the strengths and creativity of medical students, residents, and physicians to identify ways to mitigate polarization across various controversial topics that strongly impact the future of our American health care system.

Session 1: Panel discussion (60 mins)

Moderator

- Daniel Dawes, JD, senior vice president, Global Health Equity & executive director, Institute for Global Health Equity, Meharry Medical College; author, The Political Determinants of
Health

Panelists

- Willie Underwood, III, MD, MSc, MPH, chair-elect, AMA Board of Trustees
- Daniel “Stormy” Johnson, MD, former speaker, AMA House of Delegates & past AMA president

Session 2: Interactive groups, Q&A (30 mins.)

Moderator

- Siobhan Wescott, MD MPH, MAS chair; Dr. Susan and Suzette La Flesche Professor of American Indian Health; director, University of Nebraska Medical Center, College of Public Health

Sunday, June 11

1-2:15 p.m.

Rise to Health Coalition Panel Discussion at the AMA House of Delegates

The Rise to Health Coalition is bringing together individual leaders and organizations representing key audiences (i.e., “pillars”) that are currently leading health equity and justice work. The Rise to Health Coalition seeks to collectively identify shared solutions, common frameworks and practices for spread with the broader health care ecosystem for further mobilization and coordinated action.

As part of the Equity Forum, this discussion will support the launching of the Rise to Health Coalition and will focus on how the coalition supports the role of organized medicine in advancing equity.

- CME and claim credit information (PDF)
- CME activity page

2:20-3:05 p.m.

Fireside Chat: The Present and Future of LGBTQ Leadership in Medicine

This fireside chat, the first of two, focuses on advancing health equity through organized medicine and leadership-facilitated conversations. Through anecdotes, panelists will discuss barriers and strategies
to accessing health care and achieving optimal health among LGBTQ communities, and define the role that leaders within organized medicine can take to mitigate these barriers and promote LGBTQ health.

- CME and claim credit information (PDF)
- CME activity page

3:10-3:55 p.m.

Fireside Chat: Truth & Reconciliation in Medicine

This fireside chat, the second of two, focuses on advancing health equity through organized medicine and leadership-facilitated conversations. Through research and narratives, panelists will present the legacy of Anarcha, “mother of gynecology,” and discuss strategies to center the truth and reconcile with the past to move toward health equity.

- CME and claim credit information (PDF)
- CME activity page

Monday, June 12

8– 9 a.m.

Advances in Obesity Care

Our AMA recognized obesity as a treatable disease in 2013. In spite of this recognition, obesity rates have continued to climb and it is estimated that today, 42% of Americans are living with obesity. The AMA Board is taking action researching the landscape to develop strategies to improve health outcomes for those affected by obesity.

In this session, attendees will develop an understanding of why obesity is a disease, and how to make a real difference improving overall health beyond just losing weight. In addition, we will take a careful look at weight bias and stigma, and recognize why less than 2% of Americans living with obesity receive evidence-based treatment. Finally, we will review the most current treatment options.

8–9:30 a.m.

The Future of Patient-Physician Relationships
The context in which medicine is practiced has changed significantly in the past half century with the advent of managed care, the trend away from private practice, growing emphasis on delivering services through teams of professionals, and increasing reliance on electronic medical records and rapid evolution of AI-enabled practice. At the same time, the profession is increasingly subjected to politicized efforts to dictate the decisions patients and physicians can make.

Within this volatile environment, the Council on Ethical and Judicial Affairs (CEJA) finds itself compelled to examine afresh the identities and fundamental commitments of physicians and their profession. This educational session is designed to inform CEJA’s deliberations as it explores the nature of patient-physician relationships now and into the future.

- CME and claim credit information (PDF)
- CME activity page

8:30–9:30 a.m.

A Playbook for Saving Time

The playbook discussed in this session is part of the AMA STEPS Forward® practice innovation program. Each playbook curates the best content AMA STEPS Forward has to offer—toolkits, videos, podcasts and ready-to-use tools, templates, and resources—into practical, actionable strategies and tactics to help you create positive change in your practice today.

- CME and claim credit information (PDF)
- CME activity page

9–10:30 a.m.

Mass Casualty Events: Active Shooter Scenes, Triage and Acute Care and Their Aftermath

This session will incorporate varying perspectives on mass casualty events such as active shooter incidents in the immediate setting, the initial hospital setting, and afterwards. The session will explore lessons learned and best practices for how to deal with an ongoing event, the initial triage and care, and dealing with the aftermath.

The learner will be prepared for emergency responses to incidents after this educational session. The learner will become knowledgeable in how to best respond and manage medical priorities to active shooter incidents.

9:15–10:15 a.m.

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Statewide Physician Engagement to Prevent Diabetes

Today, 28.5 million U.S. adults have diagnosed type 2 diabetes, and 96 million U.S. adults have prediabetes. In this session, a panel will discuss the drivers of diabetes disparities, the influence of bias in treatment recommendations, and will also feature the innovative collaboration between the North Carolina Medical Society Foundation and AMA Improving Health Outcomes to increase awareness of and engagement in diabetes prevention by primary care physicians in the state.

Through a multi-pronged approach that leveraged the voices of six local physician champions as the centerpiece, a steady increase in referral rates and enrollments into the Centers for Disease Control and Prevention National Diabetes Prevention Program lifestyle change program was realized. Session attendees will hear about the frameworks used and key activities supporting physician engagement, partnership development, and clinical-community referral solutions that could be applied to other prevention initiatives.

9:30–10:30 a.m.

Understanding and Amplifying the AMA Recovery Plan for America’s Physicians

Get a backstage glimpse and learn from the industry experts during this exclusive educational session.

Panelists

- Todd Unger, AMA chief experience officer
- Michaela Sternstein, AMA vice president of the State Advocacy Resource Center
- Michael Tutty, AMA group vice president of Professional Satisfaction & Practice Sustainability
- Anastasia Dextra, AMA lead social media specialist

9:45–11:45 a.m.

AMA Litigation Center Open Meeting

In this session of the AMA Litigation Center open meeting, speakers will discuss the following two principal lawsuits of general interest to physicians which the AMA has been heavily involved in: (1) In re Caitlin Bernard and (2) Braidwood Management v. Becerra. Other speakers will discuss, in less detail, other cases in which the AMA has been involved. The audience will have an opportunity for questions and feedback.

- CME and claim credit information (PDF)

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10:30–11:30 a.m.

Addressing Root Causes of Medical Educator Well-Being

While much attention has been devoted to the well-being of physicians, residents and medical students, the well-being of medical educators has been largely ignored. This session, presented by the lead editors of Educator Well-Being in Academic Medicine which was published by the AMA December 2022, will outline the systemic and cultural factors that impact educator well-being, inclusive of allopathic and osteopathic institutions and across the undergraduate and graduate medical education continuum. Prioritizing the well-being of educators will drive the future of medicine by reimagining medical education and training so that educators feel valued and the educational mission is uplifted and sustained. This, in turn, will help ensure the development of a healthy, diverse and inclusive physician workforce. This session will offer recommendations and guidance that aim to heal U.S. medical education at the systems level.

10:30 a.m. - Noon

Training Physicians in the Art of the Public Forum

The purpose of this session is to help physicians from all backgrounds and specialties become better advocates for themselves and their patients; push back on the rampant spread of medical misinformation; and prepare for public speaking opportunities and interviews with local media. Following this course, attendees will have the opportunity to become AMA Ambassadors and further their learning around public engagement.

11:00 a.m.–12:30 p.m.

Myths of Leadership: Breaking Through Barriers

As company cultures evolve and more emphasis is placed on diversity and inclusiveness, it’s becoming increasingly clear that not everyone fits neatly into a predefined category of leadership. This activity addresses and dispels commonly accepted myths about leadership and discusses solutions to
the barriers that prevent people from attaining leadership positions.

- CME and claim credit information (PDF)
- CME activity page

On-demand sessions

On-demand sessions will be posted as they become available. Access as your schedule permits.

Annual meeting overview

Visit the 2023 Annual Meeting of the HOD site for more information about the HOD meeting.

Visit the 2023 Annual Meeting of the Sections site for more information on the section meetings.