Far too many American physicians experience burnout. The AMA develops resources that prioritize well-being and highlight workflow changes so physicians can focus on what matters—patient care.

Learn more about burnout—and how to improve resiliency

AMA STEPS Forward® Modules

Learn proven approaches to streamline workflows, boost patient satisfaction and reduce stress.

Explore the series.

AMA Moving Medicine podcasts

Listen to real-world stories and get physician wellness advice from health care experts.
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