Candidate for election at 2022 Annual Meeting: Sheila Rege, MD

Elections will be held at the Annual Meeting of the House of Delegates on June 14, 2022.

Officers and four councils are elected by the American Medical Association House of Delegates (HOD) at the Annual Meeting. The elections are by secret ballot and are conducted under the supervision of the Committee on Rules and Credentials and the chief teller, who are appointed by the speaker and vice speaker, who are responsible for overall administration of the elections.

Sheila Rege, MD

Candidate for Council on Medical Service

Term

2022-2026


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Meet Sheila Rege, MD

Sheila Rege emigrated to the U.S. from India as a teenager with just $29 to her name. Despite many personal struggles as an immigrant, by age 19 she had graduated from UC–Berkeley and started medical school at UCLA. A board-certified radiation oncologist, Sheila was director of research at LSU Shreveport Department of Radiology. She entered private practice as an employed physician and chair of the Kadlec Hospital cancer program. Sheila is currently the managing partner of a small group practice in Southeastern Washington. She is an associate professor at the WSU School of Medicine.

Sheila thinks creatively and works collaboratively to ensure that physicians continue to find joy in medicine. With work experience in different practice settings (academic, private practice, hospital-based) she brings relevant skills and experience to the Council on Medical Service discussions as the house of medicine tackles many challenges in health care today.

“Sheila is an experienced leader in organized medicine. She is hard-working, well-respected and motivated to do the right thing for our AMA.”

—Al Ray, MD, Family Medicine, Delegate, California Medical Association

Learn more about Sheila at sheilaregemd.com or email her at sheilaregemd@gmail.com.

Passionate patient advocate


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Proven consensus-builder

Sheila is a fierce physician advocate during Council on Medical Service discussions to help reduce regulatory burdens for physicians. In council discussions, she brings her perspectives from prior work with the CMS Innovation Center and AMA RUC/CPT committees on physician-led payment models. Through knowledge of this system, Dr. Rege understands the importance of fair payments to both primary care and specialists.

The Washington State Health Care Authority director appointed Sheila as chair of the Washington State Health Technology Committee to help solve Medicaid patient issues.

“I am proud to support Dr. Rege’s re-election to the Council on Medical Service. She is a tenacious and courageous advocate who always takes the time to listen and learn about the important issues before the Council. She is also a meticulous deliberator on the wide range of policies analyzed by the Council.”

—Sarah Mae Smith, MSS, past member of the AMA board and Council on Medical Service

“Sheila is approachable and always works to enhance communications between members of the HOD and the Council.”

—Russell Libby, MD, FAAP, pediatrician

“Sheila spends the time getting to know the issues and is always willing to help.”

—Shilpen Patel, MD, radiation oncology and former YPS chair

Informed vision for the Council on Medical Service
Solid support within the House of Delegates

Dr. Rege has been nominated by the Washington State Medical Association and is enthusiastically endorsed by:

- PacWest Conference
- Radiology Section Council (RSC)
- American Society of Anesthesiologists (ASA)
- American College of Radiology (ACR)
- American College of Radiation Oncology (ACRO)
- Cancer Caucus
- American Association of Physicians of Indian Origin (AAPI)
- International Medical Graduates Section (IMG)
- Academic Physicians Section (APS)
- Young Physicians Section (YPS)

Re-elect Sheila Rege to the Council on Medical Service—her background and experience serving on the Council on Medical Service make her an outstanding candidate for re-election.

“Sheila is committed to continuing her work within the AMA Council on Medical Service to reduce burdens within healthcare and ensure physician representation on issues pertaining to our practice.”

—Ray Hsiao, MD, psychiatry, Washington State Medical Association Past President

Statement from Sheila

Physicians need to be the trusted voice within our hospitals, our communities, with regulators and with our patients. Your Council on Medical Service has worked tenaciously to advocate for health equity and solutions for the challenges we all face. I am passionate about contributing to deliberations with my colleagues from different states and specialties about issues facing us during a time of rapid change and pandemic-related stressors. I ask for your support for a second term so that I can bring your voice to the Council to make life better for physicians.

Requesting your vote for a second term


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Additional resources

- Visit the AMA elections page for information on other candidates running for office.
- Find up to date information for the June Annual Meeting of the HOD.