Physician Peer Support: An Organization's Secret Weapon to Combat Physician Burnout

Speaker: Angela Chaudhari, MD
Chief of Gynecology and Gynecologic Surgery,
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On Dec. 9, 2021, the AMA held a webinar in the AMA STEPS Forward™ series: “Physician Peer Support: An Organization's Secret Weapon to Combat Physician Burnout.”

Angela Chaudhari, MD, a practicing obstetrician-gynecologist and one of the original Scholars of Wellness (SOW) fellows at Northwestern Medicine, recognized the need to combat distress and burnout related to adverse events experienced by colleagues in her department.

For her SOW project, she created a pilot peer support program for the OB-GYN department that was eventually scaled up and implemented hospital-wide for all attending physicians.

Webinar recording

Speaker bio

Angela Chaudhari, MD, is an associate professor in the Department of Obstetrics and Gynecology at Northwestern University Feinberg School of Medicine. She currently serves as the chief of gynecology and gynecologic surgery at Northwestern Memorial Hospital managing gynecologic quality, safety and operations. She also serves as the director of the P2P Network, a physician peer support program helping support physicians through adverse events, distressful patient situations and physician burnout at Northwestern Medicine.

She received her medical doctorate from Northeastern Ohio Universities in 2000 and completed her obstetrics and gynecology training at Washington University in St Louis in 2004. She then completed a fellowship in minimally invasive gynecologic surgery at Florida Hospital, Celebration in 2005. She also completed additional training in organizational change and leadership coaching at Northwestern’s University School of Education and Social Policy in 2020.

Her clinical work focuses on minimally invasive gynecologic surgery with special interests in uterine fibroids, endometriosis and transgender health care. Her research additionally focuses on physician wellness and burnout, surgical coaching and education, simulation education and leadership skills development in the health care space.

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