CPT® code 90834: Psychotherapy, 45 minutes

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As the authority on the CPT® code set, the AMA is providing the top-searched codes to help remove obstacles and burdens that interfere with patient care. These codes, among the rest of the CPT code set, are clinically valid and updated on a regular basis to accurately reflect current clinical practice and innovation in medicine.

Overview

The clinical examples and their procedural descriptions, which reflect typical clinical situations found in the health care setting, are included in this text with many of the codes to provide practical situations for which the codes would be appropriately reported. It is important to note that these examples do not suggest limiting the use of a code instead, they are meant to represent the typical patient and service or procedure. In addition, they do not describe the universe of patients for whom the service or procedure would be appropriate.

Typical patient description

Psychotherapy for an adult suffering from co-morbid medical conditions, depression, and agitation of two months duration which resulted in loss of job after several emotional outbursts at work. Patient is anxious about loss of income and inability to find another job.

Care components

Psychotherapy, 45 minutes with patient.

About the CPT code set

Medical knowledge and science are constantly advancing, so the CPT Editorial Panel manages an extensive process to make sure the CPT code set advances with it. The Panel obtains broad input from practicing physicians and the health care community to ensure that the CPT code set reflects the coding demands of digital health, precision medicine, augmented intelligence and other aspects of a modern health care system. This rigorous process keeps the CPT code set current with contemporary medical science and technology, so it can fulfill its vital role as the language of medicine today and the code to its future.

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