Compendium of behavioral health integration resources for physician practices

Behavioral Health Integration (BHI) Compendium

The BHI Compendium serves as a tool to learn about integrating behavioral health care, which includes mental health and substance use disorders care, and how to make it effective for your practice and patients.

The Compendium will provide a helpful framework to help guide practices through the initial steps and considerations of delivering integrated behavioral care.

This collection provides a high-level overview of each part of the Compendium and its chapters, along with a download of the full Compendium.

- Part 1: Compendium basics
- Part 2: BHI basics and background
- Part 3: Getting started
- Part 4: Implementation

Complementary practice guides for patients' behavioral and mental health care

The AMA’s behavioral health how-to guides provide physician practices and health systems with more detailed actionable, evidence-based strategies for pharmacological treatment, substance use disorder, suicide prevention and workflow design. While the Compendium will guide practices through the comprehensive, overarching steps for BHI, these guides focus on key, specific areas of need.

Overcoming Obstacles webinar series
Learn how the various aspects covered in the BHI Compendium can work in real-world practice settings with the BHI Collaborative's educational webinar series. This series enables physicians to incorporate behavioral health care into their practices during COVID-19 and beyond.

Share your story

AMA welcomes shared stories about implementing behavioral health integration in your practice, and asks for input on what information should be featured in future iterations of the Compendium by emailing Practice.Sustainability@ama-assn.org.

Additional AMA resources

Learn more about how to effectively integrate behavioral health into physician practice and other private practice-related information.

988 Suicide & Crisis Lifeline

With an increased number of people reporting worsening mental health in recent years, it is imperative that people are aware of the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) telephone program.

People experiencing a suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress can call, chat or text 988, and speak to trained crisis counselors. The national hotline is available 24 hours a day, 7 days a week.

The previous National Suicide Prevention Lifeline phone number (1-800-273-8255) will continue to be operational and route calls to 988 indefinitely.