Practical strategies for managing suicidal ideation and reducing risk

On Sept. 23, 2021, the BHI Collaborative held the latest webinar in the Overcoming Obstacles BHI webinar series: "Practical strategies for managing suicidal ideation and reducing risk."

About the event

In this pre-recorded Overcoming Obstacles webinar, suicide experts will share current data on pediatric and adult suicidal ideation, the importance of screening early and often, and the connection between child mental health and mental health as an adult. A practicing pediatrician will also highlight how they have implemented suicide screening and prevention efforts into their care setting, with tips on how to use the risk assessment, what to do after a positive screen and key strategies to implement in physician practices.

Webinar materials

- Resource list: Managing Suicidal Ideation (PDF)
- Slide deck: Practical Strategies for Managing Suicide (PDF)

Speakers

Cori Green, MD, MS, FAAP

Director, Behavioral Health Education and Integration, Weill Cornell Medicine
Cori Green, MD, MS, FAAP, is a national expert on integrating mental health into pediatric care and specifically, on training pediatric clinicians and trainees to prevent, assess and manage mental health problems in their practice. She is the director of Behavioral Health Education and Integration in pediatrics and an associate professor of clinical pediatrics at New York Presbyterian/Weill Cornell Medicine.

Dr. Green received a Bachelor of Science at the University of Michigan. She received her medical degree from Rush University Medical College in Chicago, Illinois, where she also completed her residency. Following residency, Dr. Green obtained a master’s degree in clinical investigation during a fellowship in General Academic Pediatrics at the New York University School of Medicine and a certificate of medical education at Montefiore Medical Center.

She is a member of the American Academy of Pediatrics' Mental Health Leadership Work Group and has helped to create several resources with the AAP including a residency curriculum, the mental health toolkit, an updated policy statement on mental health competencies for pediatric care and is currently a co-author on a new textbook on mental health brief interventions that will come out this fall. Dr. Green is also a research consultant for the American Board of Pediatrics to perform national studies of pediatric trainees and practitioners and the co-investigator on a Zero Suicide Implementation grant at her institute.

Christine Yu Moutier, MD

Chief Medical Officer, American Foundation for Suicide Prevention
Christine Yu Moutier, MD, chief medical officer of the American Foundation for Suicide Prevention, knows the impact of suicide firsthand. After losing colleagues to suicide, she dedicated herself to fighting this leading cause of death. Dr. Moutier has served as UCSD professor of psychiatry, dean in the medical school, medical director of the VA Psychiatric Unit and has been clinically active with diverse patient populations, such as veterans, Asian refugee populations, as well as physicians and academic leaders with mental health conditions. She has presented at the White House, testified before the U.S. Congress and has appeared as an expert in The New York Times, The Washington Post, Time magazine, The Economist, The Atlantic, the BBC and CNN.

Disclaimer: The viewpoints expressed in this video are those of the participants and/or do not necessarily reflect the views and policies of the AMA.

988 Suicide & Crisis Lifeline

With an increased number of people reporting worsening mental health in recent years, it is imperative that people are aware of the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) telephone program.

People experiencing a suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress can call, chat or text 988, and speak to trained crisis counselors. The national hotline is available 24 hours a day, 7 days a week.

The previous National Suicide Prevention Lifeline phone number (1-800-273-8255) will continue to be operational and route calls to 988 indefinitely.