Physician experts on beating burnout with behavioral health integration

On July 29, 2021, the BHI Collaborative held the latest webinar in the Overcoming Obstacles BHI webinar series: "Beating physician burnout with behavioral health integration."

About the event

In this Overcoming Obstacles webinar, physician experts share how implementing behavioral health integration (BHI) has helped to increase joy and satisfaction in their practice.

Experts highlight the benefits brought by BHI in practice and underscore best practices that have helped to reduce administrative burden and increase physician satisfaction prior to and during the course of the pandemic.

Download the webinar slides (PDF).

Speakers
Emmanuel P. Dizon, MD, is a practicing internist at the Henry Ford Medical Center in Dearborn, Michigan. Dr. Dizon completed his undergraduate degree at Yale University and then medical school at the University of Michigan. He went on to finish his internal medicine residency at Henry Ford Hospital. Upon completion of his residency, he chose to stay with Henry Ford to practice primary care. He has served as the physician-in-charge for several primary care clinics and is currently serving in this role at the Henry Ford Medical Center in Dearborn.

Dr. Dizon has always been passionate about both delivering compassionate innovative care as well as creating a safe supportive workspace for his peers and support staff. Recognizing the need to develop a better model to deliver mental health care in a primary care setting, he worked enthusiastically alongside Dr. Eunice Yu and Dr. Doree Ann Espiritu to develop a collaborative care model for Henry Ford. He is currently one of the primary care champions for the Behavioral Health Integration (BHI) program and continues to build upon and strengthen engagement with his primary care colleagues.

Doree Ann Espiritu, MD, is the medical director of the Behavioral Health Services Adult Outpatient Division and the Service Chief of Psychiatry of the Henry Ford West Bloomfield Hospital. She co-led the spread of the Behavioral Health Integration with Primary Care (BHI) initiative which is now at 32 clinics across the Henry Ford Health System. She is board-certified in both adult and geriatric psychiatry.

In addition to her administrative role, she maintains an active practice seeing adult and geriatric patients in the outpatient setting, consultation liaison and serves as the psychiatric consultant for the
Behavioral Health Integration. Dr. Espiritu finished her psychiatry residency in Adult Psychiatry at the Henry Ford Health System and then went on to do a fellowship in Geriatric Psychiatry at Wayne State University. Dr. Espiritu’s special interests are issues in geriatric psychiatry, dementia, successful aging, behavioral health integration in primary care, non-motor symptoms of Parkinson’s, and spirituality in psychiatry.

Eunice Yu, MD, FACP

Eunice Yu, MD, FACP Internal medicine senior staff/primary care physician lead for design & innovation, and medical director, COVID Recovery Care, Henry Ford Medical Group

Eunice Yu MD, FACP, practices internal medicine at Henry Ford Health System in the diverse Southeast Michigan region. She is lead for Primary Care Design and Innovation, promoting value-based programs including Behavioral Health Integration, for which she has been a champion since its inception. More recently, she has designed and implemented an innovative service to care for the post-COVID population. She completed medical school at the University of Michigan and residency at Johns Hopkins Bayview Medical Center.

Disclaimer: The viewpoints expressed in this video are those of the participants and/or do not necessarily reflect the views and policies of the AMA.