On June 1, 2021, the AMA held a webinar in the AMA STEPS Forward™ series: “Prioritizing mental health and well-being during times of crisis: A case study from Atlantic Health System.”

COVID-19 has caused health to focus on the mental health and resiliency of their workforce more than ever.

In this AMA STEPS Forward™ webinar and case study, Peter Bolo, MD, from Atlantic Health System shared an overview of their work to help physicians endure the stress from the pandemic through interpersonal support, involved leaders and reflection sessions.

Webinar recording

Speaker

Peter Bolo, MD

Medical director, Atlantic Behavioral Health, and Atlantic Health System resiliency advocate

Peter Bolo Bolo, MD, heads up psychiatry for Atlantic Health System—a mid-sized health system in Northern New Jersey—where he has been for over 20 years. His clinical interests include inpatient psychiatry, complicated mood disorders, behavioral disturbance in dementia, and electroconvulsive therapy.

In the past 2 years, Dr. Bolo has pivoted to also serve Atlantic as resiliency advocate, focusing on the well-being not only of the physicians but of all 17,000+ team members. He coined the title “resiliency advocate” to emphasize that he is of, with, and for the people—rather than of the C-suite.


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