

Kyra Cappelucci on findings from a national survey on burnout & COVID-19



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webinar series

On May 19, 2021, the AMA held a webinar in the AMA STEPS Forward™ series: "Health care well-being and burnout during COVID-19: Findings from a national survey."

As the COVID-19 pandemic began to take hold in the U.S., the AMA launched a national assessment tool to support health systems in continuously monitoring well-being, burnout, and stress in their health care workers and non-clinical staff.

Kyra Cappelucci shared findings from the national survey and offered insights on solutions shared by over 100 participating health systems from around the country.

Related links

- [AMA STEPS Forward™](#)
- [PeerRxMed™](#)
- ["Organizational Cost of Physician Burnout"](#)
- ["Prevalence and correlates of stress and burnout among U.S. healthcare workers during the COVID-19 pandemic: A national cross-sectional survey study"](#)
- ["Preliminary Report: US Physician Stress During the Early Days of the COVID-19 Pandemic"](#)

Webinar recording

Speaker

Kyra Cappelucci Project administrator, American Medical Association

Kyra Cappelucci is a project administrator at the AMA, where she oversees the assessment operations and health system engagement of the Practice Transformation team. Prior to joining the AMA, Kyra spent 5 years at the National Academy of Medicine in Washington, D.C., where she managed strategy and policy implementation for the Action Collaborative on Clinician Well-Being and Resilience, a consortium of over 50 national organizations committed to reducing physician burnout nationwide. Kyra holds a degree in dietetics and nutrition sciences from the University of Maryland.