On May 19, 2021, the AMA held a webinar in the AMA STEPS Forward™ series: "Health care well-being and burnout during COVID-19: Findings from a national survey."

As the COVID-19 pandemic began to take hold in the U.S., the AMA launched a national assessment tool to support health systems in continuously monitoring well-being, burnout, and stress in their health care workers and non-clinical staff.

Kyra Cappelucci shared findings from the national survey and offered insights on solutions shared by over 100 participating health systems from around the country.

Related links

AMA STEPS Forward™
PeerRxMed™
“Organizational Cost of Physician Burnout”
“Prevalence and correlates of stress and burnout among U.S. healthcare workers during the COVID-19 pandemic: A national cross-sectional survey study”

Webinar recording

Speaker

Kyra Cappelucci
Project administrator, American Medical Association

Kyra Cappelucci is a project administrator at the AMA, where she oversees the assessment operations and health system engagement of the Practice Transformation team. Prior to joining the AMA, Kyra spent 5 years at the National Academy of Medicine in Washington, D.C., where she managed strategy and policy implementation for the Action Collaborative on Clinician Well-Being and Resilience, a consortium of over 50 national organizations committed to reducing physician burnout nationwide. Kyra holds a degree in dietetics and nutrition sciences from the University of Maryland.