Bolstering chronic care management with behavioral health integration

On April 22, 2021, the Behavioral Health Initiative (BHI) Collaborative held the latest webinar in the Overcoming Obstacles BHI webinar series: "Bolstering chronic care management with behavioral health integration."

- Webinar slides (PDF)

About the event

Physician experts share how they have used behavioral health integration (BHI) within their practices to improve their management of key chronic conditions and provide whole person care to patients.

This webinar highlights the relationship between physical and behavioral health, the role it plays in the overall health of the patient and how practices can use BHI to help manage, treat and address acute and chronic conditions.

Webinar attendees also have the opportunity to engage directly with the experts via a live Q&A session at the end of the presentation.

Speakers

Edwin C. Chapman, MD, DABIM, FASAM
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Edwin C. Chapman, MD, DABIM, FASAM, has practiced in Washington, DC for over 40 years specializing in internal medicine and addiction medicine. Over the past 20 years, he has investigated the complex mix of addiction, undertreated mental illness, infectious diseases (AIDS & Hepatitis C), criminal behavior and chronic diseases in which patients have 20-25 year shorter life expectancies.

Dr. Chapman received his BS in 1969 and MD in 1973 from Howard University College of Medicine.

Dr. Chapman is board certified by the American Board of Internal Medicine (ABIM, 1979), the American Society of Addiction Medicine (ASAM grandfathered to ABAM, 2009), a fellow of the American Society of Addiction Medicine, and a member of Alpha Omega Alpha Honor Medical Society. He maintains active memberships in the National Medical Association (NMA), Medico Chirurgical Society of Washington, DC (MED CHI of DC), the American Medical Association (AMA), and the Medical Society of the District of Columbia (MSDC).

Dr. Chapman is a founding member and secretary of the board of directors of the Leadership Council for Healthy Communities (an inter-faith 501(c)3 organization with 30+ Metro DC institutions) where he is bringing integrated medical care into underserved communities and faith institutions (ACA’s “Accountable Health Community”) using both onsite care and virtual care thru tele-video consultation for social work, nutritional consulting, pharmaceutical reconciliation, as well as psychiatry and primary care.

Sreela Namboodiri, MD, ABOIM

Sreela Namboodiri, MD, ABOIM, is an integrative family medicine physician at Heartland Health Centers, a Federally Qualified Health Center (FQHC) located on the traditional homelands of many Indigenous Peoples including Bodéwadmik, Odawak and Anishinaabeg Peoples, which is also known as Chicago, Illinois. In addition to her primary care practice, Dr. Namboodiri conducts integrative
medicine consultations, leads group medical visits, and spearheads an initiative to expand access to diverse healing modalities. She is dedicated to co-creating a vision of compassion-centered, trauma-informed care and social justice.

Dr. Namboodiri received her MD from the University of Maryland School of Medicine. She then joined the Northwestern/McGaw Family Medicine Residency in Humboldt Park, a Teaching Health Center Graduate Medical Education program. After residency, Dr. Namboodiri completed a two-year integrative medicine fellowship through the University of Arizona Center for Integrative Medicine and a clinical integrative medicine fellowship at the Osher Center for Integrative Medicine at Northwestern University.

Dr. Namboodiri’s journey to integrative family medicine includes her cultural and familial roots in Kerala Ayurveda, study of post-colonial and Africana literature, interest in narratives and experiences of chronic illness, and practices of compassion for self and others.

**About the Overcoming Obstacles webinar series**

This series will enable physicians to sustain a collaborative, integrated, whole-person and equitable approach to physical and behavioral health care in their practices during the COVID-19 pandemic and beyond.

**Disclaimer:** The viewpoints expressed in this video are those of the participants and/or do not necessarily reflect the views and policies of the AMA.

**988 Suicide & Crisis Lifeline**

With an increased number of people reporting worsening mental health in recent years, it is imperative that people are aware of the 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) telephone program.

People experiencing a suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress can call, chat or text 988, and speak to trained crisis counselors. The national hotline is available 24 hours a day, 7 days a week.

The previous National Suicide Prevention Lifeline phone number (1-800-273-8255) will continue to be operational and route calls to 988 indefinitely.