

## **Bryant Adibe, MD, discusses rethinking wellness during COVID-19**

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# *webinar series*

On Feb. 4, 2021, the AMA held a webinar in the AMA STEPS Forward™ series: "Rethinking wellness: COVID-19 and the search for meaning."

The COVID-19 pandemic provides a unique opportunity for health systems to rethink their perspectives on well-being, including reimagining this commitment as a core institutional value. In this AMA STEPS Forward™ webinar, Bryant Adibe, MD, system vice president and chief wellness officer, Rush University System for Health in Chicago, leads an interactive discussion about wellness, community and our common search for meaning.

**Related research:** Rethinking Wellness in Health Care Amid Rising COVID-19–Associated Emotional Distress

## Webinar recording

### Speaker



**Adibe, MD, system vice president and chief wellness officer, Rush University System for Health**

Dr. Adibe serves as system vice president and chief wellness officer for the Rush University System for Health in Chicago, Illinois. He holds the distinction of off-site, full professor of organizational change and leadership at the University of Southern California, and visiting professor of health policy at Guangzhou Medical University in Guangzhou, China. Previously, Dr. Adibe served as chief wellness officer at Mount Saint Mary's University, Los Angeles. During his time there, the University raised close to \$25 million in support of a comprehensive wellness initiative and developed plans to construct a state-of-the-art Wellness Pavilion in Los Angeles. His work has been featured by the National Academy of Medicine, American Medical Association, American Psychiatric Association and

other leading outlets.