

AMA spurs a movement to fight the key causes of physician burnout

Burnout is a major issue that has been compounded by the COVID-19 pandemic. Since 2013, the AMA has spurred a movement to fight the causes of burnout and provide relief for physicians who too often have been told to rely on reducing stress.

The AMA's bold advocacy, innovative research and actionable resources help physicians tackle burnout's key causes.

The AMA advocates against administrative burdens that add to your workload and stop you from caring for your patients

- We've shaped more than 40 policies and secured 12 regulatory victories that have reduced documentation burdens.
- AMA champions relief funding and policies that enable physicians to adjust to new administrative requirements during the COVID-19 pandemic.

The AMA conducts research on the causes and impact of burnout to create system-level solutions that help physicians

- The AMA has authored dozens of peer-reviewed studies on the causes and impact of burnout.
- The AMA is at the forefront of physician burnout research, including field testing new workflow methods to reduce burnout and assessing health care workforce stress during the COVID-19 pandemic.

The AMA develops resources that prioritize well-being and highlight workflow changes so physicians can focus on what

matters: patient care

- The AMA's award-winning, CME-eligible resources tackle burnout at its root. Practical tools give health care organizations a way to assess burnout at the system level and develop targeted solutions to support physician well-being.
- The AMA developed an assessment that provides health systems and with an organizational score for burnout, along with targeted data on culture and workplace efficiency factors.