Ochsner Health is committed to giving back to the communities it serves through preventative screenings, health and wellness resources and partnerships, while investing in innovative technologies in digital medicine and population health to make world-class care more accessible, affordable, convenient and effective.

In focus: Ochsner Health System

1. **How Ochsner Health System moves medicine**
   "At Ochsner, we have made the decision to lead the way in improving the delivery of health care services because we believe that providing high quality, coordinated care at a lower cost is the right thing to do."

2. **Ochsner Health System pursues high tech for high patient impact**
   Richard Milani, MD: "The opportunities for broad population health initiatives utilizing a growing array of patient-friendly ‘consumer’ technologies have the capacity to transform health care and more effectively manage the epidemic of the 21st century."

3. **Innovation happens inside and outside Ochsner's walls**
   Much has changed since it was founded in 1942, but Ochsner has kept alive its legacy as a physician-run group focused on seeking better answers.

4. **Looking upstream for answers to burnout**
Ochsner Health System’s first chief wellness officer is focusing the organization’s efforts on minimizing the source of stressors and giving time back to physicians.

Moving Medicine podcast (iTunes)
Moving Medicine highlights innovation and the emerging issues that impact physicians and public health today. Episodes include interviews, educational presentations and in-depth discussions. You can also listen to the podcast on Stitcher.

Read highlights from other group practices
Visit the AMA Medical Group Spotlight page for more information on what group practices are doing to ensure patient and physician well-being.