

## Physician wellness program

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The AMA wellness program helps group practices improve physician job satisfaction and reduce physician burnout, benefiting everyone within the organization. This is an exclusive new benefit—free for group member organizations only.

### Wellness program overview

This program includes modular offerings:

- Discussions and mentoring sessions
- Resources to help identify and manage physician burnout
- Professional satisfaction survey and reporting
- Recommendations with practical, evidence-based solutions to improve physician health and happiness

### Contact us

Learn more about the AMA's physician wellness program. (800) 262-3211 Monday through Friday from 7 a.m. to 6 p.m. (Central time) [msc@ama-assn.org](mailto:msc@ama-assn.org)