

## Veterans' health resources for medical professionals

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The AMA is committed to providing physicians and other health professionals with information, tools and training materials to help assess and treat our nation's veterans and their families. Find resources for health issues that may affect veterans and their families—including post-traumatic stress disorder (PTSD), traumatic brain injury (TBI) and post-combat depression.

### *Journal of the American Medical Association*

- Antidepressants for treatment of PTSD
- Trauma therapy for child soldiers
- Integrating tobacco cessation into mental health care for PTSD
- Clinical outcomes following traumatic brain injury
- Study on exposure to violence and mental health in Central African Republic

### *JAMA psychiatry*

- Veterans' health resources for medical professionals
- PTSD and dementia
- Relationship of preinjury psychiatric status to development of PTSD
- Value of anonymity to encourage honest reporting
- Development of PTSD in patients with varying degrees of traumatic brain injury
- Long term outcomes associated with receiving or not receiving VA benefits
- PTSD symptoms and long term psychosocial outcomes for National Guard soldiers
- Rates of functional impairment following combat in Iraq
- Association of different psychiatric diagnoses to risk of suicide in veterans

### *JAMA pediatrics*

- Effects of deployment on children of US Army personnel

## American Academy of Child & Adolescent Psychiatry (AACAP)

AACAP is the leading medical association dedicated to treating and improving the quality of life for children, adolescents and families affected by these disorders.

- | AACAP military families resource center

## American Academy of Pediatrics (AAP)

AAP offers information to pediatricians and families on PTSD, TBI, postcombat depression and deployments as they relate to the care of children and families.

- | Deployment resources
- | Protecting children from tobacco & secondhand smoke

## American Psychiatric Association (APA)

The APA is the world's largest psychiatric organization, representing more than 38,000 psychiatric physicians from the U.S. and around the world. It addresses the mental health and well-being of military families through public education, research, education/lifelong learning and practice guidelines.

- | Clinical tools to improve care of patients with PTSD
- | Guidelines for PTSD treatment and related conditions
- | PBS series "Healthy Minds" episode on PTSD

## American Society of Addiction Medicine (ASAM)

ASAM is a professional society representing nearly 3,000 physicians dedicated to increasing access and improving quality of addiction treatment.

- | American Society of Addiction Medicine
- | ASAM e-learning center

## **The Center for Deployment Psychology (CDP)**

The CDP trains military and civilian behavioral health professionals to provide high-quality deployment-related behavioral health services to military personnel and their families.

- | Training for behavioral health providers treating service members

## **Center for Study of Traumatic Stress (CSTS)**

The CSTS addresses a wide scope of trauma exposure from the consequences of combat, operations other than war, terrorism, natural and human made disasters and public health threats.

- | Center for Traumatic Stress

## **National Child Traumatic Stress Network (NCTSN)**

The NCTSN exists to improve access to services for traumatized children, their families and communities throughout the U.S.

- | Providing mental health services to military families

## **Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury**

The Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury provides information and resources on traumatic brain injury, psychological health issues and combat stress specifically tailored to health care professionals. Here you can learn about treatment options for PTSD and review tips for civilian health care professionals treating military patients.

## **Defense and Veterans Brain Injury Center**

The Defense and Veterans Brain Injury Center (DVBIC) serves active duty military, their beneficiaries and veterans with TBI through clinical care, research initiatives and educational programs.

- | Defense and Veterans Brain Injury Center

## Deployment Health Clinical Center

The Deployment Health Clinical Center (DHCC) website assists clinicians delivering post-deployment health care. It contains deployment-related health information for healthcare providers and service members, veterans and family members.

- | Psychological Health Center of Excellence
- | CMI guidelines
- | DHCC e-learning center

## Indiana State Medical Association

A page providing physician and patient resources on PTSD, including a screening tool for physicians.

- | ISMA PTSD screening tool

## Massachusetts General Hospital

The Massachusetts General Home Base Program, in collaboration with the VA's National Center for PTSD, provides this free, CME-certified series to assist clinicians in diagnosis and treatment of PTSD and TBI with traditional and complementary evidence-based therapy.

- | Massachusetts General Home Base program
- | Home Base resources

## Medscape Education

This resource was developed by Medscape Education in support of Joining Forces and aims to improve awareness of the health care challenges of service members, veterans and their families and to improve clinicians' capacity to assess and treat these conditions.

| Medscape CME (login required)

## **National Center for Telehealth & Technology**

The National Center for Telehealth and Technology seeks to lead the innovation of mobile health and telehealth solutions to deliver psychological health and traumatic brain injury care and support to our nation's warriors, veterans and their families.

| Military Health System  
| DHA Connected Health

## **North Carolina Medical Society**

The North Carolina Medical Society partnered with the Medical University of South Carolina to conduct a web-based survey of rural and urban mental health and primary care community providers.

| Honoring Service: report on behavioral health services for military families

## **U.S. Department of Veterans' Affairs**

The VA's National Center for PTSD professional website section contains training materials for health care providers to assist with assessment and treatment.

| National Center for PTSD  
| Understanding TBI

## **Understanding Military Culture: Contains free CME**

| Understanding Military Culture (login required)

## Resources for the public

If your organization has information you believe should be included on this page, please contact us.

- | PTSD resource center
- | Veteran crisis line
- | National Council for Aging Care
- | Find a Family assistance center