

# JAMA editors name the journal's best articles of the decade

DEC 27, 2019

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Management of high blood pressure, septic shock, learning algorithms, and waste in U.S. health care are among the topics covered in the decade's most influential articles published in *JAMA*®, one of the world's top medical journals.

Aside from being notable as a controversial U.S. election year, 2016 also saw publication of half of the 10 best-of-the-decade picks made by the *JAMA* editors:

- "The Third International Consensus Definitions for Sepsis and Septic Shock (Sepsis-3)," Feb. 23, 2016.
- "The Association Between Income and Life Expectancy in the United States, 2001–2014," April 26, 2016.
- "Intensive vs Standard Blood Pressure Control and Cardiovascular Disease Outcomes in Adults Aged ≥ 75 Years: A Randomized Clinical Trial," June 28, 2016.
- President Barack Obama on "United States Health Care Reform: Progress to Date and Next Steps," Aug. 2, 2016.
- "Development and Validation of a Deep Learning Algorithm for Detection of Diabetic Retinopathy in Retinal Fundus Photographs," Dec. 23, 2016.

Rounding out the decade's top 10 are:

- "Eliminating Waste in US Health Care," April 11, 2012.
- "Silencing the Science on Gun Research," Feb. 13, 2013.
- "2014 Evidence-Based Guideline for the Management of High Blood Pressure in Adults Report From the Panel Members Appointed to the Eighth Joint National Committee (JNC 8)," Feb. 5, 2014.

- "Antibiotic Therapy vs Appendectomy for Treatment of Uncomplicated Acute Appendicitis, The APPAC Randomized Clinical Trial," June 16, 2015.
- "Health Care Spending in the United States and Other High-Income Countries," March 13, 2018.

The JAMA Network™ also compiled 2019's most-viewed and most-discussed articles, along with its most-listened and most-watched audio and video files.

These widely read, talked about, heard and seen articles and audiovisual efforts covered a vast array of subjects, and included these popular entries:

- "Association Between Push-up Exercise Capacity and Future Cardiovascular Events Among Active Adult Men," *JAMA Network Open*, Feb. 15.
- "Association Between Soft Drink Consumption and Mortality in 10 European Countries," *JAMA Internal Medicine*, Sept. 3.
- "COPD: All You Need to Know in 20 Minutes," *JAMA*, Feb. 26.
- "The Making of *The House of God*," *JAMA*, July 10.