



Sabesan Karuppiah, MD, MPH: Helping as many people as he can

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Staff News Writer



The AMA “Members Move Medicine” series profiles a wide variety of doctors, offering a glimpse into the passions of women and men navigating new courses in American medicine.

On the move with: Sabesan Karuppiah, MD, MPH, who goes by Saby, is a family physician and Division Vice President of Graduate Medical Education at HCA MidAmerica in Overland Park, Kansas. Dr. Karuppiah is also member-at-large of the AMA International Medical Graduates Governing Council.

AMA member since: 2008.

What inspired me to pursue a career in medicine: My mother struggled with lack of health care during her childhood and always instilled in me that I need to help as many people as I can.

How I move medicine: By training the next generation of physicians.

Career highlights:

- | Division vice president of graduate medical education at HCA MidAmerica Division.
- | Family medicine residency program director.
- | AMA Foundation Leadership Award, and Resident and Fellow Section Paul Ambrose Award for Public Health.

Advice I’d give to those interested in pursuing a career in medicine: It is one of the best professions and it’s a great time to get into health care.

How I give back to the community: Physicians can give back by teaching the next generation of physicians, i.e. medical students and residents.

Aspect of my work that means the most: Working with residents and medical students.

My hope for the future of medicine: That all organized medicine groups get together and fight for the same cause in a unified voice.

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