

Nicole L. Plenty, MD: This ob-gyn seeks to be a voice for women

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Staff News Writer



The AMA “Members Move Medicine” series profiles a wide variety of doctors, offering a glimpse into the passions of women and men navigating new courses in American medicine.

On the move with: Nicole L. Plenty, MD, an ob-gyn and a maternal-fetal medicine physician at Community Health Network in Indianapolis. She is also an alternate delegate for the AMA Women Physicians Section.

AMA member since: 2008.

What inspired me to pursue a career in medicine: Initially, I thought I wanted to be an attorney. However, when my cousin passed away from complications of pregnancy, this heightened my interest in medicine and research.

How I move medicine: By advocating for policies related to improvement in women's health issues and working daily to decrease maternal mortality and morbidity.

Career highlights: I was recently selected by the *Indianapolis Business Journal* as one of its Forty under 40 awardees. This was exciting and surprising—to be in the city for such a short time and have my efforts recognized.

Advice I'd give to those interested in pursuing a career in medicine: You can do it! The journey is long, but it's worth it. Nothing gives me more joy than figuring out complex medical cases and caring for patients. I feel so blessed to be able to do what I love every day.

How I give back to the community: By being a voice for women through my leadership position on the AMA Women Physicians Section, through participating in lobby days, and by participating on state and national policy-related committees.

Aspect of my work that means the most: Being the person able to navigate a high-risk patient through a difficult pregnancy—whether it is due to a maternal condition or fetal anomaly—means the most to me. They become like family to me.

My hope for the future of medicine: That women are allowed to have a voice in their care, with less government restriction and more compassion for unique medical situations.

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