Screen, test, act-today

84 million American adults have prediabetes.

Nine out of 10 people with prediabetes don’t know they have it.

Visit Prevent Diabetes STAT

Copyright 1995 - 2021 American Medical Association. All rights reserved.
Prevent Diabetes STAT
Screen / Test / Act Today™

WHAT YOU SHOULD KNOW ABOUT PREDMONATION

Diabetes means a person's blood glucose (sugar) level is higher than normal, but not high enough yet to be diagnosed as diabetes. If you have prediabetes, you are at increased risk for developing serious health problems such as diabetes, stroke, and heart disease. The sooner people find out they have prediabetes and take action, the better their chances of preventing type 2 diabetes.

YOU SHOULD ACT – TODAY

The Centers for Disease Control and Prevention (CDC) and the American Medical Association (AMA) urge everyone in the United States to work together to prevent type 2 diabetes. It’s important for you to know if you have prediabetes so you can take action now to reduce your risk.

AMA and CDC urge you to:

1. Talk to your doctor about your risk for prediabetes.
2. Make lifestyle changes that can help prevent type 2 diabetes.
3. Take action now to reduce your risk of diabetes.

Visit PreventDiabetesSTAT.org for more information and resources.

Copyright 1995 - 2021 American Medical Association. All rights reserved.
The American Medical Association and the Centers for Disease Control and Prevention are sounding an alarm about prediabetes. Preventing type 2 diabetes requires a national effort with involvement from physicians to employers to patients to the community.

Act today and learn more about Prevent Diabetes STAT™.