



Lynda Kabbash, MD: Promoting empathy, reducing burnout

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Staff News Writer



The AMA “Members Move Medicine” series profiles a wide variety of doctors, offering a glimpse into the passions of women and men navigating new courses in American medicine.

On the move with: Lynda G. Kabbash, MD, an allergist-immunologist at New England Baptist Hospital in Boston.

AMA member since: 1992.

What inspired me to pursue a career in medicine: I wanted to do medical research. I worked in an immunology lab with a PhD who told me: “Lynda, if you want to do medical research, go to medical school.”

How I move medicine: I represent our medical staff at Organized Medical Staff Section and give feedback. I am immediate past Chair of the Women Physicians Section governing council.

Career highlights: I am presently Assistant Secretary-Treasurer of the Massachusetts Medical Society.

Advice I’d give to those interested in pursuing a career in medicine: It is important to have empathy and this will help lessen burnout.

Aspect of my work that means the most: Taking care of my patients to the best of my ability.

How I advocate for physicians and patients: I work with my state medical society, the AMA and the American Academy of Asthma, Allergy and Immunology.

My hope for the future of medicine: I hope that we keep the human aspect of medicine along with all the awesome technology and artificial intelligence on the horizon.

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