Fatima Cody Stanford, MD, MPH, MPA: Advancing patients’ progress against obesity

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Staff News Writer
The AMA “Members Move Medicine” series profiles a wide variety of doctors, offering a glimpse into the passions of women and men navigating new courses in American medicine.

On the move with: Fatima Cody Stanford, MD, MPH, MPA, an obesity medicine specialist in Boston and assistant professor at Harvard Medical School.

AMa member since: 2003.

What inspired me to pursue a career in medicine: Since the age of 3, I have had an insatiable desire to serve humankind through healing. Medicine allows me to do just that.

How I move medicine: By ensuring that we treat the over 100 million children and adults who struggle with obesity.

Career highlights: As a Gold Congressional Award recipient, I have established myself as an advocate for racial and ethnic minorities in my community.

Advice I’d give to those interested in pursuing a career in medicine: Forge ahead! We need you! You can do this!

Aspect of my work that means the most: I am sometimes more thrilled than my patients when they reach a positive milestone by achieving a healthier weight, or by improving or eliminating obesity co-morbidities such as Type 2 diabetes, high blood pressure or obstructive sleep apnea.

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