Many of our most well-read stories offered first-hand advice on the challenge of starting a family while completing medical training. Our lead story in this section, however, examined a separate puzzle: how to successfully navigate married life with another doctor.

6 tips for balancing a two-physician family. Managing a family with two working physicians requires artful balance and strategy—two skills Tracy Roth, MD, has learned as a private practice owner, mother of six children and wife of a fellow physician. Learn how to tap into the strengths of your medical marriage with these six tips Dr. Roth recommends for two-physician families.

5 tips to start and grow a happy family during residency. Residency often coincides with the time when many young physicians would like to start families, but undertaking these two life events simultaneously can be daunting. A third-year family medicine resident with three young children recently shared her tips for making it work with minimal stress.

Training as a future physician and having a family: Successful strategies. Medical school and residency are times of intensive training, so adding a family to the mix can necessitate even greater planning and attention. At the same time, medical trainees with families say the rewards of going through this period with such a support network are well worth the effort. One medical family shares their tips for success.

Making a medical resident’s life more family friendly. With pregnancy and parenthood common during training, two studies examined the challenges residents encounter when becoming parents. Find out what the research discovered about childcare, breastfeeding and parental leave policies.

More residents building families during training. Having children isn’t easy, but intense medical training, limited parental leave and a shrinking workforce make building a family even more difficult. With more residents working to build their families during training, a new study looks at the trends and calls on graduate medical education (GME) to improve policies to increase work-life balance for residents.