

CDC report highlights “Hispanic paradox”

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The Center for Disease Control and Prevention (CDC) in May released its first report on Hispanic health. Four national data sets were analyzed to compare Hispanics overall, non-Hispanic whites and Hispanic origin subgroups for morbidity, disease prevalence and associated risk factors, and use of health services.

Consistent with previous research references to the “Hispanic paradox,” the CDC report highlights longer life expectancy and lower mortality, despite potential barriers to good health and worse profiles for some social determinants of health among Latinos.

The report also notes substantial differences among Hispanics by origin, nativity and sex. The full report and a series of infographics that summarize its findings are available on the CDC website.