Physician burnout in the U.S. has become a crisis, with a recent survey by the AMA revealing that more than 50% of physicians who responded reported a symptom of burnout. Large-scale change is needed to address this and protect physicians and patients.

The AMA is fighting system-level drivers of physician burnout by focusing on removing administrative burdens, providing real-world solutions and helping physicians rediscover the joy in medicine.

How the AMA fights causes of physician burnout

1. **Advocating for you**
   The AMA fights for legislation that provides wellness resources and ensures confidentiality for physicians seeking them.

2. **Finding solutions**
   The AMA’s Physician Well-Being program raises awareness, advances knowledge and drives change to reduce physician burnout.

3. **Focusing on systems**
   The AMA’s Organizational Biopsy® helps health systems measure and improve the health of their organization.

4. **Inspiring change**
The AMA’s Joy in Medicine™ Health System Recognition Program guides organizations committed to improving satisfaction and reducing burnout.

5 Creating policy
The AMA creates policies through its House of Delegates that solidify and project the AMA’s stance on the causes of physician burnout.

6 Empowering members
The “debunking regulatory myths” series helps reduce guesswork and physician administrative burdens.

We need your help
Become a member and help the AMA tackle the key causes of burnout to protect physicians and patients.

- The AMA offers members a wide range of benefits and discounts, as well as opportunities to add your voice to the effort.