



Partner with patients: Gap analysis

Instructions

1. Check “yes” if the item applies to your practice or check “no” if the item does not apply.
2. Review the recommendations based on your practice’s opportunities for improvement.
3. Create a plan to implement applicable recommendations.

1 Are there methods in place to improve collaborative communication?

Some examples include:

- Engage patients using open-ended questions
- Use teach-back when providing patient education
- Explore reasons for non-adherence
- Address health literacy needs
- Remain non-judgmental at all times

Yes No

2 Are there methods in place to improve medication adherence?

Some examples include:

- Education on use, importance and effectiveness of medication
- Prescribe once-daily medications when possible
- Prescribe generic medications when possible
- Use single-pill combination therapy when possible
- Identify and address financial barriers

Yes No

3 Do you recommend the following lifestyle changes?

- Avoid tobacco use
- Drink alcohol in moderation (for those who currently drink alcohol)
- Follow the DASH eating plan
- Lose weight (if overweight)
- Decrease sodium intake
- Consume recommended amount of dietary potassium
- Participate in physical activity regularly

Yes No

4 Do you provide educational resources/referrals to programs that promote healthy lifestyles?

Yes No

5 Self-measured blood pressure (SMBP):

See SMBP gap analysis