



Partner with patients

Pre-assessment

Instructions: Check all boxes that apply to your practice.

1. What methods are in place to improve collaborative communication?

- Engage patients using open-ended questions
- Use teach-back when providing patient education
- Elicit patient views on options and priorities for the care plan
- Explore reasons for non-adherence
- Address health literacy needs
- Remain non-judgmental at all times

2. What methods are in place to improve medication adherence?

- Education on use, importance and effectiveness of medication
- Prescribe once-daily medications when possible
- Prescribe generic medications when possible
- Use single-pill combination therapy when possible
- Provide 90-day prescriptions when possible
- Coordinate prescription refills for the same date
- Identify and address financial barriers
- Address issues of medication complexity
- Provide patient guidance on what to do if medication side effects occur
- Work with pharmacy to coordinate blister packs for patients who may benefit from them

3. Do you recommend the following lifestyle changes?

- Avoid tobacco use
- Drink alcohol in moderation (for those who currently drink alcohol)
- Follow the DASH eating plan
- Lose weight (if overweight)
- Decrease sodium intake
- Consume recommended amount of dietary potassium
- Participate in physical activity regularly

4. If additional information on lifestyle is given, how is it shared with patients?

- Verbally
- Patient education materials generated from electronic health record
- Online resources
- Referral to educational programs offered by the health system
- Referral to educational programs offered by the community

5. Self-measured blood pressure (SMBP): See SMBP pre-assessment