



# **AMA Innovations in Medical Education Webinar Series**

Competency-based assessment across the medical education continuum

**Holly Caretta-Weyer, MD, MHPE**

**Brian George, MD, MA**

**Eric Holmboe, MD**

# Today's Host



@Maya\_Michigan

Maya M. Hammoud, MD, MBA  
Senior Advisor, Medical Education Innovation  
American Medical Association

Professor and Associate Chair for Education  
Obstetrics and Gynecology  
University of Michigan Medical School

# Objectives



Recognize challenges in assessing competencies in CBME



Discuss efforts to align residency selection practices and CBME with societal, specialty, and program outcomes



Review an example of an international collaborative working to improve competence

# Presenter



## **Holly Caretta-Weyer, MD, MHPE**

Associate Residency Program Director  
Director of Evaluation and Assessment  
Department of Emergency Medicine  
Stanford University School of Medicine

# Presenter



## **Brian George, MD, MAEd**

Chief, Division of Acute Care Surgery  
Director, Center for Surgical Training and Research (CSTAR)  
Executive Director, Society for Improving Medical  
Professional Learning (SIMPL)  
University of Michigan

# Presenter



**Eric Holmboe, MD**

Chief, Research, Milestones Development and  
Evaluation Officer  
ACGME

# What is your primary responsibility in education?

- UME
- GME
- CME
- Medical Student
- Resident
- Allied health profession
- Not for profit organization
- For profit company
- Other



**Physicians' powerful ally in patient care**





# Challenges in Assessing Competencies in CBME

**Eric Holmboe, MD**

Chief, Research, Milestones Development and Evaluation Officer  
ACGME

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# Outline

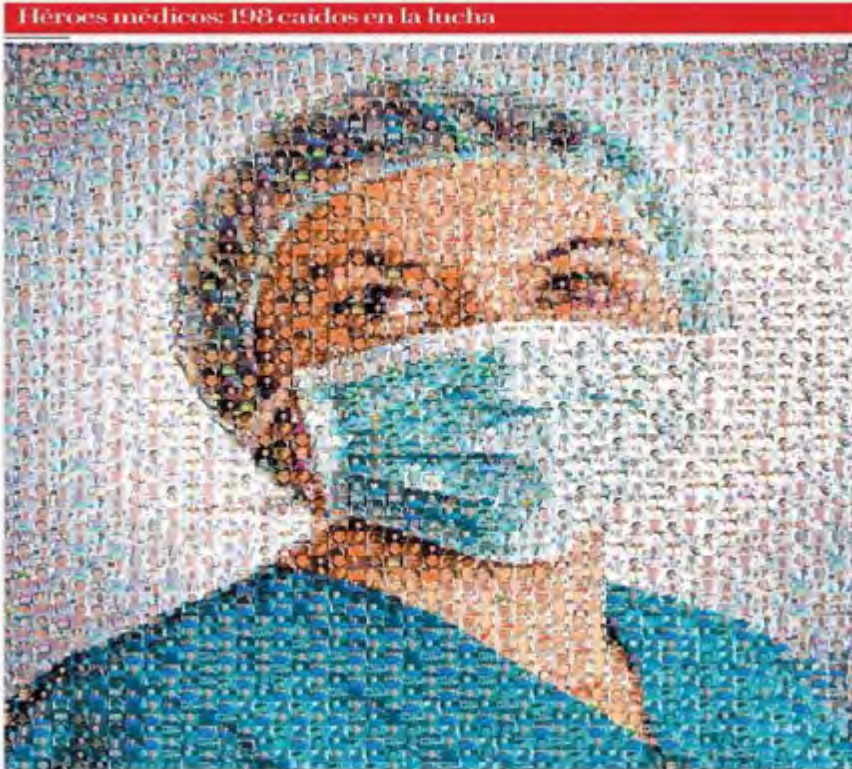
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- The medical education assessment system
- What the pandemic exposed
- Core components framework for CBME
- Thinking developmentally in assessment
- Specific assessment challenges

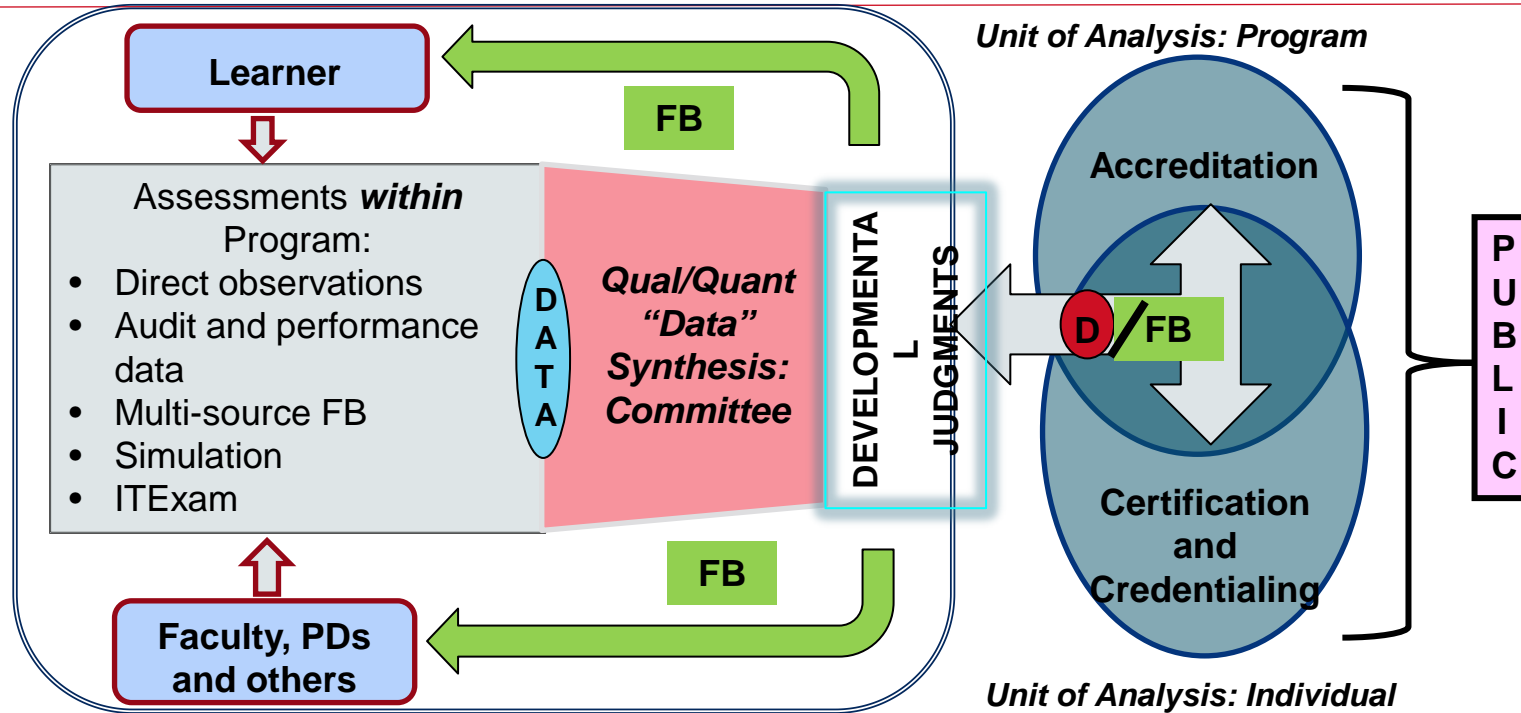


# Thank You

## It Has Been a Very Difficult 2+ Years



# The MedEd Assessment “System”



# What the Pandemic Exposed for MedEd Assessment

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- Reliance on time-in-training as proxy for competence untenable
- Usual “proxies” for assessment significantly altered and disrupted:
  - Volume and distribution (e.g. clinical conditions, procedures, etc.)
  - Rotations to ensure clinical experiences
    - Removal or redeployment of learners
  - High stakes examinations
- Highlighted substantial gaps around all transitions
  - UME -> GME; GME -> GME; GME -> practice



# What the Pandemic Exposed for MedEd Assessment

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- Further exposed assessment gaps in
  - Patient-centeredness
  - Quality improvement, patient safety
  - Interprofessional teamwork and communication
  - Systems-based practice
- Exacerbation of implicit and explicit bias and prejudice



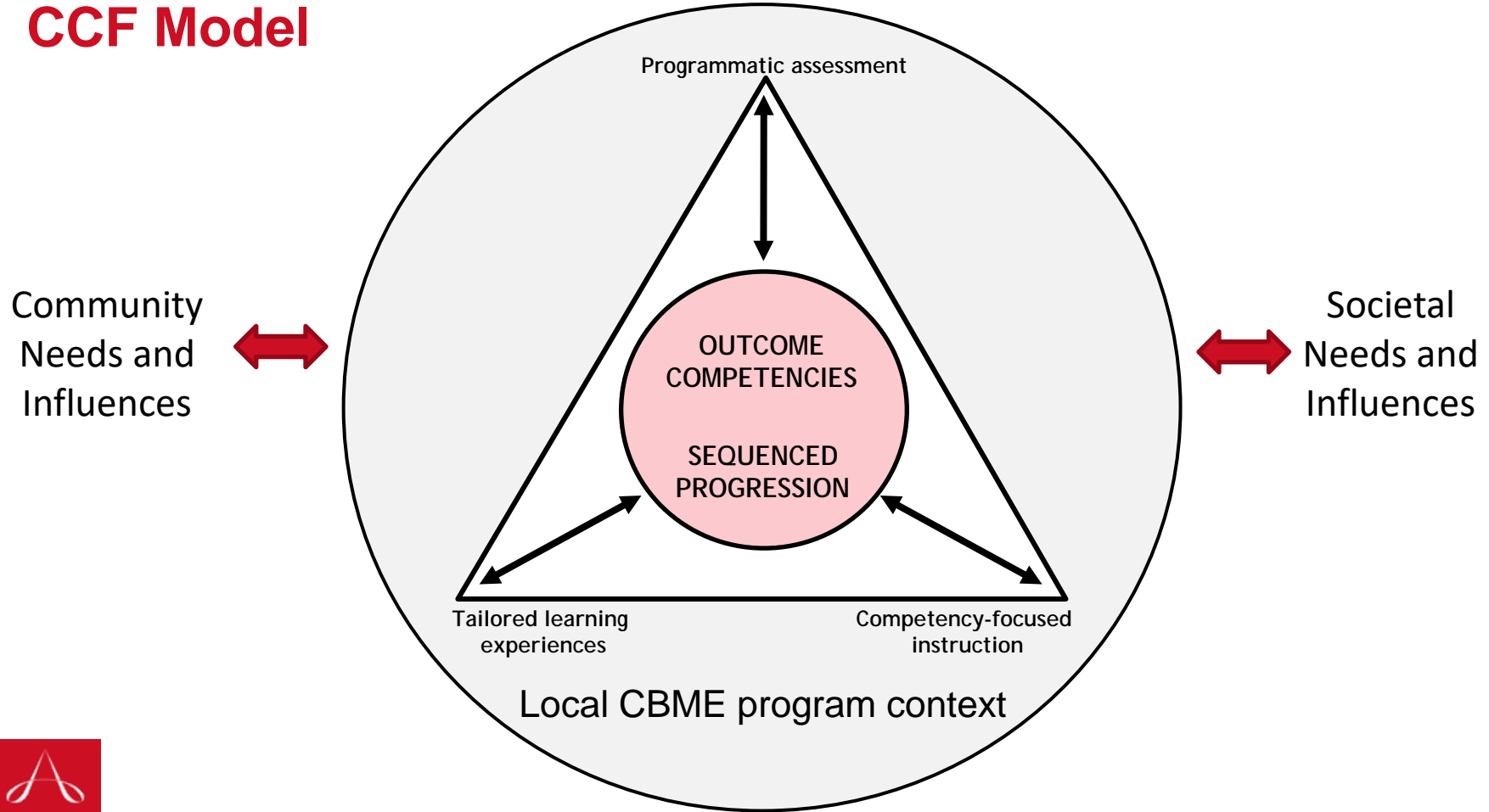
# Core Components Framework: CBME

Outcome Competencies	Sequenced Progressively	Tailored Learning Experiences	Competency-focused Instruction	Programmatic Assessment (using Systems Thinking)
Competencies required for practice are <u>clearly articulated</u> .	Competencies and their <i>developmental</i> markers are <u>sequenced progressively</u> .	Learning experiences <u>facilitate</u> the <i>developmental</i> acquisition of competencies.	Teaching practices <u>promote</u> the <i>developmental</i> acquisition of competencies.	Assessment practices <u>support &amp; document</u> the <i>developmental</i> acquisition of competencies.



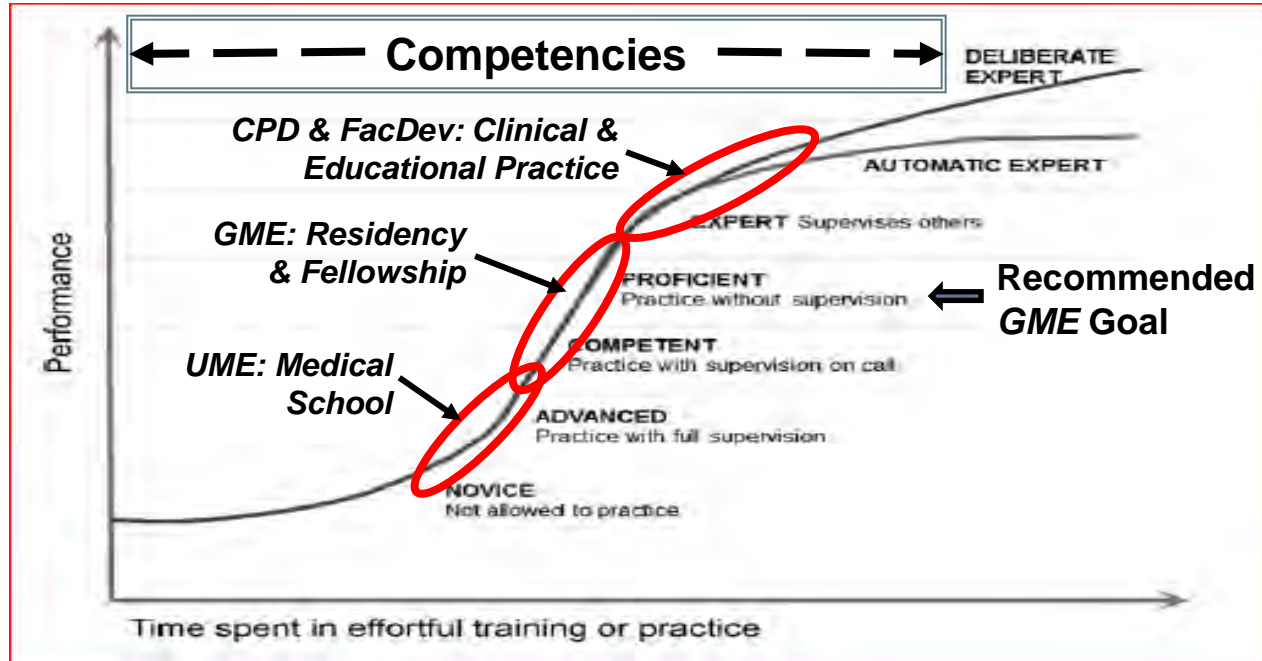
Van Melle E, et. al. A Core Components Framework for Evaluating Implementation of Competency-Based Medical Education Programs. Acad Med. 2019 Jul;94(7):1002-1009.

# CCF Model





# Thinking Developmentally in Assessment



# Assessment Challenges

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- Shared mental models
- Cognitive Load
- Bias and stereotyping
- Rating scales
- Programmatic assessment



# Critical, Overlapping Concepts

*Shared...*

- Understanding
- Mental models
- Mental representation of tasks
- Frame of reference

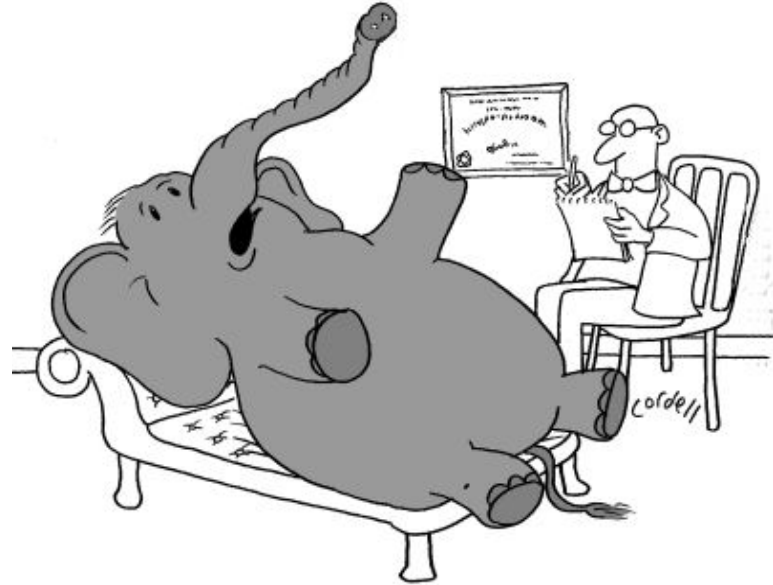


[Mental Models \(slideshare.net\)](https://www.slideshare.net/TathagatVarma/Mental-Models)



# The Frame of Reference Problem

*Several studies demonstrate that faculty heavily use self as the frame of reference in judging competence and entrustment. Assessment approaches assume faculty “self” is competent.*



"Whenever I walk in a room, everyone ignores me."



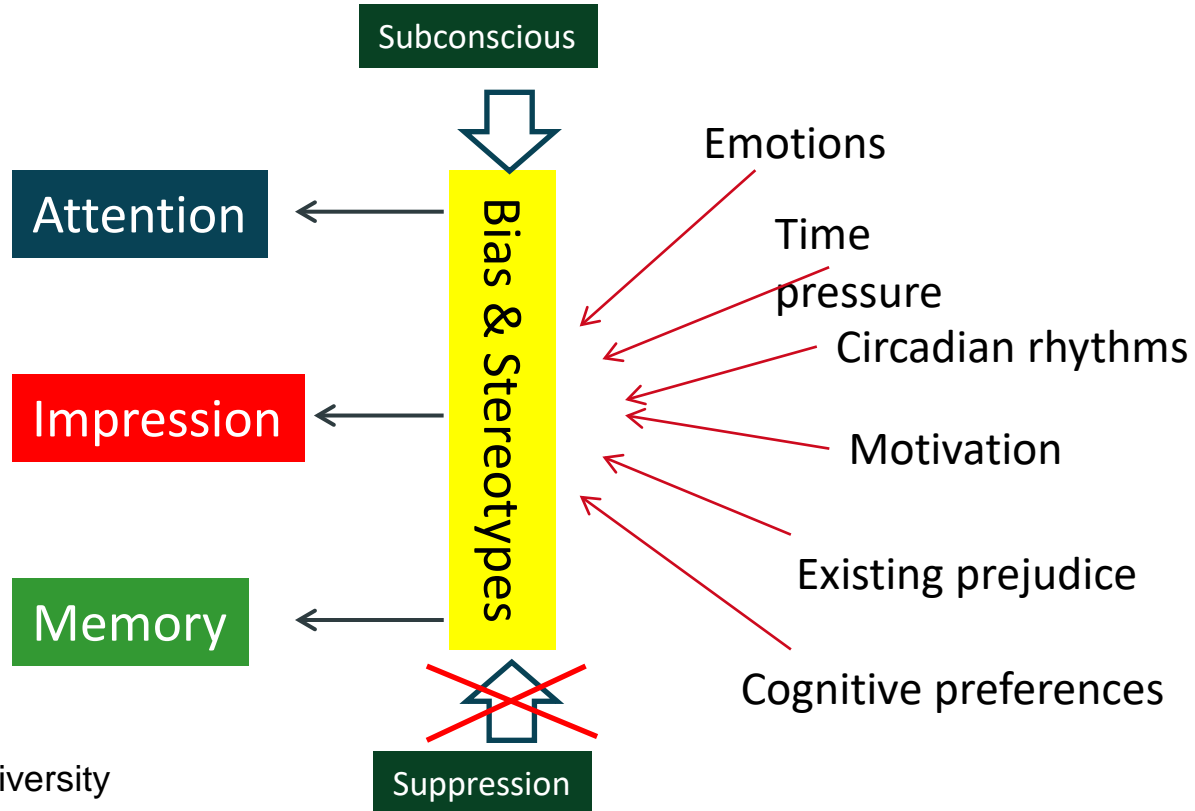
# Cognitive Load: Useful Dictum

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- The longer the form (or checklist) and the shorter the “exposure” or observation time, the more likely you are to get less useful ratings and information from the evaluation form
  - Long evaluation forms + short faculty rotations = trouble in assessment land



# Bias and Stereotypes



# Entrustment Scales and Quality of Care

Condition	Beta Co-efficient <sup>b</sup>	95% CI	P-Value
Asthma	0.030	(0.014, 0.046)	<b>0.0004<sup>d</sup></b>
Bronchiolitis	0.0004	(-0.0161, 0.0169)	0.96
Closed Head Injury	0.012	(-0.006, 0.031)	0.19
Conditions Combined <sup>c</sup>	0.014	(0.004, 0.023)	<b>0.006<sup>d</sup></b>

<sup>a</sup>Parameter estimates are adjusted by post-graduate year, patient complexity, and patient acuity

<sup>b</sup>The change in RSQM composite score associated with a one unit change in entrustment

<sup>c</sup>Combined conditions are adjusted by diagnosis

<sup>d</sup>Significant at  $p < 0.01$

Schumacher D, et. al. Resident-Sensitive Quality Measures in the Pediatric Emergency Department: Exploring Relationships with Supervisor Entrustment and Patient Complexity and Acuity. Acad Med. 2019.



## Bottom Line - Scales

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- Numeric scales are nothing more than a synthesis “code” for the observations/questioning by the assessor
  - Numbers are convenient and can be analyzed quantitatively over time, however...
  - The “code” must be associated with a descriptive, shared mental model of the competency being assessed
- Entrustment scales “more comfortable” to use, but do not fix the frame of reference challenge





# Assessment Program Success Principles

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1. Centrally coordinated plan
2. Multiple assessment tools used longitudinally
3. Learners require ready access to information-rich feedback
4. Coaching is essential
5. The program of assessment fosters self-regulated learning behaviors
6. Expert groups make summative decisions about readiness for advancement



# Minimal Assessment Components

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- Faculty summary evaluations
  - Potentially multiple competencies
- Direct observations (+/- questioning)
  - PC, ICS and MK (Clin Reasoning “in vivo”)
- Multi-source FB
  - Prof, ICS and SBP
- Audit and performance data (including patient experience)
  - PBLI and SBP
- Simulation (when applicable)
  - Procedures (PC and ICS)
- ITEXam (if available)
  - MK (“in vitro”)



# Improving Assessment in CBME Will Require...

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- Transition away from over-reliance on time and volume-based proxies
- Embracing developmental thinking in assessment
- Greater engagement from learners as “active agents” - coproduction
- Evolution of effective practices for competency milestones and EPAs
- Effective group judgment
- Embrace more narrative assessment; reduce reliance on scales
- Enhance programmatic assessment
- Leverage technology



# Thank You

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# Competency-Based Assessment and Residency Selection

Holly Caretta-Weyer, MD, MHPE  
Stanford University School of Medicine

# No Official Disclosures



**Why Listen to Me?**















# CBME Critical Activities

## FRAMEWORK

Competencies required for practice are clearly articulated

## PROGRESSION

Competencies and their developmental markers are sequenced progressively

## TAILORED EXPERIENCES

Authentic, work-based learning environments organized to facilitate the developmental acquisition of competencies

## COMPETENCY-FOCUSED INSTRUCTION

Teachers who act as coaches in a way that promotes the developmental acquisition of competencies

## PROGRAMMATIC ASSESSMENT

Assessment practices support & document the developmental acquisition of competencies



ICBME  
COLLABORATORS





# EPAs Rebranded: Everyday Physician Activities

5



## Programmatic Assessment

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- + There are multiple points and methods for data collection
- + Methods for data collection match the quality of the competency being assessed
- + Emphasis is on workplace observation
- + Emphasis is on providing personalized, timely, meaningful feedback
- + Progression is based on entrustment
- + There is a robust system for decision-making

# FIVE CORE COMPONENTS

1. An Outcomes Competency Framework
2. Progressive Sequencing of Competencies
3. Learning Experiences Tailored to Competencies
4. Teaching Tailored to Competencies
5. Programmatic Assessment

**1 DIRECT  
OBSERVATION**

**2 MULTI-SOURCE  
FEEDBACK**

**3 SIMULATION**

**4 PROCEDURAL  
SKILLS**

**5 ELECTRONIC  
HEALTH RECORD**

**6 OSCE AND  
STANDARDIZED  
PATIENTS**

**7 IN-TRAINING  
EXAMS**

**8 QI AND  
SCHOLARLY  
PROJECTS**





**Entrustment**



Ad hoc entrustment





## Summative Entrustment



# Selection





Comparing

# To What End?



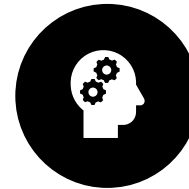
BEST OF THE BEST



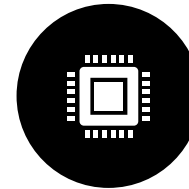
METRICS TO  
PREDICT FUTURE  
PERFORMANCE OR  
PROBLEMS



FIT OR  
ALIGNMENT



DIVERSITY,  
EQUITY, AND BIAS



LOGISTICS

A bar chart composed of six stacks of white paper, arranged in ascending order of height from left to right. The stacks are made of many thin sheets, creating a textured, layered appearance. A hand is visible at the top right, placing a single sheet of paper onto the tallest stack. The background is a plain, light-colored surface.

# Avalanche of Applications



## DUAL-PURPOSING OF ASSESSMENT



A photograph of a city street featuring a row of red brick buildings on the left. The building in the foreground has a white portico with columns and a black metal railing on its steps. A street lamp is visible on the left. To the right, there are green trees and a street sign that reads "MURKIN PL". Several cars are parked along the street. The text "Meaningful Comparison and CBME Can Coexist!" is overlaid in white on the image.

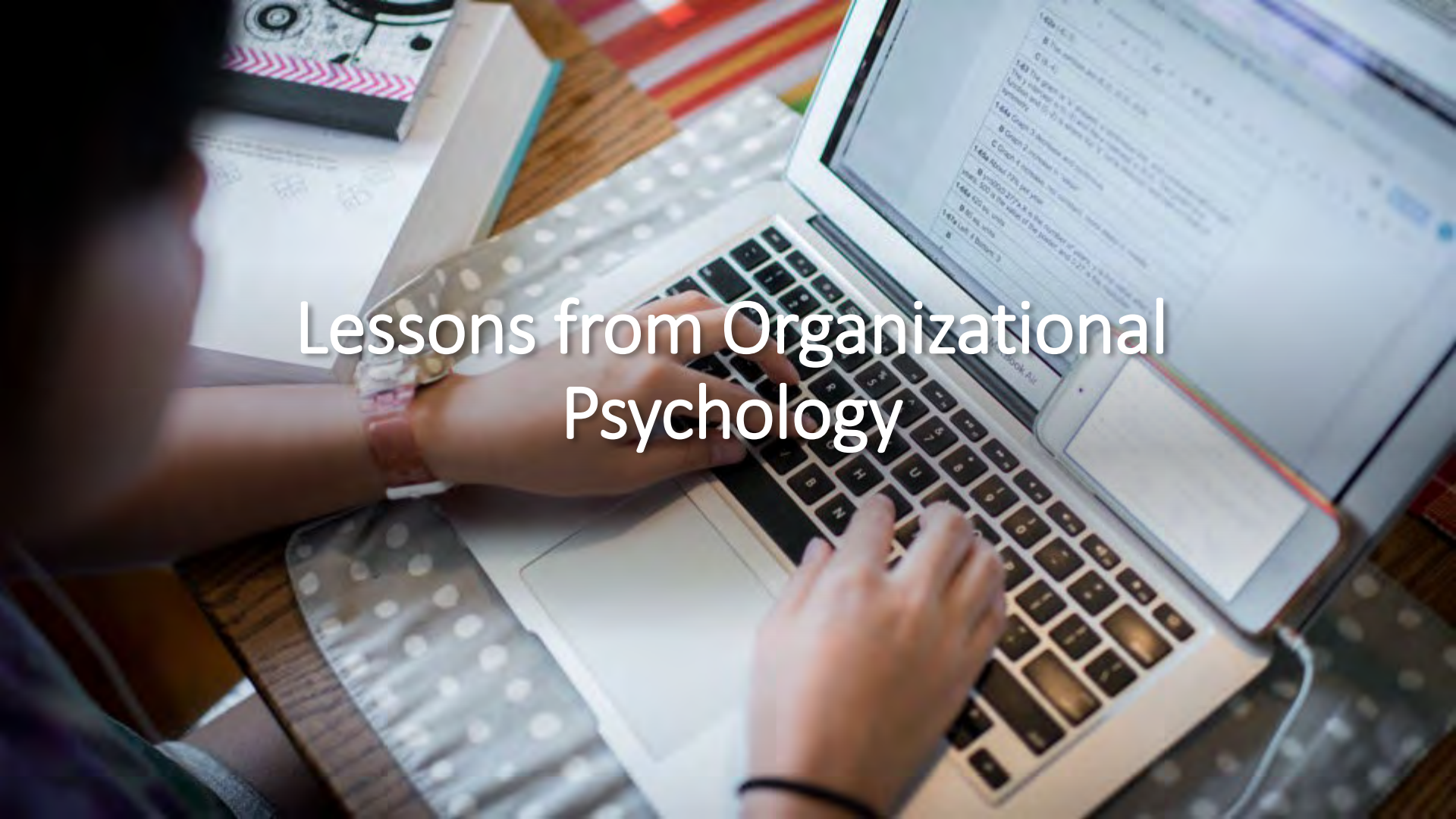
# Meaningful Comparison and CBME Can Coexist!



A large crowd of diverse people, seen from above, forming the shape of a world map. The people are of various ages, ethnicities, and are wearing colorful clothing. They are standing on a white background, and their shadows are cast on the ground. The map shape includes the continents of North America, South America, Europe, Africa, Asia, and Australia.

# Must Consider All Stakeholders and Priorities

- Individual achievement and priorities
- Competence overall and to do the work of the chosen profession and specialty
- Responsibility to meet the outcomes of a diverse society

A high-angle, close-up photograph of a person's hands typing on a silver laptop. The person is wearing a pink watch on their left wrist and a black hair tie on their right wrist. The laptop screen displays a math problem involving a graph and a table. To the left of the laptop, there is a stack of papers and a small box with a red and white pattern. The background is a wooden desk with a colorful, striped object. The text "Lessons from Organizational Psychology" is overlaid in white, sans-serif font in the center of the image.

# Lessons from Organizational Psychology

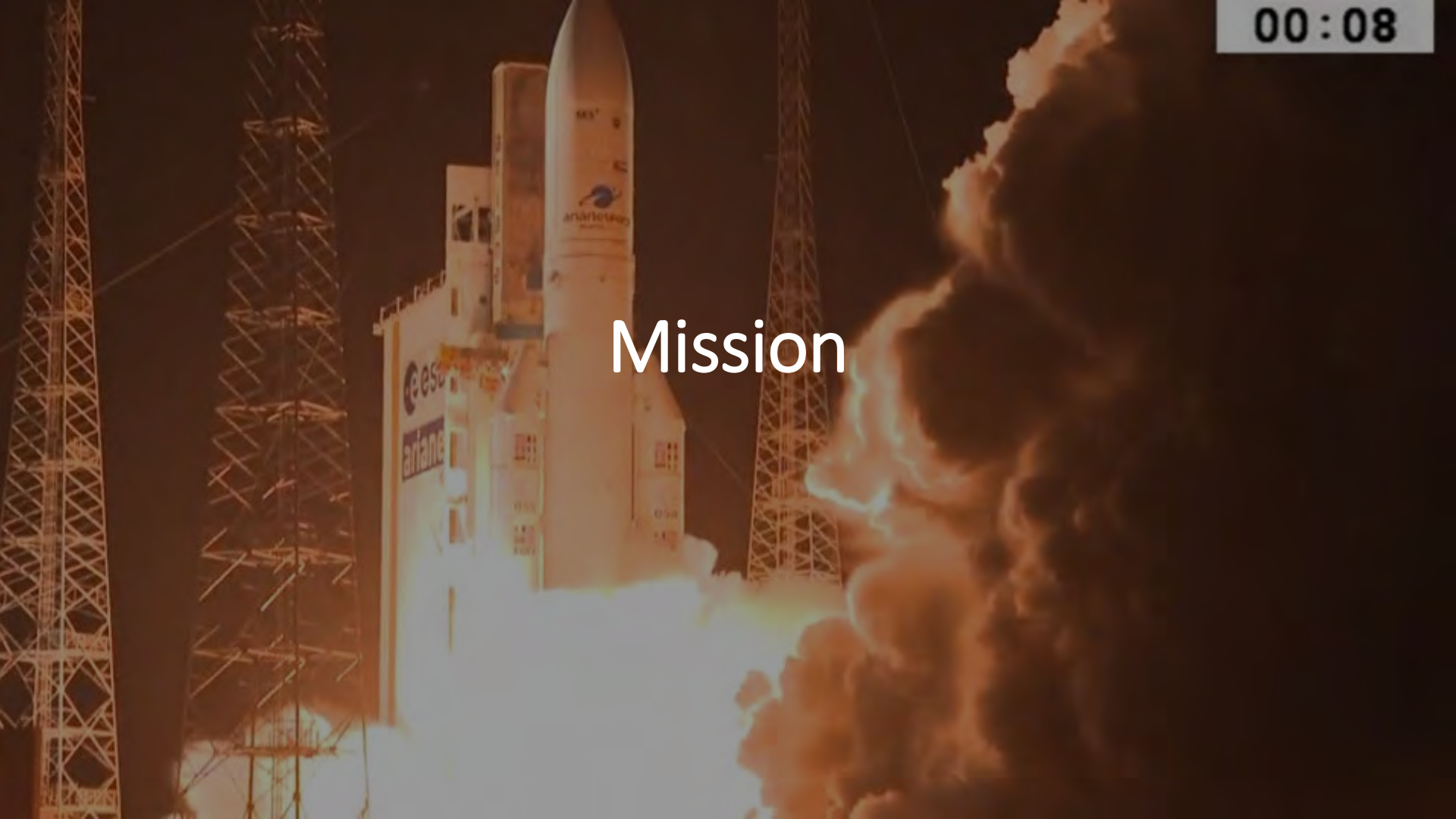
# Job Analysis


A top-down view of a workspace. In the upper left, a white smartphone lies vertically. To its right is a thin pencil. Further right is an open notebook with a pair of black-rimmed glasses resting on its right page. Below the notebook is a white computer keyboard. In the bottom right corner, a white ceramic cup filled with dark coffee sits on a matching saucer. The entire scene is set against a dark, textured background.



00:08

# Mission



A top-down view of several people's hands and forearms stacked in a circular pattern, symbolizing teamwork and unity. The hands are of various skin tones, including light, medium, and dark brown. Some individuals are wearing accessories like a pink wristband, a silver watch, and a gold bracelet. The background is a blurred, light-colored surface.

Teams

# Society





A wide-angle photograph of the San Francisco City Hall at dusk. The building's iconic blue-tiled dome is illuminated from below, and the entire facade is lit up, showing the classical architectural details like columns and arches. The sky is a clear, pale blue. In the foreground, there's a street with some parked cars and trees, also lit by streetlights.

# Defensibility







Focus on Outcomes



**Physicians' powerful ally in patient care**

# A SIMPL approach to improving competency



Brian C. George MD MAEd

Director, UM Center for Surgical Training and Research

Executive Director, Society for Improving Medical Professional Learning

Senior Scholar, The Center for Professionalism & Value in Health Care



# Disclosures



The Society for  
Improving Medical  
Professional Learning  
(SIMPL) is a 501c3 non-  
profit.



All of my work on  
behalf of SIMPL is on a  
volunteer basis.



I have no other vested  
financial interests.

Thank you!



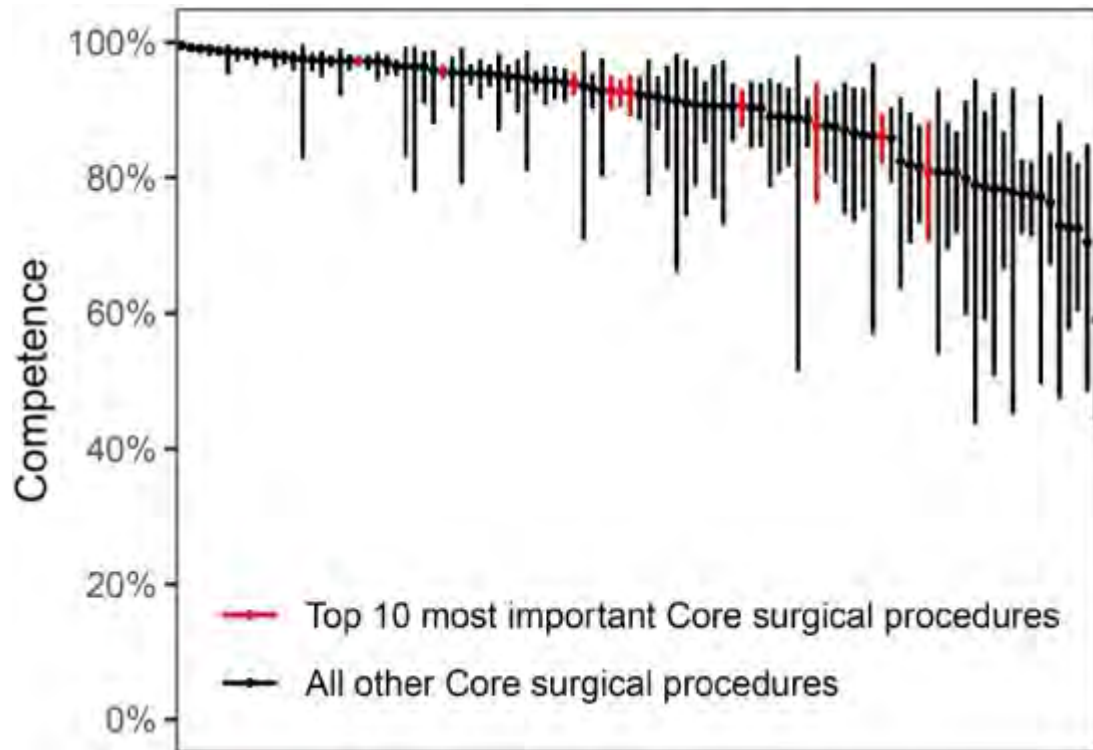
How well is our system of  
medical education working



Let's look at general surgery

# Competency for “Core” surgical procedures

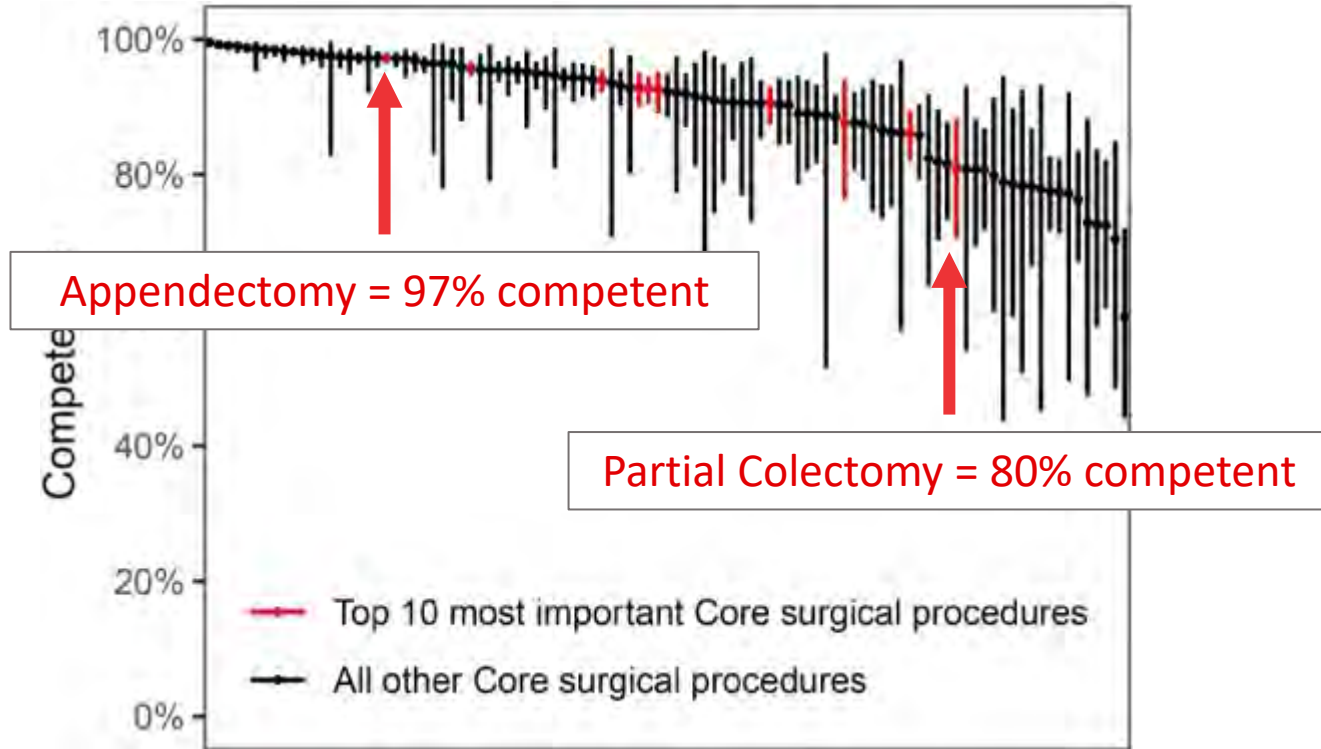
*N= 54 general surgery programs, 1,861 surgical residents, 29,885 observed procedures*



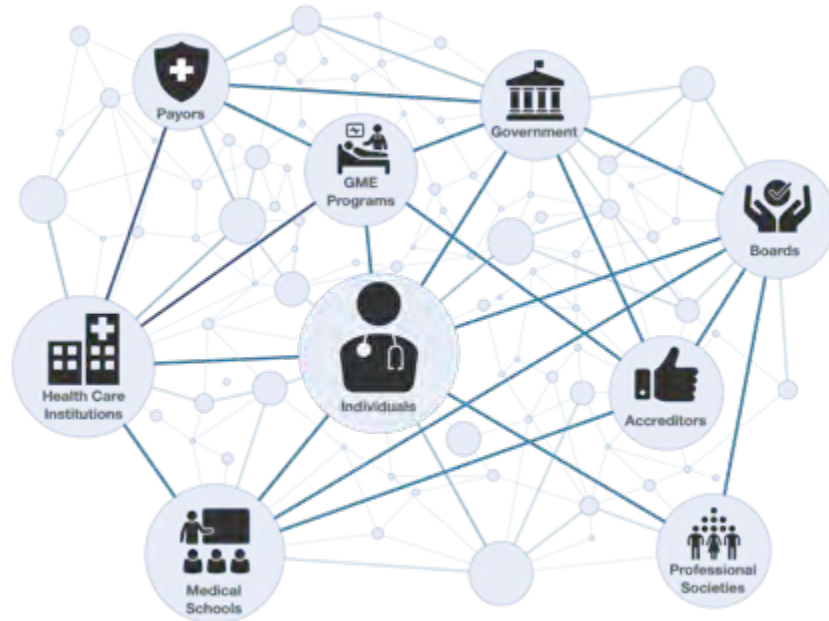


# Competency for “Core” surgical procedures

*N= 54 general surgery programs, 1,861 surgical residents, 29,885 observed procedures*



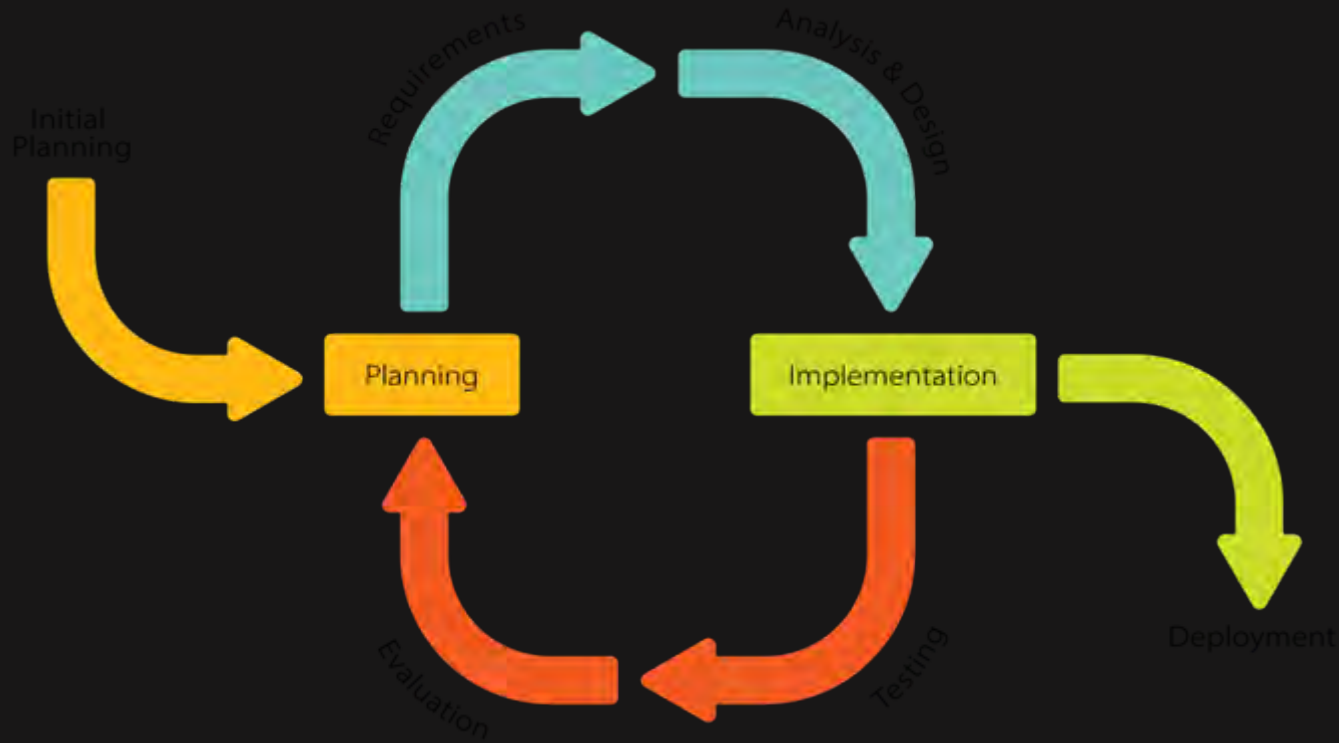
# How can we improve competency?



Where to  
intervene?

How to  
intervene?

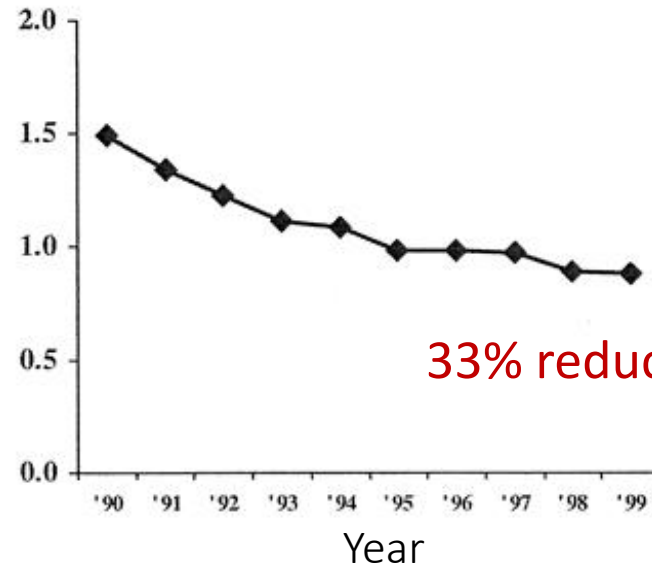
Insight #1: Medical education is a complex system and is best updated with an iterative “improvement approach”



# A Decade's Experience With Quality Improvement in Cardiac Surgery Using the Veterans Affairs and Society of Thoracic Surgeons National Databases

Frederick L. Grover, MD,\* A. Laurie W. Shroyer, PhD,\* Karl Hammemaister, MD,\* Fred H. Edwards, MD,†  
T. Bruce Ferguson, Jr., MD,‡ Stanley W. Dzuban, Jr., MD,§ Joseph C. Cleveland, Jr., MD,\* Richard E. Clark, MD,|| and  
Gerald McDonald, MD¶

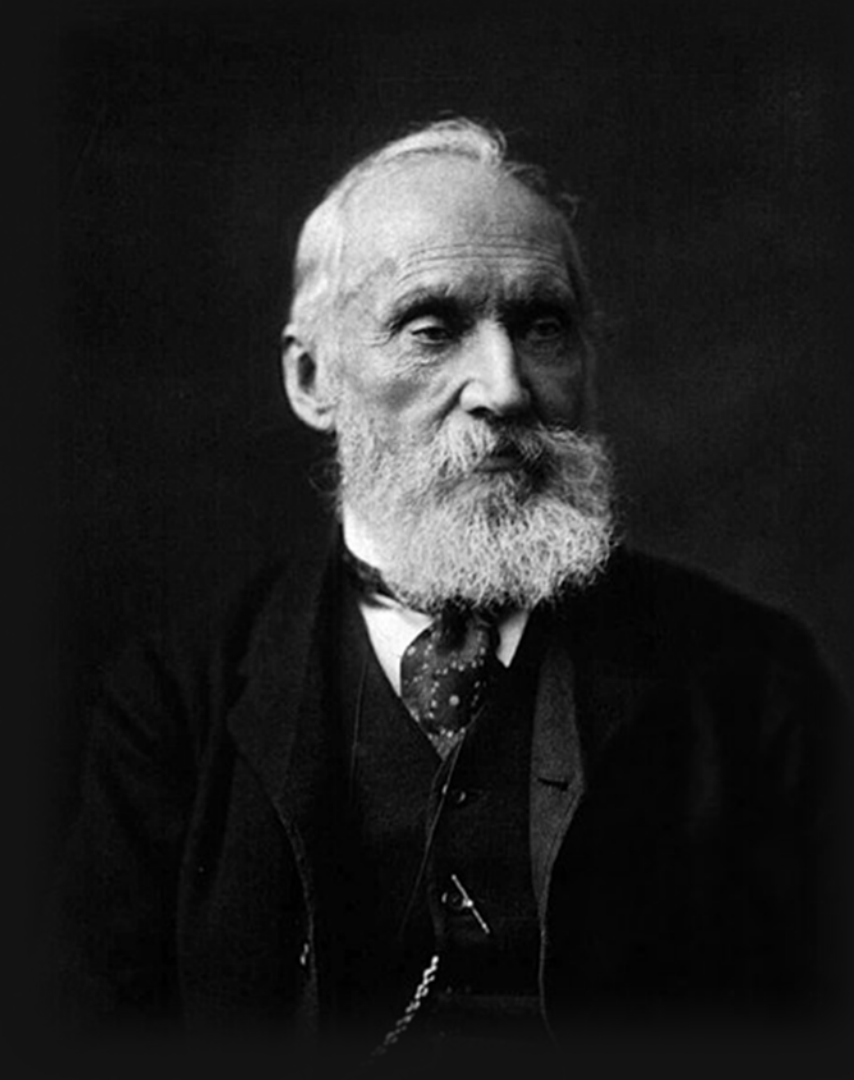
Observed-to-Expected Ratio for Death  
All Isolated CABG Patients, 1990 - 1999



33% reduction in mortality



Insight #2: Measurement is essential



If you can't measure it,  
you can't improve it

- Lord Kelvin (paraphrased)

## Insight #3: Educators often lack the resources to implement and sustain innovation at scale



Working in silos



Implementation  
barriers



Changes are  
difficult to sustain



~~PROBLEM~~

OPPORTUNITY



# Society for Improving Medical Professional Learning (SIMPL)

Collaboratively Addressing Systemic Problems in Medical Education

A 501(c)3, volunteer-led organization



185 training programs,  
9,000 physicians, 19  
specialties, 5 countries



Lots of Collaborative,  
Multi-Institutional  
Research (>50 publications)

# Mission

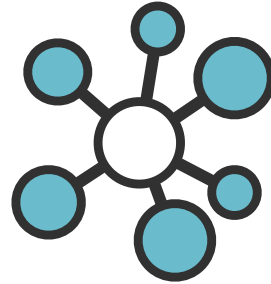
Establish and maintain the  
data, analytic, operational,  
and collaborative

**infrastructure**

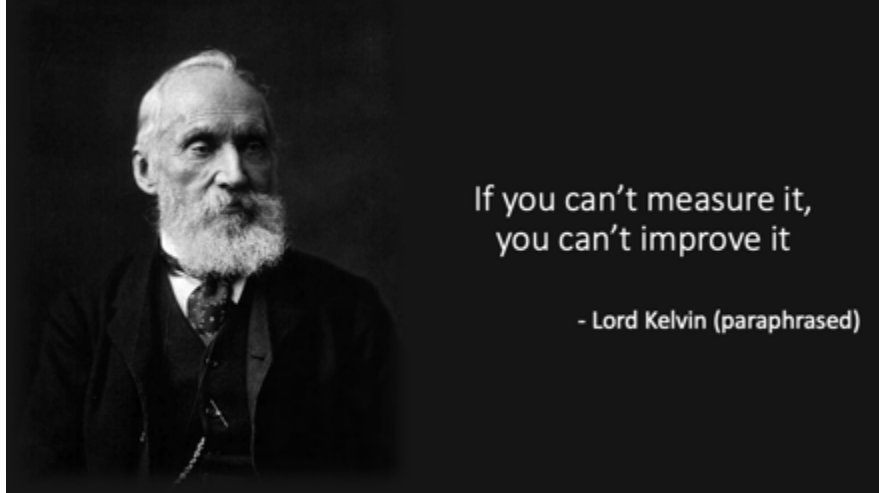
to support

**continuous quality  
improvement**

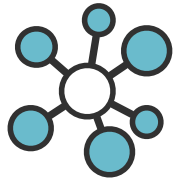
of the medical education system



**SIMPL**

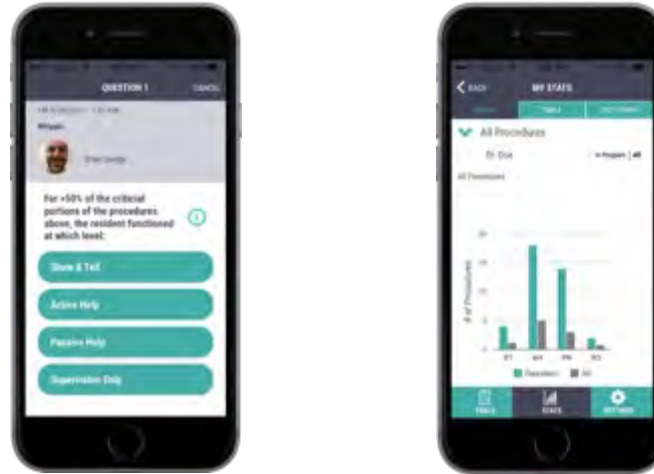


Step 1:  
Implement competency  
measures that can be  
scaled



SIMPL

# SIMPL app 1.0: an evidence-based workplace assessment tool

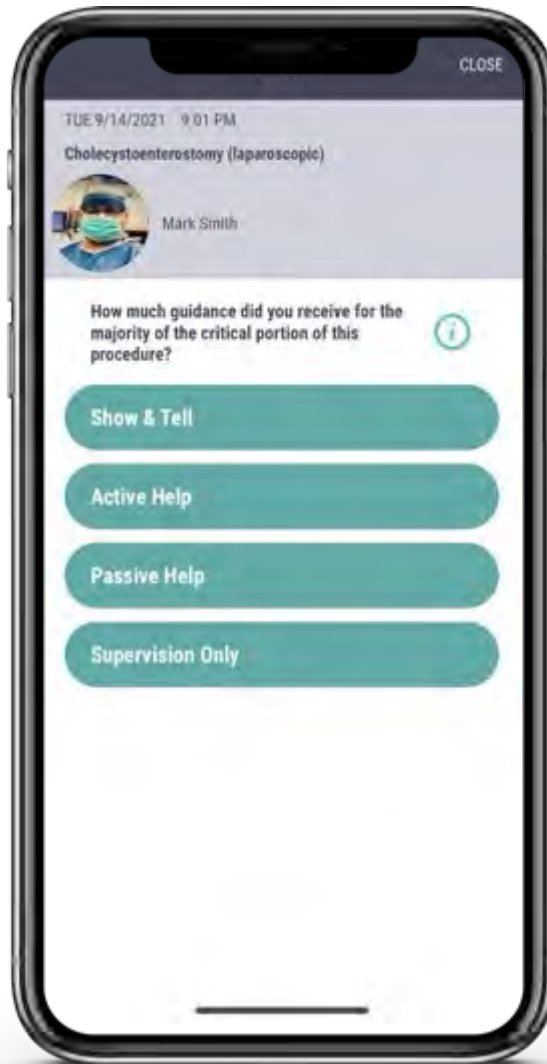


*Collaboratively developed and collectively supported  
by members of the Society for Improving Medical Professional  
Learning (SIMPL)*



SIMPL

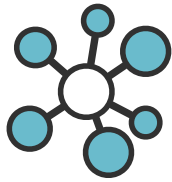
The SIMPL 1.0 app



Autonomy

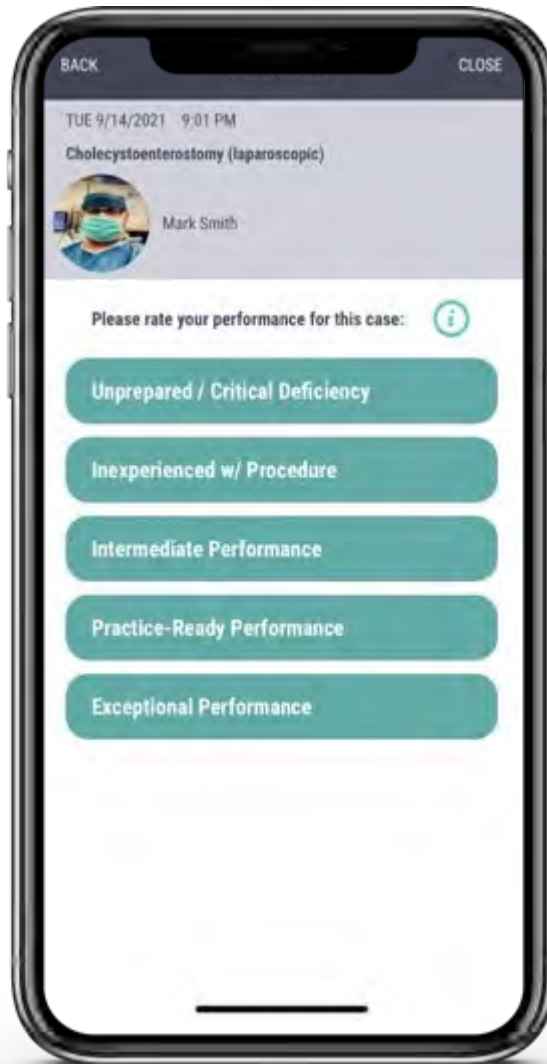


Retrospective  
Entrustment



SIMPL

The SIMPL 1.0 app



Readiness



Prospective  
Entrustment



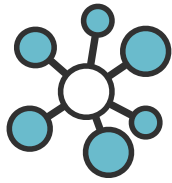


SIMPL

The SIMPL 1.0 app

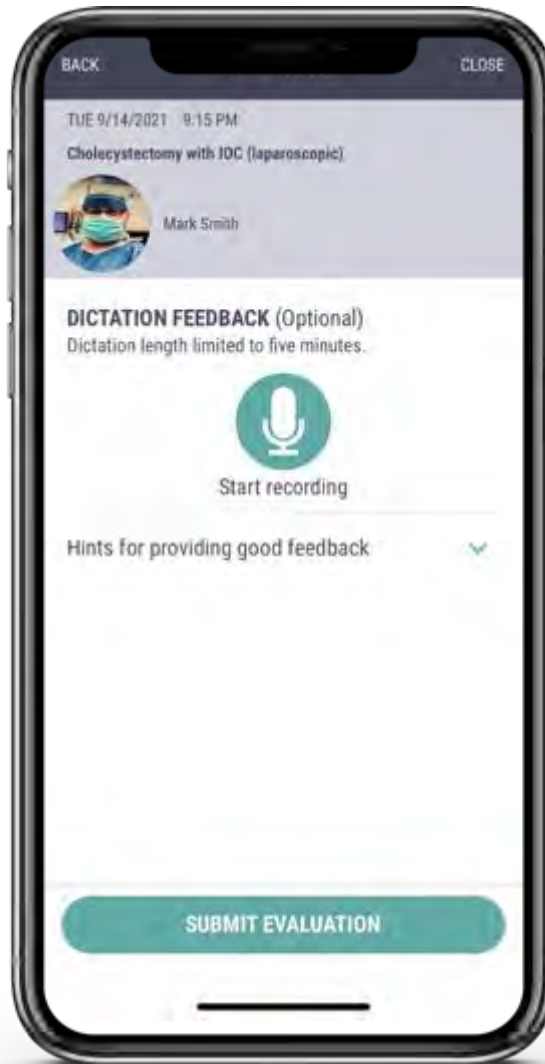


Context-Specific  
Case Complexity



SIMPL

The SIMPL 1.0 app



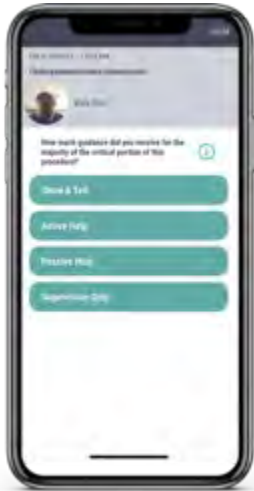
**Feedback** dictated by  
faculty

Recording immediately  
available to trainee

Recording also  
transcribed  
automatically for PD  
and CCC

# Next Steps for the SIMPL app

SIMPL  
1.0



SIMPL  
2.0



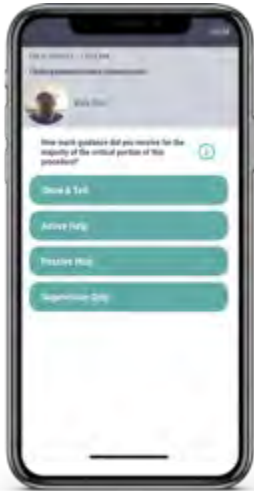
## SIMPL 2.0

Direct support for CBME and other educational quality **improvement** efforts, including implementation of EPAs



# Next Steps for the SIMPL app

SIMPL  
1.0



SIMPL  
2.0

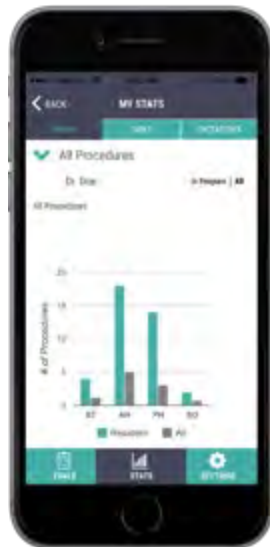
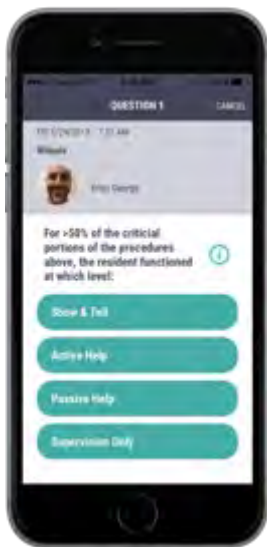


**SIMPL 2.0**

Direct support for CBME and other educational quality **improvement** efforts, including implementation of EPAs



Data collection is important, and  
we also need to use the data to  
improve



Making real-time  
competency predictions  
with SIMPL data

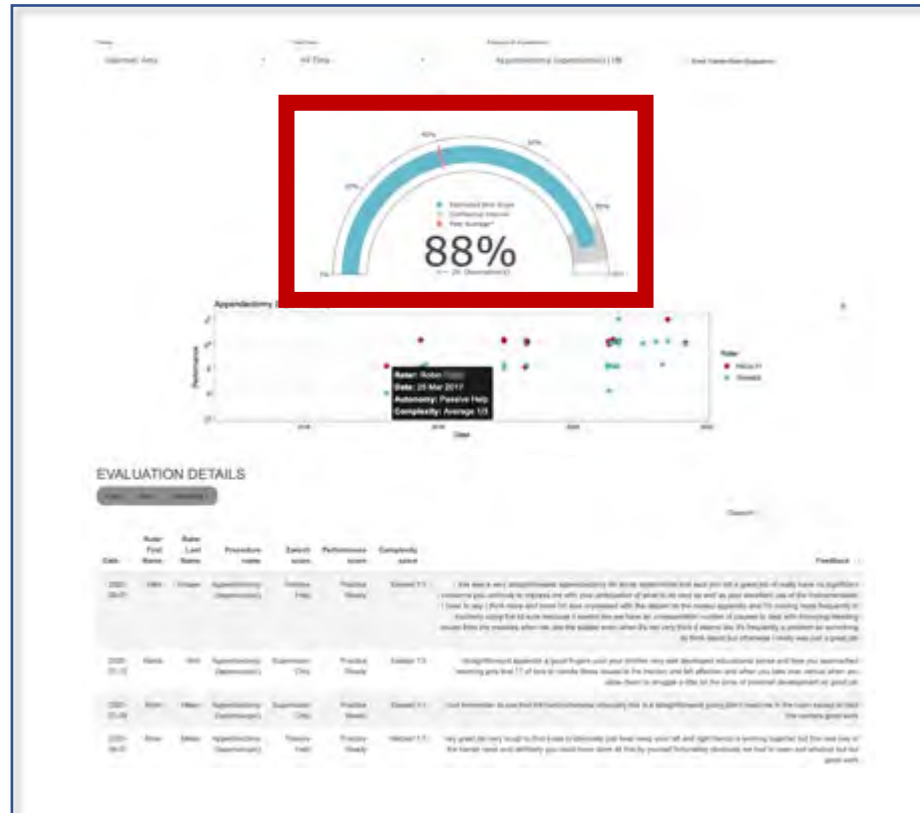


Andrew Krumm PhD

Assistant Professor  
Learning Health Sciences  
University of Michigan

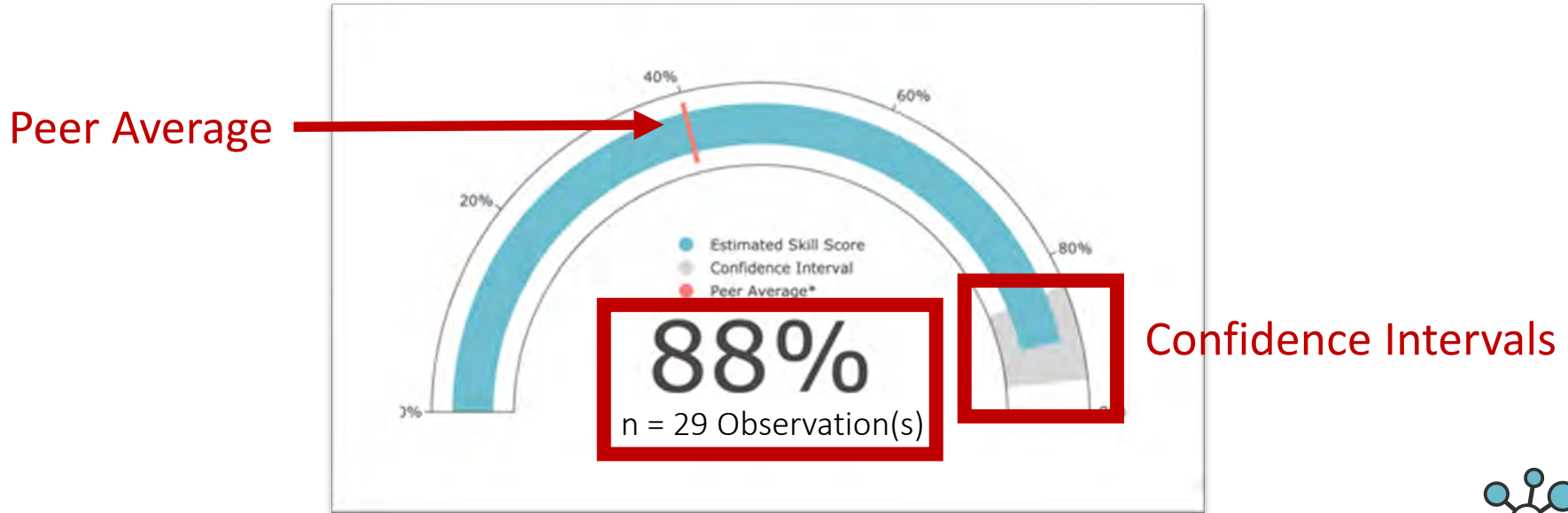


# Activity-specific dashboard (e.g. laparoscopic appendectomy)



# Probability of Being Deemed Competent on Next Laparoscopic Appendectomy

Bayesian mixed effect models fitted to population-level SIMPL data



These are competency-based predictive analytics

Again, these investments in  
competency measures  
are a first step.

The longer-term goal is collaborative development of evidence-based educational standards

Example: Using the SIMPL infrastructure to inform ACGME (RRC) case log standards

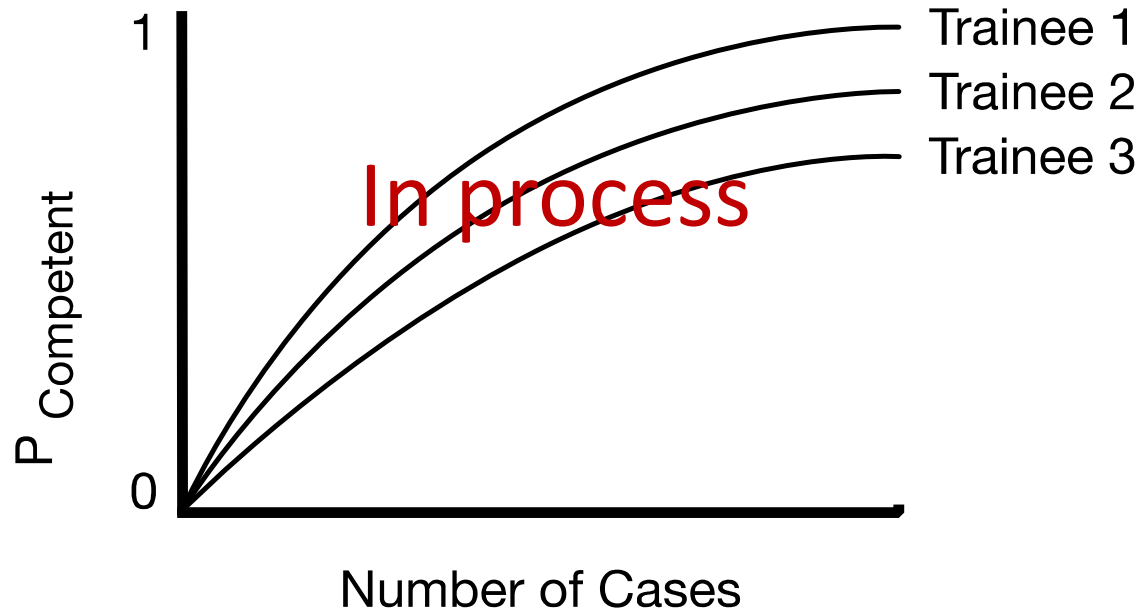


How much experience does a surgical resident need to be competent?

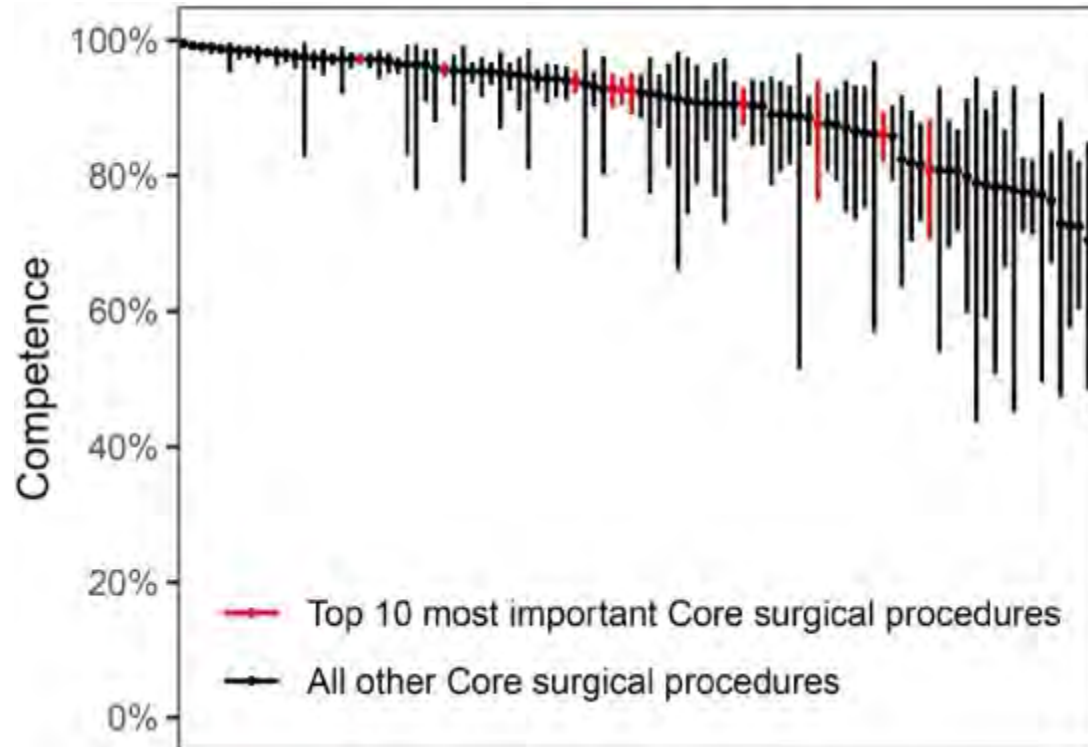
Limited evidence, standard setting guided primarily by expert consensus



# Variability in Trainee Autonomy and Learning in Surgery (VITALS) Trial: learning curves



To address this challenge...



# Measurement and collaboration are key



# Thank you

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@bcgeorge

@SIMPLCollab



**C-STAR**  
Center for Surgical Training and Research



**SIMPL**



THE CENTER FOR  
**PROFESSIONALISM & VALUE**  
IN HEALTH CARE



# **AMA Innovations in Medical Education Webinar Series**

Competency-based assessment across the medical education continuum

# **Questions**



**Physicians' powerful ally in patient care**