

PHYSICIAN'S GUIDE TO

Assessing and Counseling Older Drivers

2nd edition

Physician's Guide to Assessing and Counseling Older Drivers

The information in this guide is provided to assist physicians in evaluating the ability of their older patients to operate motor vehicles safely as part of their everyday, personal activities. Evaluating the ability of patients to operate commercial vehicles or to function as professional drivers involves more stringent criteria and is beyond the scope of this publication.

This guide is not intended as a standard of medical care, nor should it be used as a substitute for physicians' clinical judgement. Rather, this guide reflects the scientific literature and views of experts as of December 2009, and is provided for informational and educational purposes only. None of this guide's materials should be construed as legal advice nor used to resolve legal problems. If legal advice is required, physicians are urged to consult an attorney who is licensed to practice in their state.

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The American Medical Association designates this educational activity for a maximum of 6.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Additional copies of the guide can be downloaded or ordered online at the AMA's Older Driver's Project Web site: www.ama-assn.org/go/olderdrivers.

For further information about the guide, please contact:

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Disclosure Statement

The content of this activity does not relate to any product of a commercial interest as defined by the ACCME; therefore, there are no relevant financial relationships to disclose.

Educational Activity Objectives

- Increase physician awareness of the safety risks of older drivers as a public health issue
- Identify patients who may be at risk for unsafe driving
- Use various clinical screens to assess patients' level of function for driving fitness
- Employ referral and treatment options for patients who are no longer fit to drive
- Practice counseling techniques for patients who are no longer fit to drive
- Demonstrate familiarity with State reporting laws and legal/ethical issues surrounding patients who may not be safe on the road

Instructions for claiming AMA PRA Category 1 Credits™

To facilitate the learning process, we encourage the following method for physician participation: Read the material in the *Physician's Guide to Assessing and Counseling Older Drivers*, complete the CME Questionnaire & Evaluation, and then mail both of them to the address provided. To earn the maximum 6.25 AMA PRA Category 1 Credits™, 70 percent is required to pass and receive the credit.

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