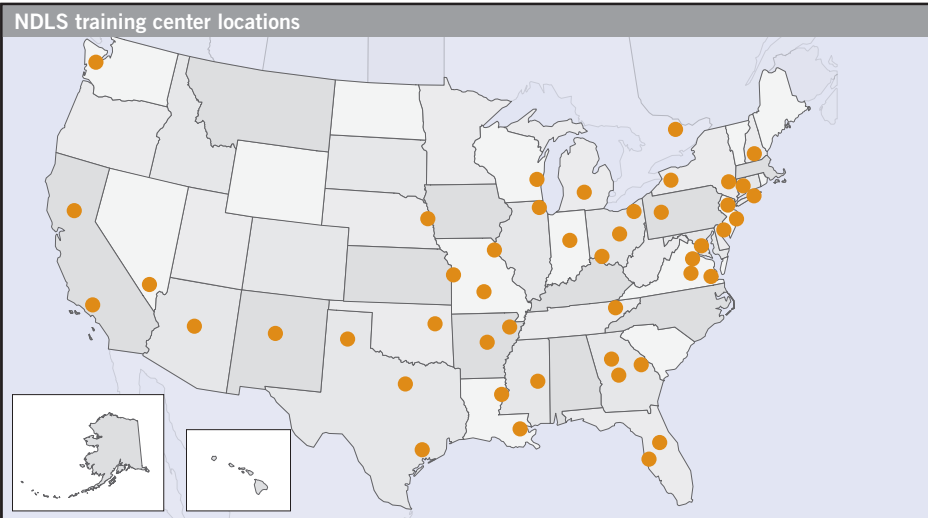


Be prepared.

Join more than 35,000 participants who have already taken advantage of the NDLS program.

There are currently 47 training centers throughout the United States offering NDLS courses. To schedule a course in your area or learn about upcoming courses, visit the AMA's Center for Public Health Preparedness and Disaster Response Web site (www.ama-assn.org/go/disasterpreparedness) or the NDLSF Web site (www.ndlsf.org), e-mail disaster.preparedness@ama-assn.org or call (866) 722-4911.



The NDLS courses were developed by external reviewers from multiple governmental and academic agencies and institutions. In 2007 the National Disaster Life Support Education Consortium™ (NDLSEC™) was formed to provide multidisciplinary expertise for the regular review and revision of the NDLS courses, as well as guidance for the continued expansion and deployment of the NDLS program. The NDLSEC is an unincorporated association jointly sponsored by the AMA and the NDLSF, and convened by the AMA.

In 2003 the AMA joined with four major academic centers to establish the NDLS program. The academic partners include the Medical College of Georgia, the University of Georgia, the University of Texas Southwestern Medical Center at Dallas and School of Public Health at Houston. Program courses were developed by leading U.S. experts in the field of public health preparedness and disaster response.

Advanced Disaster Life Support™, ADLS®, Basic Disaster Life Support™, BDLS®, DISASTER Paradigm™, MASS Triage™, National Disaster Life Support™, NDLS™, National Disaster Life Support-Decontamination™, NDLS-D™, National Disaster Life Support Education Consortium™, NDLSEC™, National Disaster Life Support Foundation™ and NDLSF™ are trademarks of the National Disaster Life Support Foundation.

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National Disaster Life Support™ program

Prepare to respond when disaster strikes

Courses provide valuable training and insight for an integrated response.



Photo credit: FEMA/Michael Rieger

Earn continuing medical education credit.
See course descriptions inside. ▶

Learn how to incorporate your skills in a disaster response system

The National Disaster Life Support (NDLS™) program addresses the need to train physicians and other health and safety professionals in understanding their roles and responsibilities as part of an integrated disaster response. Developed by the American Medical Association (AMA) and National Disaster Life Support Foundation™ (NDLSF™), this program is designed to help standardize emergency response training nationwide and, in turn, strengthen our nation's health system.

Using a proven curriculum that emphasizes an all-hazards, multidisciplinary approach, the NDLS multi-course program can enhance your participation and effectiveness as part of the overall disaster response system. Whether natural disaster, potential terrorist attack or some other form of public health emergency, NDLS courses will help hone your knowledge and skills in responding appropriately and effectively when disaster strikes.

The NDLS program works from the DISASTER Paradigm™, an approach implemented to best organize the provider's preparation and response to disaster management. The paradigm is built on the following principles: **D**etect, **I**ncident command, **S**cene security and safety, **A**ssess hazards, **S**upport, **T**riage and treatment, **E**vacuation, and **R**ecovery. Working from this model, the program emphasizes an all-hazards approach and addresses each of these principles in a way that assesses the status of a disaster situation and anticipates future needs.

Programs tailored to your profession

The NDLS program offers valuable information for each type of first-responder including: physicians, physician assistants (PAs), nurses, emergency medical technicians (EMTs), paramedics, dentists, pharmacists, allied health workers and technicians, administrators and planners, law enforcement officials and firefighters.

Professional education credit

By completing NDLS courses, physicians can earn *AMA PRA Category 1 Credit™*, and non-physicians receive a certificate of participation as evidence of course completion that may be converted into continuing education credit by the participant's professional accrediting organization.

Courses are offered in the following tracks for AMA PRA Category I Credit™ where applicable:

Course level	Track I	Track II	Track III	Track IV	Track V	AMA PRA Category I Credit™	Length	Type
Core	✘					4.5	½ day	Classroom
Basic		✘	✘	✘		7.5	1 day	Classroom
Advanced			✘	✘		15.5	2 days	Classroom/hands-on training
Instructor				✘		N/A	½ day	Classroom
Decontamination					✘	N/A	2 days	Classroom/hands-on training

Course descriptions

The program consists of five courses: Core Disaster Life Support® (CDLS®), Basic Disaster Life Support™ (BDLS®), Advanced Disaster Life Support™ (ADLS®), National Disaster Life Support-Decontamination™ (NDLS-D™) and NDLS Instructor.

CDLS course

(Meets the CFR 1910.120 requirement for Hazardous Materials Awareness)

The core course is an introduction to all-hazards preparedness for basic EMTs, allied health workers and technicians, law enforcement officials, administrators and planners, Medical Reserve Corps, firefighters, dentists, pharmacists, office-based physicians and nurses, and anyone needing introductory awareness-level training.

The course is presented in a 4.5-hour educational format and provides an overview of disasters, including those events that are natural, man-made, chemical, biological, nuclear, radiological, traumatic and explosive. The focus of the course is discussion and application of the DISASTER Paradigm. The overall goal is to introduce participants to core concepts and terms offered in greater detail in the basic and advanced courses.

The American Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Medical Association designates this educational activity for a maximum of 4.5 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

BDLS course

(Meets the CFR 1910.120 requirement for Hazardous Materials Awareness)

The basic course emphasizes an all-hazards approach to mass casualty incident management and facilitates ongoing qualitative and quantitative assessment of an incident. The recognition and management of the disaster scene and victims is reinforced through the DISASTER Paradigm. The concept of MASS Triage™ is introduced. In addition, the BDLS course adds critical information on the role of the health care professional in the public health and incident management systems, community mental health, and special needs of vulnerable populations.

This awareness-level course is ideal for physicians, PAs, nurses, dentists, pharmacists, allied health professionals, public health professionals and veterinarians. This course is taught in a flexible format that can be delivered in one day or in multiple sessions.

The American Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Medical Association designates this educational activity for a maximum of 7.5 *AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



Are you a medical or nursing student interested in taking an NDLS course? Students are welcome to sign up for NDLS courses by calling (866) 722-4911.

ADLS course

(Meets the CFR 1910.120 requirement for Hazardous Materials Operations)

The advanced course is a practicum course for those who have successfully completed the BDLS course. It prepares participants for mass casualty decontamination, use of personal protective equipment, essential disaster skills, mass casualty incident communications and technology applications. The course uses simulated scenarios, interactive sessions and drills with high-fidelity mannequins and volunteer patients to provide a true-to-life, practical experience in treatment and response. The course is presented over two days—Day 1 is primarily instructional, and Day 2 incorporates hands-on training distributed over four advanced training stations.

The American Medical Association is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

The American Medical Association designates this educational activity for a maximum of 15.5 *AMA PRA Category 1 Credits™*. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NDLS-D course

(Meets the CFR 1910.120 requirement for Hazardous Materials Operations)

The decontamination course is a two-day course targeting nonmedical providers and hospital-based personnel. The ability to decontaminate a large number of victims from a chemical, radiologic or biological event will require large numbers of personnel who are trained and equipped to provide decontamination. After completing Day 1 of classroom-based training, students complete an additional eight hours of instruction in victim decontamination. The components of the NDLS-D program include donning/doffing personal protective equipment, a tabletop exercise, ambulatory, litter and full-scale decontamination practice.

NDLS Instructor course

The instructor course is a four-hour course to prepare advanced providers for instructing all levels of NDLS program courses. It is for physicians, nurses, PAs, EMTs, paramedics, dentists, veterinarians and allied health professionals who have successfully completed the ADLS course.

