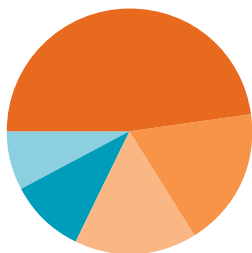


BUSY, BUSY PHYSICIANS

If you think you're busier than ever and your office visits have ballooned, you're not alone. And you're probably right. A new study from the CDC found that of the billion-plus patient visits for ambulatory care in 2004, the vast majority were at physician offices. And of these office visits — some 910 million — 58.5% were to primary care physicians.

1,106,067

(All numbers in thousands)



OFFICE VISITS: 910,857

- Primary care
532,420
- Medical specialty
202,006
- Surgical specialty
176,431

ALL OTHERS: 195,210

- Emergency
110,216
- Outpatient
84,994

DECADE OF GROWTH

(Numbers in the thousands)

681,457

Total number of ambulatory care office visits in 1994

910,857

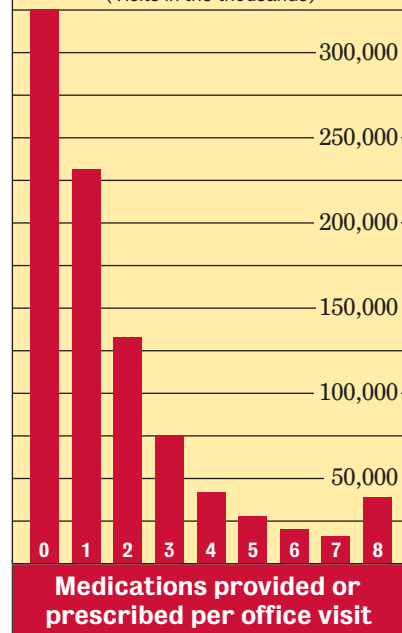
Total number of ambulatory care office visits in 2004

33.7%

Percent increase in total number of ambulatory care office visits from 1994–2004

MEDS NOT ALWAYS INCLUDED

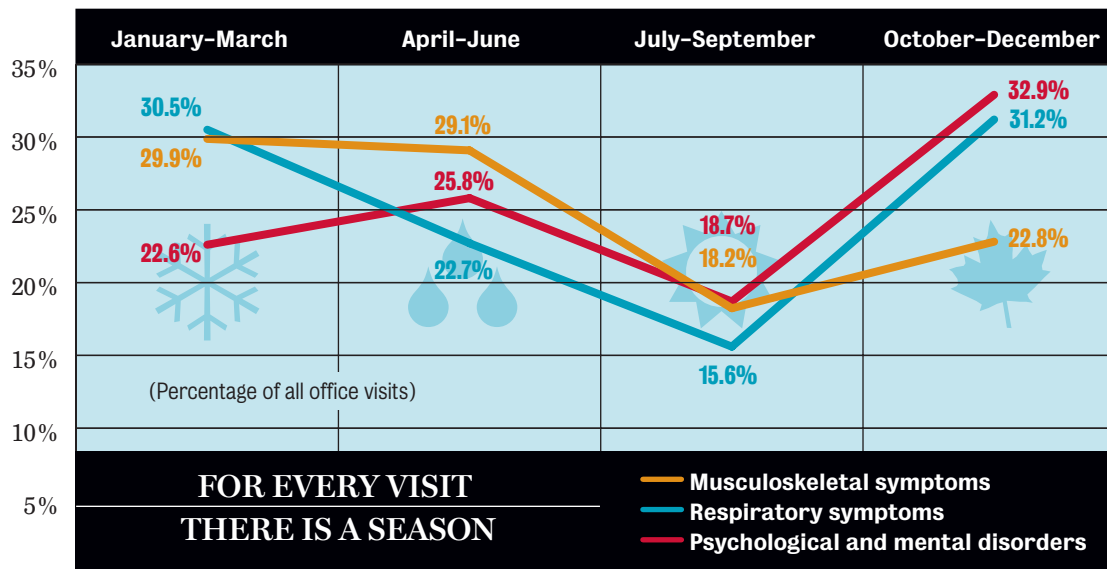
(Visits in the thousands)



Medications provided or prescribed per office visit

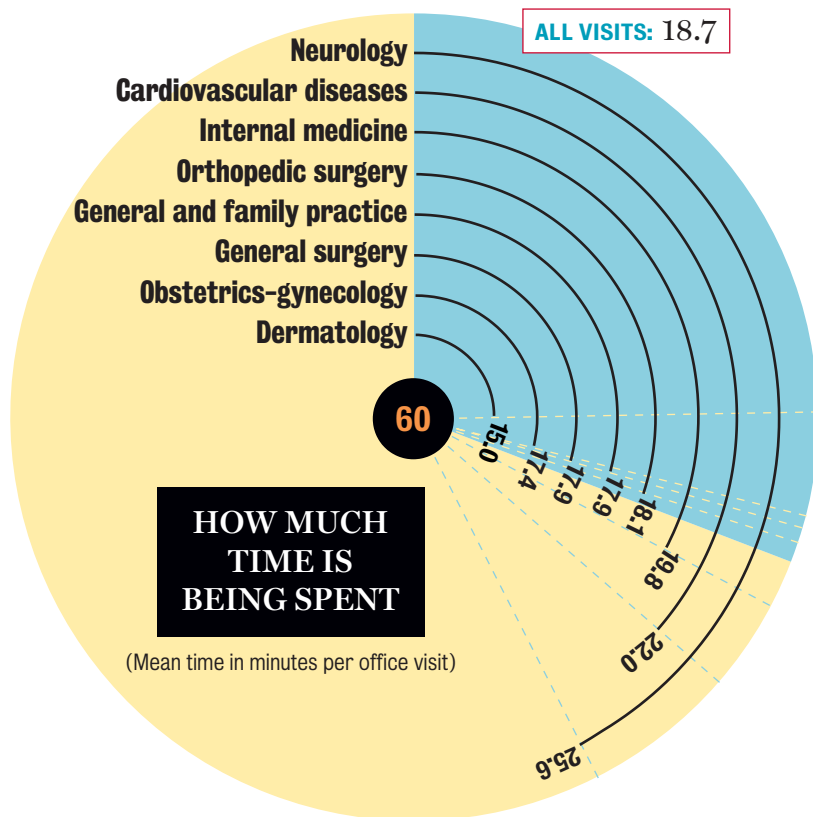
WHO'S COMING TO YOUR OFFICE

| OFFICE VISITS | ALL | PREVENTIVE CARE | |
|----------------------|----------------|-----------------|----------------------------|
| Numbers in thousands | | | % with primary care doctor |
| FEMALE | 535,541 | 99,694 | 90.1% |
| < 15 years | 70,184 | 19,440 | 96.6% |
| 15–24 years | 45,232 | 15,991 | 97.2% |
| 25–44 years | 133,318 | 34,756 | 96.3% |
| 45–64 years | 152,319 | 18,932 | 78.9% |
| 65–74 years | 63,202 | 5,095 | 65.7% |
| 75 years > | 71,286 | 5,481 | 68.3% |
| MALE | 375,316 | 47,308 | 81.2% |
| < 15 years | 77,726 | 19,151 | 96.3% |
| 15–24 years | 25,361 | 3,521 | 87.0% |
| 25–44 years | 60,943 | 6,573 | 70.3% |
| 45–64 years | 111,784 | 11,506 | 74.2% |
| 65–74 years | 50,224 | 4,126 | 62.7% |
| 75 years > | 49,279 | 2,432 | 47.5% |
| TOTAL | 910,857 | 147,002 | 87.2% |



**FOR EVERY VISIT
THERE IS A SEASON**

- Musculoskeletal symptoms
- Respiratory symptoms
- Psychological and mental disorders



WHAT'S BEING DONE

(Percentage of office visits)

COUNSELING, EDUCATION OR THERAPEUTIC SERVICE

| | |
|------------------------------------|-------|
| Diet or nutrition | 12.8% |
| Exercise | 8.7% |
| Mental health or stress management | 5.1% |
| Growth or development | 3.2% |
| Weight reduction | 3.1% |
| Psychotherapy | 2.4% |
| Tobacco use or exposure | 2.2% |
| Physiotherapy | 2.2% |
| Asthma education | 1.7% |

EXAMINATIONS

| | |
|-----------------------------|-------|
| General medical examination | 50.5% |
| Other exam | 21.3% |

DIAGNOSTIC TESTS

| | |
|---------------------|------|
| ECG | 2.4% |
| Any scope procedure | 2.5% |

LABORATORY TESTS

| | |
|--------------------------|------|
| CBC | 9.6% |
| Urinalysis | 8.1% |
| Lipids or cholesterol | 6.5% |
| PSA | 1.5% |
| Hematocrit or hemoglobin | 2.8% |
| Pap test | 2.7% |
| Glucose | 4.3% |
| Hgb A1c | 2.2% |

CULTURES

| | |
|----------------------------|------|
| Throat or rapid strep test | 1.5% |
| Urine | 1.0% |
| Stool | 0.5% |
| Cervical or urethral | 0.6% |

IMAGING

| | |
|-------------|-------|
| Any imaging | 10.0% |
| X-ray | 5.7% |
| Mammography | 1.6% |
| Ultrasound | 1.8% |

87% of all preventive care office visits were provided by primary care doctors in 2004.

1994

WHAT'S BEING SEEN MOST OFTEN

2004

(Leading primary diagnosis groups for all office visits, numbers in the thousands)

| | | | |
|--|--------|--------------------------------------|--------|
| Essential hypertension | 25,521 | Essential hypertension | 37,843 |
| Normal pregnancy | 22,965 | Routine infant or child health check | 31,349 |
| General medical exam | 21,719 | Malignant neoplasms | 27,776 |
| Health supervision of infant or child | 17,503 | Acute upper respiratory infections* | 27,687 |
| Acute upper respiratory infections* | 17,100 | Diabetes mellitus | 27,167 |
| Suppurative and unspecified otitis media | 15,968 | Arthropathies and related disorders | 24,711 |
| Chronic sinusitis | 12,819 | Spinal disorders | 23,988 |
| Diabetes mellitus | 12,027 | Normal pregnancy | 23,222 |

* NOTE: 2004 NUMBER EXCLUDES PHARYNGITIS. 1994 DATA WERE FOR INFECTIONS OF MULTIPLE OR UNSPECIFIED SITES.

SOURCE: "NATIONAL AMBULATORY MEDICAL CARE SURVEY," 2004 AND 1994 SUMMARY REPORTS, CDC/NATIONAL CENTER FOR HEALTH STATISTICS, JUNE 2006 AND APRIL 1996