

**AMA's National Summit on Obesity
October 19-20, 2004**

PRESENTERS BIOS

George Anstadt, MD, Moderator. Dr. Anstadt is Medical Director at Occupational Health + Rehabilitation, Inc. (OH+R). Dr. Anstadt has practiced Occupational Medicine for over 25 years, mostly with Eastman Kodak Company, where he served in a senior administrative position. Dr. Anstadt is a graduate of the Pennsylvania State University and the Jefferson Medical College. He completed his Occupational Medicine residency at the University of Cincinnati and has business training from the Kellogg School of Business, Northwest University. Dr. Anstadt is board certified in Occupational Medicine; he is a certified MRO. He has served and serves in leadership roles for many medical organizations including the American College of Occupational and Environmental Medicine (ACOEM-past President), the Occupational Physicians Scholarship Fund (Chairman of the Board), and the American Medical Association.

Donald Bergman, MD. Dr. Bergman Clinical Professor of Medical, University of California at Irvine. Dr. Bergman is an Informational roundtable presenter representing the American Association of Clinical Endocrinologists.

George Bray, MD. Dr. Bray, is Boyd Professor at Pennington Biomedical Research Center. Dr. Bray is an Informational Roundtable presenter who is representing The Endocrine Society.

Louis H. Diamond, M.D. Ch.B. Dr. Diamond received his medical degree from the University of Capetown, South Africa and is a Fellow of the American College of Physicians. He joined Medstat in 1993 where he currently oversees the Clinical Oversight department. Previous positions held include Chairman, Department of Medicine, DC General Hospital, Assistant Dean for Medical Affairs, at DC General Hospital, and Professor of Medicine, Georgetown, School of Medicine.

Lee Dixon, MA. Mr. Dixon has over 25 years experience in the field of health care policy and planning. He is Vice President of NETSCAN iPublishing, Inc. He directs the NCSL Health Policy Tracking Service (HPRS) at NETSCAN and is responsible for new product development. Prior to joining NETSCAN in January 2004, Mr. Dixon was the Director of the Health Policy Tracking Service (HPTS), a unit of the National Conference of State Legislatures (NCSL). Before accepting the position at NCSL, Mr. Dixon was at George Washington University as co-director of the Intergovernmental Health Policy Project (IHPP) from 1988-1986. He conducted policy research on state legislation and policies affecting the delivery and financing of mental health and substance abuse treatment services. Mr. Dixon has held various policy development and planning positions at the

President's Commission on mental Health, National Institute of Mental Health, and Substance Abuse and Mental Health Administration and has worked as a public health advisor for the Centers for Disease Control and Prevention. Mr. Dixon holds a bachelor's degree from the University of Michigan and a Master's degree in public affairs from the University of Washington.

John E. Evans, III, MD. Dr. Evans, Oregon Anesthesiologist Group is an Informational roundtable presenter representing the Oregon Medical Association.

Michael O. Fleming, MD, FAAFP, Moderator. Dr. Fleming is a family physician in Shreveport, LA, and President of the American Academy of Family Physicians. Dr. Fleming is managing senior partner for the Family Doctors. He is also assistant clinical professor in the Department of Family Medicine at Louisiana State University Health Science Center and in the Department of Family and Community Medicine at Tulane University Medical School. He previously served at the AAFP's vice speaker, chair of the Task Force on AAFP/Chapter Relations, chair of the Committee on Public Relations and Marketing, and board member of the AAFP Foundation. Dr. Fleming is past president of the Louisiana Academy of Family Physicians, and past chair of the Board of Directors for the Louisiana Academy of Family Physicians Foundation. Dr. Fleming attended Louisiana State University in Baton Rouge, and received his medical degree from Louisiana State University in Shreveport.

J. Michael Gonzalez-Campoy, MD, PhD, Moderator. Dr. Gonzalez-Campoy is Medical director and Chief Executive Officer, Minnesota Center for Obesity, Metabolism and Endocrinology. AMA Vice-Chair of the Governing Council of the Minority Affairs Consortium, and founding member of the Minority Affairs Committee of the American Association of Clinical Endocrinologists,

Douglas B. Kamerow, MD, MPH. Dr. Kamerow was a member of the IOM Committee on Prevention of Childhood Obesity. He is Chief Scientist for Health, Social, and Economics Research at RTI International, where he focuses on health-related behaviors, evidence-based care, and improving the quality of health care. Among his responsibilities is serving as principal investigator on an evaluation of the Robert Wood Johnson Foundation's national diabetes program. He is a Clinical Professor of Family Medicine at Georgetown University and editor of *BMJ USA*, the US edition of the *British Medical Journal*. A family physician who is also board-certified in preventive medicine, Dr. Kamerow received his A.B. from Harvard College, M.D. from the University of Rochester, and M.P.H. from Johns Hopkins University. As an Assistant Surgeon General of the US Public Health Service, Dr. Kamerow represented the PHS at AMA House of Delegate meetings for six years. In the Department of Health and Human Services he served as Director of the Center for Practice and Technology Assessment, Agency for Healthcare Research and Quality, and Director of the clinical Preventive Services staff of the Office of Disease Prevention and Health Promotion. Dr. Kamerow conceived and supervised the creation of the

Evidence-based Practice Centers Program and the National Guideline Clearinghouse, was managing editor of the first and second editions of the U.S. Preventive Services Task Force *Guide to Clinical Preventive Services*, and led the development of the *Put Prevention into Practice* campaign, which sought to incorporate clinical preventive services into routine medical practice.

David L. Katz, MD, MPH. Dr. Katz is an Internist and Preventive Medicine specialist, and a nationally recognized nutrition expert, with particular research interest in the prevention of chronic disease, especially cardiovascular disease, obesity, diabetes, and cancer. He is the Director of Medical Studies in Public Health at Yale since 1997. Dr. Katz co-founded and directs the CDC-funded Yale Prevention Research Center (PRC) where he oversees diverse studies in disease prevention and health promotion. The PRC houses a vascular research laboratory, where numerous studies of pharmacologic and nutrient effects on endothelial function have been and are being conducted. Dr. Katz also founded and directs the Integrative Medicine Center (IMC; Derby, CT), a facility that blends allopathic and naturopathic care. Jointly, the IMC and PRC support trials in the area of complementary and alternative medicine. Dr. Katz has authored and co-authored 6 books. His latest work, *The Way to Eat* (Sourcebooks, Inc.: December 2002) addresses the skills and strategies needed to overcome obstacles to healthful eating and weight control. He also writes monthly nutritional columns for eDiets.com and “O” the Oprah Magazine.

Katherine Kaufer Christoffel, MD, MPH. Dr. Kaufer Christoffel, Professor, Department of Pediatric and Preventive Medicine, Northwestern Feinberg School of Medicine, and Medical and Research Director, CLOCC. Dr. Kaufer Christoffel is a breakfast roundtable presenter representing the Consortium to Lower Obesity in Chicago Children (CLOCC).

Lloyd Kolbe, PhD. Dr. Kolbe is professor of Applied Health Science at Indiana University Bloomington and recent recipient of the 2004 Award for Excellence in the Prevention and Control of Chronic Disease from the United States Chronic Disease Directors. Dr. Kolbe was founding director of the Division of Adolescent and School Health (DASH) at the national Centers for Disease Control and Prevention (CDC) for the past 15 years prior to joining the faculty of IUB. Dr. Kolbe also led the National Initiative to Improve Adolescent Health by 2010, and was appointed by the National Academies to serve as Vice Chairman of the Institute of Medicine Committee on Adolescent Health and Development. Before serving as founding director of DASH, Dr. Kolbe served as Associate Director of the University of Texas Center for Health Promotion Research and Development, Associate Professor of Behavioral Science at the University of Texas School of Public Health, Chief of Evaluation for the U.S. Office of Disease Prevention and Health Promotion, Director of School Health Programs at the National Center for Health Education, and Assistant Professor of Health Science at the University of Northern Colorado. Dr. Kolbe has been elected President of the American School Health Association, Vice President for Scientific and Technical

Development of the International Union for Health Promotion and Education, and appointed Visiting Professor at Beijing Medical University, US Lead for Health Education and Promotion within the US Russian Joint Commission on Economic and Technological Cooperation; and Chairman of the World Health Organization Expert Committee on Comprehensive School Health Education and Promotion.

Robert F. Kushner, MD. Dr. Kushner is Professor of Medicine, Northwestern University Feinberg School of Medicine, and Medical Director of the Wellness Institute at Northwestern Memorial Hospital. Dr. Kushner is one of the nation's foremost experts on obesity, and author of *Roadmaps for Clinical Practice Case Studies in Disease Prevention and Health Promotion: Assessment and Management of Adult Obesity: A Primer for Physicians*.

Matt Longjohn, MD, MPH. Dr. Longjohn is Research Assistant Professor, Department of Pediatric and Preventive Medicine, and Executive Director of the Consortium to Lower Obesity in Chicago Children (CLOCC).

Mike Magee, MD. Dr. Magee is Senior Fellow in the Humanities to the World Medical Association and director of the Pfizer Medical Humanities Initiative. In this capacity he is called upon to speak worldwide on a wide range of clinical, public health, and public policy issues that impact on the quality of life. Dr. Magee is a David Rockefeller Fellow, Professor of Surgery at Jefferson Medical College, and a Master Scholar at New York University School of Medicine. He has provided testimony to Congress, and consulted for the American Medical Association, the American Association of Medical Colleges, and the American Hospital Association. His work on creating healthy and productive cross-sector partnerships between government, industry, academics, and non-governmental organizations is well known, often quoted, and has placed him at the center of health care reform. Dr. Magee is past president of the National Association of Physician Broadcasters and a former radio and television columnist, titled by the Boston Globe, "the most optimistic physician in America – Medicine's own Norman Vincent Peale." As national spokesperson for the Senior Olympics, Dr. Magee has been an effective advocate for healthy aging with appearances on many national broadcasts including the Today Show, CBS Morning News and Larry King Live. Dr. Magee is the author of *The Best Medicine and Positive Leadership*, and an accomplished public speaker whose clear and determined voice has championed patient rights, principled leadership and access to scientific discoveries for over two decades.

Michael Parkinson, MD, MPH. Dr. Parkinson is responsible for the strategic direction and health care management of Lumenos. He formerly was associate director of medical programs and resources for the U.S. Air Force where he was responsible for policy and planning for the Medical Service with over 2 million beneficiaries, 70 facilities and a \$4 billion budget. A retired colonel, he also served as deputy director of Air Force Medical Operations and chief of preventive medicine. While assigned to the U.S. Public Health Service, Dr. Parkinson was

responsible for oversight of federal training programs in public health, geriatrics and preventive medicine. He previously served on the National Advisory Committee of the Robert Wood Johnson Foundation Health Care Purchasing Institute. He is currently vice chair of the American Board of Preventive Medicine, a member of the Institute of Medicine Committee reviewing NASA prevention programs, and a member of the Armed Forces Epidemiological Board. He also is a member of the Editorial Board of the American Journal of Preventive Medicine and a reviewer for the American Journal of Managed Care. Dr. Parkinson is a recipient of the Air Force Legion of Merit, the Distinguished Service and Rising Star Awards of the American College of Preventive Medicine, and Distinguished Recent Graduate Award from the Johns Hopkins School of Public Health. He received his A.B. from Cornell University, M.D. from George Washington University, family practice training at the University of California at Los Angeles and his M.P.H., preventive medicine residency and chief residency at the Johns Hopkins University.

Winston Price, MD. Dr. Price, President of the National Medical Association, is an informational roundtable participant representing the National Medical Association.

Joe Quinn, Mr. Quinn is Director of Policy for Arkansas Governor Mike Huckabee. He is a member of the governor's senior management team and is involved in the planning and implementation of Governor Huckabee's ongoing effort to improve the quality of education and health care for all Arkansans. Mr. Quinn has been involved in the planning and execution of Healthy Arkansas from the earliest stages, and helps oversee special projects and events and is part of the team that manages legislative issues. Prior to joining the governor's staff, Mr. Quinn was Director of Communications for the Arkansas Department of Human Services (DHS) and managed multi-million dollar DHS marketing campaigns that promoted pre-natal care, ARKIDS First, immunizations, mental health care, adoption, and quality child care. Prior to joining the executive staff at DHS, Mr. Quinn spent 15 years as a television anchor and reporter at the CBS TV affiliate in Little Rock, and is a past winner of the Associated Press award for best investigative reporting in Arkansas. Mr. Quinn is a frequent speaker to state and national groups about media, marketing, and social issues and is a past President of the Board of Directors at the Children's Museum of Arkansas.

John Seibel, MD, MACE. Dr. Seibel, an informational roundtable participant is representing the American Association of Clinical Endocrinologists.

Kreg Sherbine, MAT. Mr. Sherbine received his advanced degree in mathematics from Vanderbilt University. He joined Medstat in 1997 and currently oversees data acquisition and integration activities. Previously he was a teacher in the Metro Nashville Public Schools system.

Melvyn L. Sterling, MD, Moderator. Dr. Sterling has a private practice in internal medicine and palliative care. He maintains a very active presence at the University of California at Irvine as Clinical Professor of Medicine and Founding Chair of the Palliative Care Task Force. Also active in organized medicine locally, Dr. Sterling was elected to the Board of Directors of the Orange County Medical Association in 1991 and served as its President from 1993-94. He continues to serve as Chair of the Internal Medicine Section of the California Medical Association's (CMA) Council on Scientific Affairs, its Technical Advisory Committee on Medicare Documentation Guidelines, as well as the End of Life Curriculum Committee and is the CMA's representative on the State of California's Strategic Committee on Terrorism. He serves on several committees of the California Chapter of the American College of Physicians and is one of its Governors.

Ronald Stollings, MD. Dr. Stollings, Council Chairman, West Virginia State Medical Association, is an informational roundtable presenter representing the West Virginia State Medical Association.

Holly Wyatt, MD. Dr. Wyatt, Assistant Professor of Medicine, University of Colorado Health Science Center. Dr. Wyatt is an informational roundtable presenter representing The Endocrine Society.