

The logo features the text 'Health Politics with Dr. Mike Magee' in white against a dark blue background. The background includes abstract elements like a globe and a DNA helix. The word 'Health' is in a smaller font above 'Politics', which is the largest word. 'with' is in a smaller font above 'Dr. Mike Magee', which is in a bold font.

Health Politics

with
Dr. Mike Magee

Where Healthcare Meets Policy

The Cost of Obesity in America

Where Healthcare Meets Policy

Health
Politics with
Dr. Mike Magee

The Rate of Obesity in the United States Has Grown to Epidemic Proportions

64% of Americans Report They Are Overweight or Obese

1998–2000 Percentage Of State Healthcare Spending That Goes To Obesity

8 Highest		8 Lowest	
Puerto Rico	7.4%	Arizona	4.0%
Alaska	6.7%	Connecticut	4.3%
Dist. of Columbia	6.7%	Massachusetts	4.7%
Michigan	6.5%	Nevada	4.8%
Mississippi	6.5%	New Mexico	4.8%
Louisiana	6.4%	Hawaii	4.9%
Tennessee	6.4%	Montana	4.9%
West Virginia	6.4%	Wyoming	4.9%
Average	6.62%	Average	4.66%

Source: Finkelstein EA, Fiebelkorn IC, Wang G. State-level estimates of annual medical expenditures attributable to obesity. *Obesity Research*. January 2004;18-24

Obesity Rivals Tobacco as a Cause of Death and Disability



Tobacco

- 440,000 deaths
- \$75 billion in healthcare costs



Obesity

- 300,000 deaths
- \$75 billion in healthcare costs

Sources: Centers for Disease Control and Prevention. Tobacco information and prevention source. Available at: <http://www.cdc.gov/tobacco/issue.htm>

Finkelstein EA, Fiebelkorn IC, Wang G. State-level estimates of annual medical expenditures attributable to obesity. *Obesity Research*. January 2004;18-24

In 2003, Direct Medical Costs Of Obesity Came to \$350 Per American Adult

**5.3% Of Annual Health Costs =
Medical Spending Attributable To Obesity**

Age 18–36

+

Obese

⇒

**↑ 36% Medical
expenses**

Nearly Half the Costs of Obesity Are Paid by Tax-Supported Health Insurance

	1998–2000		
	Rate of Obesity	Obesity Cost in \$	Obesity as % of Total Health Care Cost
General Population	20%	\$75 Billion	6%
Medicare	21%	\$18 Billion	7%
Medicaid	30%	\$21 Billion	11%

Medicare + Medicaid = 49% of total obesity spending

Source: Finkelstein EA, Fiebelkorn IC, Wang G. State-level estimates of annual medical expenditures attributable to obesity. *Obesity Research*. January 2004;18-24

Obesity is Taking Us in the Wrong Direction

There Were Approximately 80,000 Bariatric Surgeries in 2002, Costing \$2.4 Billion

Obesity Increases Incidence of:

Chronic Disease

- Type 2 diabetes
- Cardiovascular disease
- Arthritis

Cancer

- Endometrial
- Post-menopausal breast
- Colon
- Kidney

Other

- Sleep apnea
- Gallbladder disease
- Musculoskeletal disorders
- Depression

Breaking the Cycle

Investing in Prevention, Behavioral Modification, and Research

- Physiology and pharmacology research
- Dietary education
- Exercise promotion
- Stress reduction
- Mental health support
- Personalized disease management



↓ **Cost**

↑ **Productivity**

↑ **Prevention
and Education**

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www.healthpolitics.com

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