



## Blue Cross and Blue Shield Health Plans

### Minnesota

Some links on this page will take you to other sites other than the AMA website. The AMA is not responsible for the content of other websites.

The following Blue Cross and Blue Shield health plans are operating in Minnesota. Visit the [Blue Cross Blue Shield Association website](#) to access the following health plan websites for more information.

For information regarding market shares and concentration of these plans for each state, refer to the AMA's [Competition in Health Insurance: A Comprehensive Study of U.S. Markets 2009 Update](#), which is authored by the American Medical Association Division of Economic and Health Policy Research.

<b>Blue Cross and Blue Shield Health Plans</b>
Blue Cross and Blue Shield of Minnesota
HMO Minnesota d/b/a Blue Plus

The Minnesota Medical Association may be an additional resource for information on the above plans.

Address: 1300 Godward St. NE, Suite 2500  
Minneapolis, MN 55413  
Phone: 612-378-1875  
Internet Address: [www.mnmed.org](http://www.mnmed.org)

### File a complaint against a health plan

Virtually every third-party payer has a formal internal complaint submission mechanism. Physicians may be able to successfully resolve disputes through the payer's internal process. However, if you have submitted a claim appeal or complaint to the payer and believe it was not handled fairly, your practice may benefit from an impartial review of your complaint conducted by a state insurance regulatory agency, your state medical association or the AMA. The complaint submission mechanisms offered through these organizations can be helpful in resolving payer disputes. Visit [www.ama-assn.org/go/clickandcomplain](http://www.ama-assn.org/go/clickandcomplain) to view the complaint process for your state.