



George Edward Schauf, MD

City: Riverbank, CA

Date of Graduation from Medical School: 1957

Medical School Graduated From: St. Louis University

Residency Location: Mercy Hospital, Cedar Rapids, Iowa

Specialty: Family Practice – Bariatrics

What factors influenced your decision to be a physician? After three years in electrical engineering, an AB & MA in psychology, I found my true talent and interest was in medicine while working as a psychaitric technician at the Agnew State Mental Hospital in California.

Did you have any mentors or influential people in the course of your medical training or careered who made an impact on you? Dean of Medical School, Reverend Edward Foote, was a great deal of help. I started medical school with a wife and three children and graduated with five children. Dr. C. Rollins Hanlon, Head Department of Surgery was a pioneer in open heart surgery, great inspiration.

Did you experience a defining moment that made you feel you had become a physician? I've been in family practice in Riverbank, California since October 1958. Everyday and every patient has offered new challenges. In the course of many years treating obese patients, I authored and published the QQF (Quality, Quantity & Frequency) theory for the etiology of obesity.

As you were training to be a physician, what one piece of advice could you not have done without? During my fourth year of medical school, I was about to administer hypertonic glucose when the resident said, "Be careful not to get the glucose solution in an artery because you will sclerose it" That stuck with me. Could atherosclerosis be due to glucose rather than to cholesterol?

What advice would you give to medical students graduating in the class of 2007? Treat every patient with the same care and expertise as you would your nearest relative.

What is the most significant medical innovation you experienced in your years of practice? I became convinced that the caloric theory is too general and offered a valid alternative, the QQF Theory, for the etiology and treatment of obesity.

Is there one patient, situation or incident that stands out above all others in your career? While in rotating internship I attempted to repair a head wound involving about ½ of the scalp evulsed. After about 2 hours of work, I called a surgeon who promptly admitted the patient to surgery, and undid my repair and close. This taught me to refer when indicated.